

Evidence-Based Programs: Mapping Out the Future

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#DementiaCareSummit

LEARNING FROM THE EXPERIENCE

- **Community Implementation of an array of evidence-based programs for caregivers: REACH II, NYUCI, BRI Care Consultation, Operation Family Caregiver**
- **Lessons Learned for Agency Fit**
 - **Readiness assessment**
 - **Quality effective training**
 - **Intense Technical assistance (skin in the game)**



ONE SIZE DOES NOT FIT ALL COMMUNITIES

Myth: Build it and they will come

Community Fit:

- Family configurations
- Type of consumer
- Geo-cultural influence
- Workforce resources

Menu of services needed

- **Community population as barometer for what is needed and how delivered**



MAPPING OUT WHAT'S NEXT...

- Caregivers of tomorrow - how will we train and support them?
 - Generation Baby Boomers, X, Y, Z
- Valuing the caregiver as a consumer as well as the care recipient
 - Technology: "Is there an APP for that?"
 - Diversity: Be tuned in to cultural preferences
- Defining the value of technical assistance
 - Virtual platforms
 - Assess effectiveness
- Consistent Quality training and increased dissemination
 - Reduce dementia stigma among the public as well as professional and family caregivers.
 - Monitoring and assessing training effectiveness
 - Tomorrow's caregivers: Work smarter, not harder



POLICY AND PRACTICE RECOMMENDATIONS:

- **Assure Caregivers have access to Evidence-Based, Culturally Appropriate Support Services that Target Identified Needs through dissemination of Evidence Based Supports on a NATIONAL scale.**
- **Support standardized assessment of training effectiveness and technical assistance in caregiver programs to ensure positive and consistent outcomes for all participants.**

RESEARCH RECOMMENDATION:

- **Convene a national committee of experts (researchers and consumers) to study how communities (rural and urban) can assess community needs to plan for the best menu of services for caregiver support.**
 - ❖ **Design and pilot a replicable model for true community based participatory research, creating a partnership across all levels of interest: people living with dementia (in all settings), their family and professional care team members, funders, research scientists, translational purveyors, gatekeepers, service providers, and advocates.**