

Advisory Council on Alzheimer's Research, Care, and Services

## Future Directions for Long-Term Services & Supports

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[www.longtermcarepoll.org](http://www.longtermcarepoll.org)



The Associated Press-NORC  
Center for Public Affairs Research



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## Americans' Concerns on Growing Older...

*Thinking about your own personal situation as you get older, does each of the following cause you a great deal of concern? (vs. moderate, little, none)*

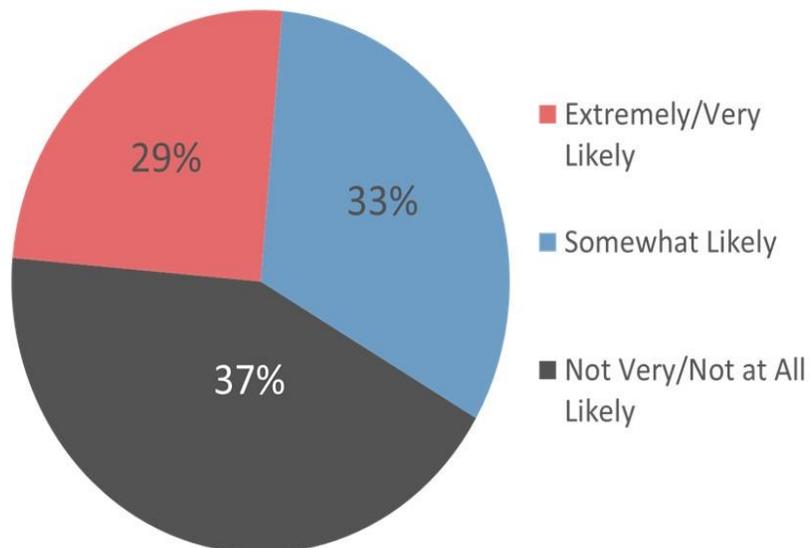
Losing your independence and having to rely on others	47%
Losing your memory or other mental abilities	46%
Being able to pay for any care or help you might need as you grow older	40%
Having to leave your home and move into a nursing home	36%
Being a burden on your family	39%
Not planning enough for the care you might need when you get older	34%
Being alone without family or friends around you	34%
Leaving debts to your family	29%

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Source: [www.longtermcarepoll.org](http://www.longtermcarepoll.org)

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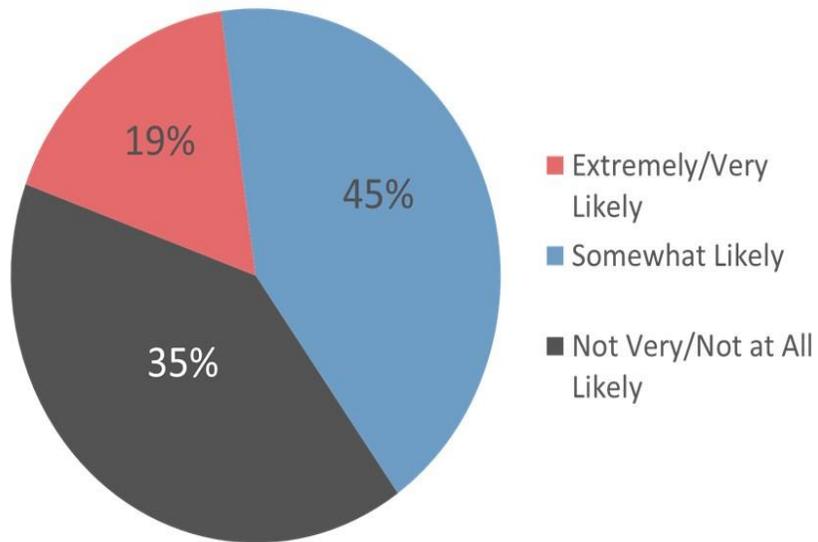
## % Older Loved One Needs Care in Next 5 Years



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Source: [www.longtermcarepoll.org](http://www.longtermcarepoll.org)

## % Who Believe They Will Ever Need Help

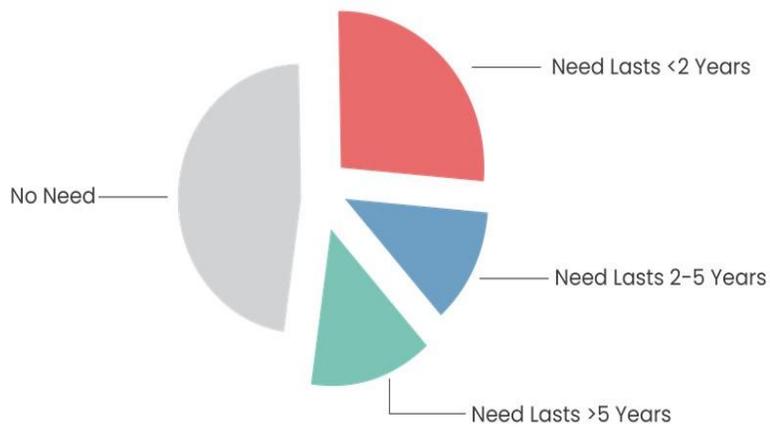


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Source: [www.longtermcarepoll.org](http://www.longtermcarepoll.org)

## Older Adults Risk Many Years of High Need

**52% of Adults Age 65+ Have High Need**



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Source: Favreault & Dey (2015)

## Making Lemonade from a Very Sour Lemon: Capitalizing on Regulatory Flexibilities Born from the COVID-19 Public Health Emergency

Big, Temporary Policy Changes in Medicare & Medicaid

- Virtual care delivery & care management
- Access to services
- Alternate care sites
- Provider capacity
- Consumer protections & safety
- Reporting and audit requirements

[https://www.bettercareplaybook.org/\\_blog/2020/3/making-lemonade-very-sour-lemon-capitalizing-regulatory-flexibilities-born-covid-19](https://www.bettercareplaybook.org/_blog/2020/3/making-lemonade-very-sour-lemon-capitalizing-regulatory-flexibilities-born-covid-19)

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## A Post-COVID Aging Agenda for the 2021-2024 President:

### Five Big Ideas for Aging Well with *Connections to Alzheimer's Disease & Related Dementias*

Source: [Public Policy & Aging Report](#)

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## Federal Leadership

- Appoint a White House-level leader on aging to build solutions in all domestic policy areas
- *Creates space for ADRD visibility at the highest level*



## State Leadership

- Call on every governor to develop a [Master Plan For Aging](#)
- *Maximizes ADRD visibility among state & local level leadership*



## Local Infrastructure

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- Bridge infrastructure divide between individual/family core needs & essential services
- *Amplify infrastructure solutions that are fully dementia-friendly*



## Health Security

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- Amplify value-based care delivery & payment
  - Leverage federal/state COVID flexibilities
  - Accelerate Medicare/Medicaid integration & Medicaid rebalancing to HCBS
  - Expand MA supplemental benefits
  - Ramp up virtual care/telehealth
- *Most value for those w/ ADRD!*



## Economic Security

- Recalibrate labor force engagement for family caregivers & uphold retirement security for all workers
- *Fosters ADRD visibility & planning in HR life cycle for family caregivers*



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### Our Vision:

A society where older adults can access health and supportive services of their choosing to meet their needs.

### Our Mission

To advance a coordinated and easily navigated system of high-quality services for older adults that preserve dignity and independence.



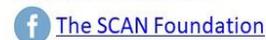
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