

Physician-Focused Payment Model Technical Advisory Committee

Questions to Guide **Session 4** for the September 2025 Theme-Based Meeting:

***Using Data and Health Information Technology to Transparently Empower Consumers
and Support Providers***

***Topic: Data-Driven Approaches for Enabling Patients with Chronic Conditions and
Enhancing Secondary Prevention***

Tuesday, September 9, 9:10 a.m. – 10:40 a.m. EDT

Session Experts:

- **Charles R. Senteio, PhD, MBA, LCSW**, Associate Professor, Department of Library and Information Science, Rutgers University School of Communication and Information
- **Gianni Neil, MD**, Chief Medical Officer, ChenMed
- **Mendel Erlenwein**, Founder and Chief Executive Officer, CareCo
- **Khue Nguyen, PharmD**, Founder, Emprise Health

Committee Discussion and Q&A Session

After each expert provides a 5–6-minute presentation, the Committee will ask questions, including questions raised in response to the experts' presentations. The following are examples of questions that Committee members may ask.

A. Data-Driven Approaches to Prevent or Delay the Progression of Chronic Disease

Question 1: *What are specific data-driven strategies that can help empower patients to more effectively manage and delay the progression of their chronic conditions?*

- a. How can data technology be incorporated to track the progression (or prevention) of chronic disease and promote patient empowerment?

B. Patient Engagement Techniques for Patients with Chronic Conditions

Question 2: *What considerations should be taken into account when choosing types of data technologies and tools for patients with chronic conditions versus patients receiving preventive care?*

- a. What are effective care delivery models to increase the engagement of patients with chronic conditions?
- b. What are employee wellness programs doing to improve patient empowerment?

C. Empowering Patients with Chronic Diseases to Make Decisions About Their Health Care

Question 3: *What types of digital health tools can be effective in empowering patients with chronic diseases to make decisions about their health care?*

- a. How can patients with chronic diseases be empowered to make healthy choices about nutrition and other factors that affect their health?
- b. What are the most effective approaches for empowering patients with multiple chronic diseases to help improve quality, outcomes, and total cost of care (TCOC)?
- c. What types of outcomes might be realized from successfully empowering patients with chronic diseases?

Conclusion

Wrap-up Question: *Are there any additional insights you would like to share about data-driven approaches for enabling patients with chronic conditions and enhancing secondary prevention?*