

Advisory Council on Alzheimer's Research, Care, and Services

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Materials available at

<http://aspe.hhs.gov/daltcp/napa/>

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National Plan to Address Alzheimer's Disease: 2013 Update

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2013 Update Development

- ▶ Report on progress
- ▶ Recommendations of Advisory Council received January 2013
- ▶ HHS agencies and federal partners to identify next steps to actions on National Plan
- ▶ Collaboration with other federal partners doing relevant work
- ▶ Many of the actions in the original Plan are ongoing and continuing into 2013

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Progress to Date

- ▶ Developed recommendations on how best to advance research
 - [Alzheimer's Disease Research Summit 2012: Path to Treatment and Prevention](#)
- ▶ Funded new research projects, including two major new clinical trials, genetics sequencing, and development of innovative new cellular models
- ▶ Provided resources to train >10,000 health care providers on topics from dementia diagnosis to effective behavior management
- ▶ Launched www.alzheimers.gov to increase public awareness and connect people with a diagnosis and their caregivers with important resources

Progress (continued)

- CMS and NIH identified a set of brief tools that physicians can use to assess cognitive impairment.
- AoA/NIA Webinars on clinical trial enrollment and supports that researchers can refer families and patients to
- ACL, Alliance for Aging Research, and MetLife Foundation report, “Translating Innovation to Impact: Evidence-Based Interventions to Support People with Alzheimer’s Disease and Their Caregivers at Home and in Their Communities”
- Specific Populations Task Force to identify the unique challenges faced by groups unequally burdened by Alzheimer’s disease. Report released July 24
- NIH meeting on AD for people with Down syndrome (April 2013)
- NIH research summit on other dementias (May 2013)

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Goal 1: Prevent and Effectively Treat Alzheimer’s Disease by 2025

- ▶ Strategy 1A: Identify Research Priorities and Milestones
 - Regularly convene research summit
 - Based on Recommendation 3: Regularly update a strategic research plan to accelerate breakthroughs in AD research
 - Next AD Research Summit in January 2015
 - Create timeline for achieving Goal 1
 - Based on Recommendation 1: Explicitly state interim milestones to the goal of preventing and effectively treating Alzheimer’s disease by 2025
- ▶ Strategy 1B: Expand Research Aimed at Preventing and Treating Alzheimer’s Disease
- ▶ Strategy 1C: Accelerate Efforts to Identify Early and Presymptomatic Stages of AD

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Goal 1 (continued)

- ▶ Strategy 1D: Coordinate Research with International Public and Private Entities
- ▶ Strategy 1E: Facilitate Translation of Findings into Medical Practice and Public Health Programs
 - **Guidance about drugs for early Alzheimer’s disease**
 - Draft guidance released in February 2013
 - **Research on co-occurring conditions and dementias**
 - Related to Recommendation 27: Improve chronic disease treatment and related services for people with AD.

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Goal 2: Enhance Care Quality and Efficiency

- ▶ **Strategy 2A: Build a Workforce with the Skills to Provide High-Quality Care**
 - Develop and disseminate unified primary care AD curriculum
 - Based on Recommendation 14: Develop a unified curriculum for primary care practitioners about AD
 - Ensure aging network has research-based up-to-date info on AD
 - NIA and ACL webinars
 - Engage public health workforce on brain health
 - CDC release of “The Healthy Brain Initiative: The Public Health Road Map for State and National Partnerships, 2013–2018” July 2013
 - Educate providers about programs for AD
 - Webinars for Geriatric Program grantees
 - Strengthen primary care teams in Indian Country
 - Expand awareness and dementia-capability of nurses
 - Chief Medical Officer Rounds, “IHS Primary Care Providers,” and other trainings

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Goal 2 (continued)

- ▶ Strategy 2B: Ensure Timely and Accurate Diagnosis
- ▶ Strategy 2C: Educate and Support People with AD and Their Families upon Diagnosis
 - Connect AI/AN to AD resources
- ▶ Strategy 2D: Identify High-Quality Dementia Care Guideline and Measures Across Care Settings
 - Identify and review measures of high-quality dementia care
 - Based on Recommendation 28: HHS should develop quality measures and indicators for the comprehensive care and treatment of individuals with AD.
 - Work with NQF to develop conceptual framework for measurement and identify concepts for performance measures
 - Convene an expert panel on advanced dementia
 - Based on Recommendation 16: Form a blue ribbon panel of experts on advanced dementia

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Goal 2 (continued)

- ▶ Strategy 2E: Explore the Effectiveness of New Models of Care for People with Alzheimer's Disease
 - Share results and lessons about new models in the VHA with federal partners
 - Innovative programs of patient-centered alternatives to institutional care
- ▶ Strategy 2F: Ensure that People with Alzheimer's Disease Experience Safe and Effective Transitions between Care Settings and Systems
 - Understand avoidable hospitalizations and ER use among people with AD
 - Identify and disseminate info on intervention to reduce preventable hospitalizations
 - CDC review of interventions
- ▶ Strategy 2G: Advance Coordinated and Integrated Health and Long-Term Services and Supports for Individuals Living with AD
 - Evaluate evidence on care integrate
- ▶ Strategy 2H: Improve Care for Populations Disproportionately Affected by AD and for Populations Facing Care Challenges

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Goal 3: Expand Supports for People with AD and Their Families

- Strategy 3A: Ensure Receipt of Culturally Sensitive Education, Training, and Support Materials
- Strategy 3B: Enable Family Caregivers to Continue to Provide Care while Maintaining Their Own Health and Well-Being
 - Share info on LTSS with Tribal providers
 - Webinar series with IHS, ACL/AoA, and CMS
 - Share info on caregiver support services
 - ACL/AoA aging network and VA to educate one another about accessing services for family caregivers
 - Pilot REACH-VA in Indian Country

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Goal 3 (continued)

- Strategy 3C: Assist Families in Planning for Future Care Needs
- Strategy 3D: Maintain the Dignity, Safety, and Rights of People with AD
 - Enhance ombudsman training
 - Enhance and disseminate information on abuse of people with dementia
 - Promote dementia-capable legal service systems
 - Educate fiduciaries about managing the finances of people with AD
 - Consumer Finance Protection Bureau
 - Guides for lay fiduciaries
- Strategy 3E: Assess the Housing Needs of People with AD

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Goal 4: Enhance Public Awareness and Engagement

- **Strategy 4A: Educate the Public about AD**
 - Enhance public outreach
 - NIH and ACL update websites to provide more information
- **Strategy 4B: Work with State, Tribal, and Local Governments to Improve Coordination and Identify Model Initiatives to Advance AD Awareness and Readiness across the Government**
 - Improve dementia-capability of state and local service systems
 - ADSSP programs to develop practical tools to improve dementia-capability and expanded Dementia Capability Toolkit
- **Strategy 4C: Coordinate US Efforts with those of the Global Community**

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Goal 5: Improve Data to Track Progress

- ▶ **Strategy 5A: Enhance the Federal Government's Ability to Track Progress**
 - Review BRFSS data on cognitive impairment in your state (if available)
 - Use data to make the case for incorporating cognition into preventive health practices and risk reduction activities
 - Develop measures of awareness of AD
- ▶ **Strategy 5B: Monitor Progress on the National Plan**

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Additional Changes

- ▶ Updated Implementation Milestones table for easier reference

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Questions?

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