

UTAH

Overview			
Utah regulates adult day care throughout the state through the Office of Licensing in the Utah Department of Human Services under state Administrative Rule R501-13, Adult Day Care.			
Utah offers adult day care as a Medicaid Waiver service through licensed providers.			
Licensure and Certification Requirements			
Licensure Only <input checked="" type="checkbox"/>	Certification Only <input type="checkbox"/>	Both Required <input type="checkbox"/>	Other <input type="checkbox"/>
Definitions			
Adult day care means continuous care and supervision for three or more adults 18 years of age and over for at least 4 but less than 24 hours a day, that meets the needs of functionally impaired adults through a comprehensive program that provides a variety of health, social, recreational, and related support services in a protective setting.			
Parameters for Who Can Be Served			
Functionally impaired adults 18 years of age or older. No additional provisions identified.			
Inspection and Monitoring			
Yes <input checked="" type="checkbox"/>		No <input type="checkbox"/>	
The Office of Licensing shall have the authority to review program records at anytime.			
Required and Optional Services			
	Adult Day Care		
	Required	Optional	
Activities of Daily Living (ADL) Assistance		X	
Health Education and Counseling			
Health Monitoring/Health-Related Services			
Medication Administration		X	
Nursing Services			
Physical Therapy, Occupational Therapy, or Speech Therapy			
Skilled Nursing Services			
Social Services		X	
Transportation		X	
Provisions Regarding Medications			
All prescribed and over-the-counter medication shall be provided by the consumer, the responsible person or by special arrangement with a licensed pharmacy. There shall be written policy and procedure to include self administered medication, and medication administered by persons with legal authority to do so.			

Provisions for Groups with Special Needs		
Dementia <input checked="" type="checkbox"/>	Mental Retardation/ Developmental Disabilities <input checked="" type="checkbox"/>	Other <input type="checkbox"/>
Staffing Requirements		
<p>Type of staff. A qualified <i>director</i> shall be designated by the governing body to be responsible for day to day program operation. The director shall meet one of the following credentials: a licensed nurse, a licensed social worker, a licensed psychologist, a recreational or physical therapist, properly licensed or certified, a licensed professional in a related field who has demonstrated competence in working with functionally impaired adults, or a person with verifiable training to work with functionally impaired adults, and is in consultation on an ongoing basis with a licensed or certified professional with one of the other credentials for Director.</p> <p>The program shall have access to a <i>physician</i> licensed to practice medicine in the State of Utah.</p> <p>Staffing ratios. The program shall employ a sufficient number of trained, licensed, and qualified staff in order to meet the needs of the consumers, implement the service plan, and comply with licensing rules.</p> <p>When eight or fewer consumers are present, one staff person shall provide direct supervision at all times with a second staff person meeting minimum staff requirements immediately available. When 9-16 consumers are present, two staff shall provide direct supervision at all times. The ratio of one staff person per eight consumers will continue progressively.</p> <p>In all programs where one-half or more of the consumers are diagnosed by a physician's assessment with Alzheimer, or other dementia, the ratio shall be one staff for each six consumers.</p> <p>For programs with nine or more consumers, administrative and maintenance staff shall not be included in the staff-to-consumer ratio.</p>		
Training Requirements		
<p>Staff members shall be trained in all program policies and procedures. Staff shall have food handler permits as required to fulfill their job description. The program shall have a staff person trained, by a certified instructor, in first aid and CPR on duty with the consumers at all times.</p> <p>Staff shall receive 8 hours of initial orientation training designed by the director to meet the needs of the program, plus 10 hours of work related training on a yearly basis.</p> <p>Directors shall obtain 10 hours of related training on an annual basis.</p>		
Relevant Medicaid Contracting Requirements for Adult Day Services Providers		
<p>Adult day care is provided as a service under the Individuals Aged 65 and Older and the Individuals with Physical Disabilities Aged 18 and Over waivers through licensed providers.</p>		
Location of Licensing, Certification, or Other Requirements		
<p>1. http://www.rules.utah.gov/publicat/code/r501/r501-13.htm</p>		
Citations		
<p>1. <i>Adult Day Care</i>. Utah Administrative Code. Rule 501-13. [As in effect January 1, 2005]</p>		

REGULATORY REVIEW OF ADULT DAY SERVICES: Final Report

PDF Files Available for This Report

Cover, Table of Contents, Acknowledgments and Introduction

<http://aspe.hhs.gov/daltcp/reports/adultday.pdf>

SECTION 1. Overview of Adult Day Services Regulations

<http://aspe.hhs.gov/daltcp/reports/adultday1.pdf>

SECTION 2. State Regulatory Profiles

<http://aspe.hhs.gov/daltcp/reports/adultday2.pdf>

Each state can also be viewed separately at:

Alabama <http://aspe.hhs.gov/daltcp/reports/adultdayAL.pdf>

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