Person Centered Care Planning: A View from the Clinic

Soo Borson MD

Dementia Care Research and Consulting
Professor Emerita, University of Washington School of Medicine
Affiliate Professor, School of Nursing
April 29, 2019

Person Centered Care for Dementia: Principles and Process

- Person > disease(s)
- · Key friends and family
- Clinician roles = consultant, technician, container of uncertainty
 - Eliciting concerns, understanding, priorities
 - · Advising from evidence + judgment
 - Integrating complexity
 - Negotiating goals
 - Evaluating goal attainment
 - Adjusting and revising
 - · Anticipating and counseling
 - Mitigating risk

Person-Centered Dementia Care: 5 Domains



Modified from Borson & Chodosh, Clin Geri Med 30; 395-420 (2014)

CMS Cognitive Impairment Care Planning Code 1.0

- Alzheimer's Association Workgroup
- Interprofessional collaboration
- Goals
 - Explain in plain language purpose and elements of CPT 99483
 - Encourage uptake in primary care
 - Illustrate simple ways to meet required 9 elements
 - Identify gaps the evidence of collective experience
 - Anticipate potential barriers to use

Borson, Chodosh, Cordell et al. Alz Dementia 13: 1168-1173 (2017)

Key innovations

- Acknowledges complexity (9 elements)
- Explicitly includes caregivers
- Requires written, shared care plan
- Offers good value for providers and health systems
- Allows combination with other select codes reflects realities of 'care on the ground'...and the phone...and when patient is not present...and...

CPT 99483 vs. Person-Centered Care Planning History, objective measure, staging, impact on function Neuropsychiatric symptoms Ability to make own decisions? Potential causes/care? 1.Mental Cognition and 2.emotiona function I health 1.Social **Physical** Resources, access, Safety determinhealth, continuity of care? ants risks Med reconciliation Advance care plan 1.Key friends Treatment and prognosis? and family Willingness/ability to care Stress, depression, cognitive impairment, frailty, knowledge and skills?

Person-Centered Care Planning 2.0: Putting It into Practice

- What providers need in order to change their practice
- Person-centered measures, e.g. Managing Your Loved One's Health
- Payment incentives for comprehensive dementia care (already in CPC+ models of primary care)
- Systems of care
 - Dementia care teams adapting local resources
 - Standardized documentation and care plan templates
 - Electronic accountability and referral tools
 - Population and outcome research management