

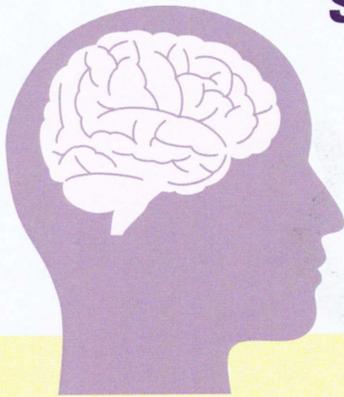
SUBJECTIVE COGNITIVE DECLINE

2015–2016 Behavioral Risk Factor Surveillance System (BRFSS) Data from 49 States*, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

SCD is self-reported
MEMORY PROBLEMS that
have been **GETTING WORSE**
over the past year.

1 in 9 people aged 45
years and older
are experiencing

**Subjective
Cognitive
Decline**



40% of people with SCD
had to give up day-to-day
activities



81% of people with
SCD have at least one
chronic condition.
SCD might make the
condition more difficult
to manage



over a third

of people with SCD say it interfered
with social activities, work, or
volunteering



less than half
of people with SCD have
discussed their symptoms with
a healthcare provider



41% of people
with SCD need help
with household tasks



* All except Pennsylvania



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

alzheimer's 
association®

cdc.gov/aging