Evidence-Based Programs: Mapping Out the Future

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#DementiaCareSummit

LEARNING FROM THE EXPERIENCE

- Community Implementation of an array of evidence-based programs for caregivers: REACH II, NYUCI, BRI Care Consultation, Operation Family Caregiver
- Lessons Learned for Agency Fit
  - Readiness assessment
  - Quality effective training
  - Intense Technical assistance (skin in the game)
ONE SIZE DOES NOT FIT ALL COMMUNITIES

Myth: Build it and they will come

Community Fit:
- Family configurations
- Type of consumer
- Geo-cultural influence
- Workforce resources

Menu of services needed
- Community population as barometer for what is needed and how delivered

MAPPING OUT WHAT’S NEXT...

- Caregivers of tomorrow - how will we train and support them?
  - Generation Baby Boomers, X, Y, Z
- Valuing the caregiver as a consumer as well as the care recipient
  - Technology: “Is there an APP for that?”
  - Diversity: Be tuned in to cultural preferences
- Defining the value of technical assistance
  - Virtual platforms
  - Assess effectiveness
- Consistent Quality training and increased dissemination
  - Reduce dementia stigma among the public as well as professional and family caregivers.
  - Monitoring and assessing training effectiveness
  - Tomorrow’s caregivers: Work smarter, not harder
POLICY AND PRACTICE RECOMMENDATIONS:

• Assure Caregivers have access to Evidence-Based, Culturally Appropriate Support Services that Target Identified Needs through dissemination of Evidence-Based Supports on a NATIONAL scale.

• Support standardized assessment of training effectiveness and technical assistance in caregiver programs to ensure positive and consistent outcomes for all participants.

RESEARCH RECOMMENDATION:

• Convene a national committee of experts (researchers and consumers) to study how communities (rural and urban) can assess community needs to plan for the best menu of services for caregiver support.

  Design and pilot a replicable model for true community-based participatory research, creating a partnership across all levels of interest: people living with dementia (in all settings), their family and professional care team members, funders, research scientists, translational purveyors, gatekeepers, service providers, and advocates.