

RISK REDUCTION GOAL: UPDATES

LISA C. MCGUIRE, PHD



Risk Reduction Goal

To develop a national goal to reduce the burden of risk factors in order to prevent or delay onset of Alzheimer's disease and related dementias (ADRD)

- a. Establish a subcommittee to address risk factor reduction to mitigate the public health burden of ADRD. Over the next year, the subcommittee should determine specific goals, metrics, and timelines and provide updates at the quarterly Advisory Council meetings.
- b. Review existing data on risk reduction and explore setting metrics for monitoring public health impact using a rigorous, open, and transparent process.
- c. Coordinate and seek broad input from experts and individuals at risk for or with symptomatic ADRD to inform the subcommittee recommendations.
- d. Identify opportunities for facilitating risk reduction across the spectrum of ADRD research, clinical care, and long-term services and supports (LTSS).
- e. CDC should develop a National Center of Public Health Excellence on Risk Reduction.

Steering Committee



Matthew Baumgart

Vice President of Health Policy
Alzheimer's Association



Lisa C. McGuire, Ph.D.

Lead, Alzheimer's Disease and
Healthy Aging Program
Lead, Arthritis Science Team
Centers for Disease Control and
Prevention



Kelly O'Brien

Executive Director of the Brain
Health Ecosystem project
UsAgainstAlzheimer's

Subcommittee Membership

Steering and Subcommittee Advisor: Alan Levey, NAPA co-chair

Expertise Areas:

- Public Health
- Clinical Care
- Innovation/Industry
- Research

Selection Considerations: two members from each expertise areas were invited to serve as subcommittee members based on the following:

- Multi-disciplinary, action-oriented, and diverse candidates
- Those with a history of working within the field (e.g., clinician, academic)
- Range of experiences and representation from fields of aging, cardiovascular disease, and other primary risk factor areas of ADRD

Process and Timeline

Process (November 2020 – August 2021)

1. Steering Committee
 - Establish steering committee
 - Establish subcommittee
2. Subcommittees
 - Develop initial recommendations
 - Form Workgroups (subset of risk factors)
 - Science, clinical intervention, and public health action
 - Technical guidance for national risk reduction goal
3. Steering committee reviews and revises recommendations
4. Recommendations sent to reviewers
5. Recommendations presented to NAPA Advisory Council

How to get involved as a reviewer:

aging@cdc.gov

THANK YOU

LISA MCGUIRE, PHD
LMCGUIRE@CDC.GOV



Centers for Disease Control and Prevention

National Center for Chronic Disease Prevention and Health Promotion

Division of Population Health
The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

