

# Expanding Access to LTSS through Caregiver Support

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# Serving People with Dementia

At DSHS, we make a conscious effort to weave supports for people with dementia and their families into our infrastructure and programs.



## Family Caregiver Support Program



There are over 850,000 unpaid caregivers in Washington state.



The Family Caregiver Support Program has \$14 million in annual funding.



The program serves less than 1% of the caregivers.

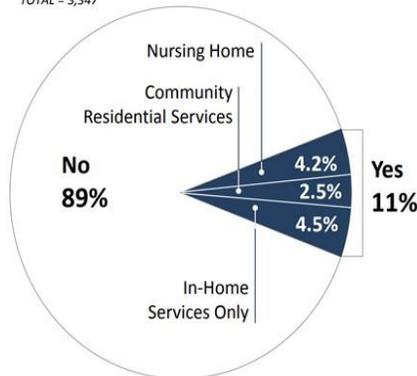
**53%** of caregivers served are caring for individuals with Alzheimer's disease or dementia.

**32%** are caring for individuals with memory or cognitive problems.

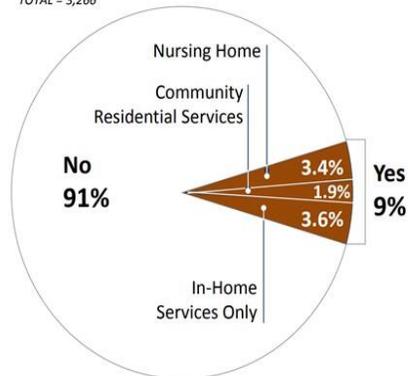
## Family Caregiver Support Program

*Used Medicaid Long-Term Care services in 12 months following TCARE screen?*

PRE-EXPANSION  
SFYs 2010, 2011  
TOTAL = 3,347



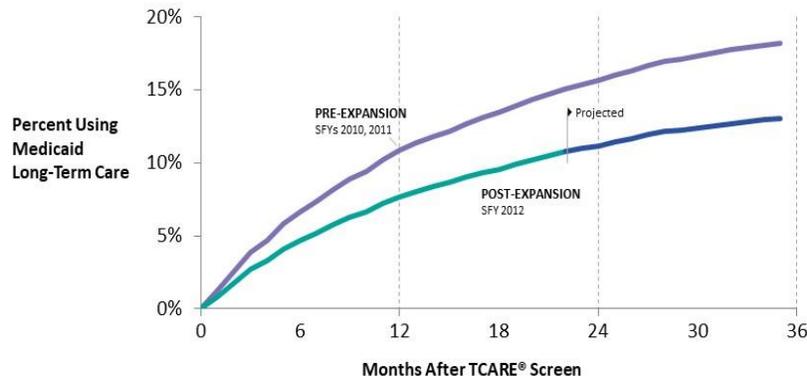
POST-EXPANSION  
SFY 2012  
TOTAL = 3,266



<https://www.dshs.wa.gov/ffa/rda/research-reports/expanding-eligibility-family-caregiver-support-program-sfy-2012>

## Family Caregiver Support Outcomes

**Time from TCARE® Screen until First Use of Medicaid Long-Term Care**  
*Pre- and Post-Expansion, Controlling for Baseline Differences*



Source: Bridge Lavelle, PhD; David Mancuso, PhD; Alice Huber, PhD, Barbara E.M. Felver, MES, MPA; DSHS Research and Data Analysis, April 2014.

## Expanding Supports: 1115 Waiver

### Medicaid Alternative Care (MAC)

Designed to support unpaid caregivers in continuing to provide quality care.

### Tailored Supports for Older Adults (TSOA)

New eligibility group to support individuals who need Long-Term Services and Supports and are at risk of spending down assets to impoverishment with or without unpaid caregivers.



## Long-Term Care Trust Act



All W-2 workers contribute.



They pay 58 cents per \$100 of income.



The trust fund invests the money.

- Each person who is eligible to receive the benefit can access services and supports costing up to **\$36,500**.
- The value of this benefit will increase over time.

## Long-Term Care Trust Act

The benefit can be used for a range of services and supports, including:



Professional care in your home, a licensed residential facility or a nursing facility



Special training, consultation, pay and other supports for family caregivers



Adaptive equipment and technology like wheelchair ramps and medication reminder devices



Home-delivered meals



Home safety evaluations



Rides to the doctor

## Long-Term Care Trust Act

The Long-Term Care Trust will help delay and defer enrollment into Medicaid and the use of costly long-term services and supports.



Transforming  
Lives

## Questions?

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