

ARIZONA

Overview

The Arizona Department of Health Services licenses adult day health care (ADHC) facilities, which provide a medical model of care. Adult day care is a social model of care that is not licensed by the state and can serve only private pay participants.

The Arizona Long Term Care System (ALTCS) operates under an 1115 waiver program and covers services provided by licensed ADHC facilities. ALTCS has provider standards and requirements applicable to ALTCS contractors for the purpose of improving the quality of care and services provided to enrollees.

Definitions

Adult day health care services means a program that provides planned care supervision and activities, personal care, personal living skills training, meals, and health monitoring in a group setting during a portion of a continuous 24-hour period. Adult day health services (ADHS) may also include other health-related services such as preventive, therapeutic, and restorative health care services.

Adult day health care facility means a facility providing ADHS during a portion of a continuous 24-hour period for compensation on a regular basis for five or more adults not related to the proprietor.

Parameters for Who Can Be Served

Providers may not admit or retain participants if they require services not in the ADHC facility's scope of services or if their behavior is dangerous to self or interferes with the physical or psychological well-being of other participants.

Medicaid coverage of ADHS is available for participants who are either elderly and/or have physical disabilities, who need supervision, assistance in taking medication, recreation and socialization, or personal living skills training. Participants with developmental disabilities are not eligible for this service.

Inspection and Monitoring

The Department may conduct an on-site inspection as part of the substantive review for issuing an initial or renewal license. Initial and renewal licenses are issued for 1 year.

Required and Optional Services

All ADHC programs furnish socialization, social activities, nutrition services, and supervision to ensure safety. They also monitor participants' health and functioning at a basic level to determine if the program can continue to meet participants' health and functional needs. The table below lists additional required and optional services.

Required and Optional Services	Adult Day Health Care	
	Required	Optional
ADL Assistance	X	
Health Education and Counseling	X	
Health Monitoring/Health-Related Services	X	
Medication Administration	X	
Nursing Services	X	
Physical Therapy, Occupational Therapy, or Speech Therapy		X ¹
Skilled Nursing Services		
Social Services	X	
Transportation		X
1. Some providers offer restorative therapy overseen by physical therapists, occupational therapists, and speech-language therapists.		

Medication Provisions

A registered nurse (RN) must be on the premises daily to administer medications and treatments, and to monitor participants' health status.

Training for a personnel member, other than a medical practitioner or RN, in assistance in the self-administration of medication must be provided by a medical practitioner or RN, or an individual trained by a medical practitioner or RN. Training must be completed before providing assistance with self-administration.

Staff may remind and supervise participants who are capable of self-administering medications. Supervision may include: (1) opening the medication container for the participant; (2) observing the participant while he or she removes the medication from the container; (3) verifying that the medication is taken as ordered by the participant's medical practitioner; and (4) observing the participant while she or he is taking the medication.

Providers must ensure that policies and procedures for assistance with self-administration of medication and medication administration are reviewed and approved by a pharmacist, medical practitioner, or RN.

Staffing Requirements

Type of Staff. An *administrator* has the authority and responsibility to operate the facility and manage ADHS. The administrator must remain on the premises, or ensure that a designee is present, whenever participants are present in the facility. The governing authority must designate, in writing, an acting administrator, with the same qualifications as the administrator, to act as administrator when the administrator is absent.

A *registered nurse* must manage the nursing services and provide direction for health-related services furnished by the ADHC facility.

The administrator must ensure that the qualifications, skills, and knowledge required for each type of personnel member include the specific skills and knowledge necessary for the personnel member to provide the expected physical health services and behavioral health services listed in the established job description.

Staffing Ratios. Sufficient personnel must be present on an ADHC facility's premises when participants are present and have the qualifications, skills, and knowledge necessary to: (1) provide the services in the ADHC facility's scope of services; (2) meet participants' needs; and (3) ensure the health and safety of participants.

At least two personnel members must be present on the premises whenever two or more participants are in the ADHC facility. At least one personnel member with cardiovascular pulmonary resuscitation (CPR) and first-aid certification must be on the premises at all times, and a nurse must be on the premises daily to administer medications and treatments and monitor participants' health status.

Training Requirements

The administrator must ensure that policies and procedures are established, documented, and implemented to cover orientation and in-service education for personnel, employees, volunteers, and students, and to cover certification in CPR and first-aid training.

Location of Licensing, Certification, or Other Requirements

Arizona Administrative Code, Title 9, Health Services, Chapter 10: Health Care Institutions, Licensing, Article 11. Adult Day Health Care Facilities. Department of Health Services. [July 1, 2014] *These new rules are titled “unofficial” because they have not yet been published by the Secretary of State’s office.*

<http://www.azdhs.gov/als/residential/documents/article-11.pdf>

Information Sources

Jim Tiffany
State Licensing Team Leader
Arizona Bureau of Residential Facilities Licensing

Kim M. Elliott, Ph.D.
Administrator
Clinical Quality Management
Arizona Health Care Cost Containment System

Joanne Thomson
Senior Director of Day Services
Benevilla Adult Day Centers

REGULATORY REVIEW OF ADULT DAY SERVICES: FINAL REPORT, 2014 EDITION

Files Available for This Report

FULL REPORT

Executive Summary <http://aspe.hhs.gov/daltcp/reports/2014/adultday14es.cfm>
HTML <http://aspe.hhs.gov/daltcp/reports/2014/adultday14.cfm>
PDF <http://aspe.hhs.gov/daltcp/reports/2014/adultday14.pdf>

SEPARATE STATE PROFILES

[**NOTE:** These profiles are available in the full HTML and PDF versions, as well as each state available as a separate PDF listed below.]

Alabama	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-AL.pdf
Alaska	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-AK.pdf
Arizona	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-AZ.pdf
Arkansas	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-AR.pdf
California	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-CA.pdf
Colorado	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-CO.pdf
Connecticut	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-CT.pdf
Delaware	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-DE.pdf
District of Columbia	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-DC.pdf
Florida	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-FL.pdf
Georgia	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-GA.pdf
Hawaii	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-HI.pdf
Idaho	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-ID.pdf
Illinois	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-IL.pdf
Indiana	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-IN.pdf
Iowa	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-IA.pdf
Kansas	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-KS.pdf
Kentucky	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-KY.pdf
Louisiana	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-LA.pdf

Maine	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-ME.pdf
Maryland	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-MD.pdf
Massachusetts	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-MA.pdf
Michigan	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-MI.pdf
Minnesota	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-MN.pdf
Mississippi	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-MS.pdf
Missouri	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-MO.pdf
Montana	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-MT.pdf
Nebraska	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-NE.pdf
Nevada	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-NV.pdf
New Hampshire	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-NH.pdf
New Jersey	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-NJ.pdf
New Mexico	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-NM.pdf
New York	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-NY.pdf
North Carolina	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-NC.pdf
North Dakota	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-ND.pdf
Ohio	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-OH.pdf
Oklahoma	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-OK.pdf
Oregon	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-OR.pdf
Pennsylvania	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-PA.pdf
Rhode Island	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-RI.pdf
South Carolina	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-SC.pdf
South Dakota	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-SD.pdf
Tennessee	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-TN.pdf
Texas	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-TX.pdf
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West Virginia	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-WV.pdf
Wisconsin	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-WI.pdf
Wyoming	http://aspe.hhs.gov/daltcp/reports/2014/adultday14-WY.pdf