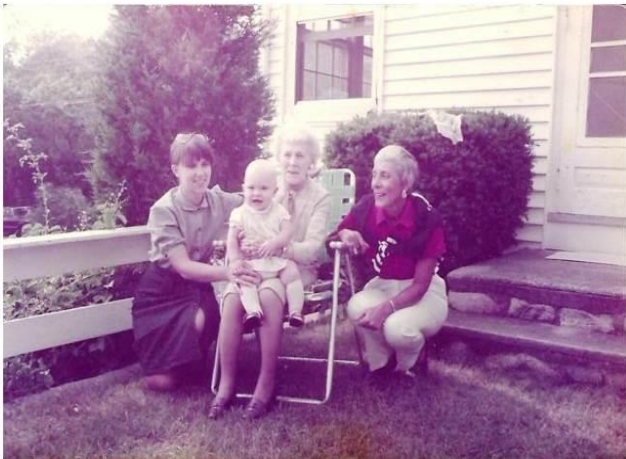


PERSON-CENTERED DEMENTIA CARE PLANNING & ANTI-PSYCHOTIC USE

A PANEL DISCUSSION FACILITATED BY
CYNTHIA HULING HUMMEL, BS., MDIV., D.MIN.
& KATHERINE BRANDT, MM

CO-MODERATOR: CYNTHIA HULING HUMMEL

“HAVING A CARE PLAN IS A GIFT TO LOVED ONES”





KATHERINE
BRANDT:
CO-MODERATOR

LOVE, LOSS &
RESILIENCE

GOALS OF OUR PANEL DISCUSSION

- Share personal experiences of person-centered care planning from the various perspectives
- Discuss the benefits of having a care plan in place
- Discuss the importance of incorporating a medication section in person-centered care plans.

GRATITUDE FOR A GROUP EFFORT

- NAPA Advisory Council on Alzheimer's Research, Care and Services
Advisory Council Members
 - Dr. Laura Gitlin, Chair
- Clinical Care Subcommittee
 - Gary Epstein-Lubow
- Helen Lamont, Federal Project Officer
- Panel Members

OUR PANELISTS

- GREG O'BRIEN
- E. JENNIFER BROWN
- SHAWN TERRELL

GREG O'BRIEN

- Author of “On Pluto: Inside the Mind of Alzheimer’s”



E. JENNIFER BROWN, PRINCIPAL EIRO GROUP, LLC

SHAWN TERRELL,
U.S. DEPT HEALTH AND HUMAN
SERVICES: ADMINISTRATION FOR
COMMUNITY LIVING



John's One Page Description

What People Like and Admire About Me:

- Very thoughtful
- Dedicated to family
- Great sense of humor
- Deep and independent thinker
- PHD in Physics
- Great storyteller
- Great sense of humor
- Loves good food
- Always does what interests him
- Artist



What's Important to Me:

- I feel listened to and understood
- I have enough alone time
- I understand what is happening, no surprises
- Predictable routine
- Politeness and manners
- Engage in deep, meaningful conversations
- My things are organized
- I make my coffee in the morning

Supports I Need to be Happy, Healthy and Safe

- TV: Tennis and football, local news, BBC World News at 5:30 on channel 2, PBS News Hour at 6:00 on channel 2, BBC radio
- Help me exit social situations that I don't like (stern facial expression, or by asking the person to leave me alone.)
- Listen to the stories about my life.
- Give me plenty of notice before coming to my apartment.
- Talk through things that are worrying me, however minor it may appear.
- Make sure my meds are up to date
- Keep Dr. phone numbers readily available
- Remind me to drink water several times a day

People Who Support Me Best

- Be gentle and quiet
- Do not direct me to do anything
- Don't be overenthusiastic (e.g. no high fives).
- Curious disposition
- Enjoy quiet and deep conversation
- Patient with things that worry me

WHAT'S YOUR
PLAN?

QUESTIONS FROM THE
AUDIENCE
&
CLOSING REMARKS-
KATIE BRANDT