Dementia Family Caregiving: Recommendations from a Conference to Advance Interventions in Diverse Populations
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#DementiaCareSummit

Alzheimer's Disease
Diversity and disparities in family caregiving: Progress and future directions

Conference Speakers

Maria Carrillo, PhD
Hongtu Chen, PhD
Fawn Cothran, PhD, RN, GCNS-BC
Sara J. Czaja, PhD
Charles S. DeCarli, MD, FAAN
Peggy Dilworth-Anderson, PhD
Dolores Gallagher-Thompson, PhD
Carl Hill, PhD, MPH
Ladson Hinton, MD
Meghan Jernigan, MPH
Jennifer Merrilees, RN, PhD
Oanh Meyer, PhD, MAS
Anna Maria Neales, PhD, MPH
Jessica M. Nunez de Ybarra, MD, MPH
Liz Schwarte, MPH
Anita L. Stewart, PhD
William A. Vega, PhD
Heather M. Young, PhD, RN, FAAN
Julie M. Zissimopoulos, PhD

Bolded names contributed directly to the writing of the recommendations.
Main Themes/Domains

1. Beginning an Intervention
2. The People Involved – Participants and Researchers
3. Conceptualizing the Problem/Theorizing
4. Intervention Development, Measures, and Adaptation
5. Analytical Models and Evaluation
6. Use of Technology
7. Sustainability

Recommendations

- The People Involved
  - Diverse and underrepresented populations
  - Recruit and train diverse investigators

- Conceptualizing the Problem/Theorizing
  - New conceptual models that incorporate social determinants of health

- Intervention Development, Measures, and Adaptation
  - Equivalence of measures; Alternatives to the RCT
Recommendations

• Analytical Models and Evaluation
  • Advanced analytical models – multiple caregivers, family-centered approach

• Use of Technology
  • Opportunities for reaching underserved populations

• Sustainability
  • Embed the intervention into existing systems of care

Acknowledgements

• Full set of recommendations can be found at [https://aspe.hhs.gov/national-research-summit-care-services-and-supports-persons-dementia-and-their-caregivers]

• Sponsors
  • UC Davis Latino Aging Research Resource Center
  • UC Davis Alzheimer’s Disease Center
  • UC Davis School of Nursing
  • National Institute on Aging

• Caregivers and their families