



Person-Centered Thinking, Planning, and Practice

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Overview

- Person (and Family)-Centered Thinking, Planning, Practice
- NCAPPS Overview and Components
- National Quality Forum: Person-Centered Planning



Person Centered Thinking, Planning, and Practice is the foundation of HCBS



What is person-centered thinking, planning, and practice?


Person-centered *thinking*

- A foundational principle requiring consistency in language, values, and actions
- The person and their loved ones are experts in their own lives
- Equal emphasis on quality of life, well-being, and informed choice

Person-centered *planning*

- A methodology that identifies and addresses the preferences and interests for a desired life and the supports (paid and unpaid) to achieve it
- Directed by the person, supported by others selected by the person

Person-centered *practices*

- Alignment of services and systems to ensure the person has access to the full benefits of community living
 - Service delivery that facilitates the achievement of the person's desired outcomes
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Interactions: Person-Centered Planning, Assessments, Service Authorizations, Forms/Tools

- Distinct functions that are often conflated in practice
 - Person centered planning: driven by the person and reflects his/her perspective and preferences
 - Assessments: judgments made by professionals (e.g. diagnosis, functioning, service needs)
 - Service Authorizations: the final determination of what services are provided for what purpose
 - Form/Tools: Implemented effectively by those with the skills and knowledge to use them.

Current State of Practice

- Several states have committed, ongoing emphasis on person-centered planning in part or all of their HCBS programs.
- Most states have very small commitments
- Large state demand for technical assistance
- No consensus on practice standards or systems design requirements
- Little end user awareness of what to expect
- Little research on best practices, KSAs, systems design.

Status Quo Prevails

- People are often left with someone else's plan:
 - Doing things they don't want to do
 - With people they don't want to be with
 - In places they don't want to be

ACL Vision for Person-Centered Systems

- People know what to expect
- Competent planning facilitation
- Systems deliver services and supports in a manner consistent with person-centered values
- Quality measures are developed and implemented for process fidelity, experience, and outcomes based on each person's preferences and goals.
- Principles of continuous learning are applied throughout the system.
- Formalized and ongoing partnerships with people with disabilities and older adults in designing and implementing person-centered thinking, planning, and practices in systems.

Addressing the Challenges

- National Center on Advancing Person-Centered Systems and Practices
- National Quality Forum: Person-Centered Planning Project

The National Center on Advancing Person-Centered Practices and Systems



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NCAPPS Goals and Priorities

NCAPPS Goal: Promote systems change that makes person-centered principles not just an aspiration but a reality in the lives of people across the lifespan

Key Priorities:

- Participant and family engagement
- Cultural and linguistic competence
- Cross-system collaboration

...transforming how we think, plan, and practice

NCAPPS is for...

States, Tribes, and Territories

Systems for people with disabilities and older adults with long-term service and support needs, including

- Brain injury
- Intellectual and developmental disabilities
- Aging and disability
- Behavioral health



Person-Centered Advisory and Leadership Group (PAL-Group)

- Majority are people with direct lived experience of navigating HCBS systems
- Building membership now with strong focus on diversity of perspectives, experiences, and backgrounds
- Promotes and actualizes participant engagement in all NCAPPS components and activities
- Meets twice per year with additional ad hoc meetings and communications
- As subject matter experts, members will contribute to webinars, resource development

National Organization Partners

- National Association of State Head Injury Administrators (NASHIA)
- National Association of States United for Aging and Disabilities (NASUAD)
- National Association of State Directors of Developmental Disabilities Services (NASDDDS)
- National Association of State Mental Health Program Directors (NASMHPD)
- National Association of County Behavioral Health and Developmental Disabilities Directors (NACBHDD)
- National Association of Medicaid Directors (NAMD)



National Center on Advancing Person-Centered Practices and Systems



Transforming how we think, plan, and practice

NCAPPS Resources



Education and Awareness

- published articles and reports
- practical tools and frameworks
- recorded webinars and slides
- validated scales and measures



Technical Assistance and Training



Policy and Research



Quality and Service Delivery

- person-centered planning resources
- links to partner orgs and related initiatives
- federal guidance on person-centered thinking, planning, and practice

NCAPPS Webinars

- Delivered by national experts
- Coordinated and hosted by HSRI
- Free and open to the public
- Topics derived from technical assistance, Learning Collaboratives, and priorities identified by the PAL-Group



Listserv and Communications

- Central mailing list to share NCAPPS news and resources
- Subscribe by sending an email to NCAPPS@acl.hhs.gov
- Working on developing a social media presence



Technical Assistance

Goal: Support systems change efforts so the participant and family are at the center of thinking, planning, and practice

- 15 States, Tribes, or Territories each year
- Up to 100 hours per year for three years
- Delivered by national experts based on a detailed technical assistance plan

Learning Collaboratives

- Goal: Promote peer-to-peer learning
- Structured group work
- Topic-specific, for example
 - Expanding expectations of person-centered practices through participant and family engagement
 - Cultural and linguistic considerations
 - Aligning financing to support delivery of person-centered supports
- Membership open to technical assistance recipients and other system stakeholders with expressed interest





National Quality Forum: Person-Centered Planning and Practice project

[Website](#)



Background: 2014-2016 NQF HCBS Quality Project

- HHS awarded a Task Order to NQF to convene a multi-stakeholder Committee
 - Identify HCBS measurement gaps
 - Prioritize measurement opportunities
- The final report identified 11 domains for measure development, including person-centered planning and practice.

NQF Person-Centered Planning Project

- Refine the current definition(s) for PCP;
- Develop a set of core competencies for performing PCP facilitation;
- Make recommendations to HHS on systems characteristics that support person-centered thinking, planning, and practice;
- Develop a conceptual framework for PCP measurement; and
- Conduct an environmental scan including the historical development of person-centered planning in LTSS systems to include a research agenda for future PCP research

NQF Person-Centered Planning Project

- 25 person multistakeholder committee
- 8 web meetings starting May 2019 through June 2020