

Addressing and Taking Action on Risk Factors – An AAA Response

May 3, 2022



- Passed in 1965
- 600 AAA's, 260 Title VI Native Americans Aging Programs and more than 20,000 community service providers
- Provides a wide array of programs and services that support risk reduction such as nutrition, health promotion and disease prevention programs
- Programs also address some of the social determinants of health

Older Americans Act and Area Agencies on Aging



- 33 Area Agencies on Aging covering 58 counties
 - 9.2 million people over the age of 60
 - 60% are minorities
 - 11% low income
 - 16% live alone
 - 21% Medicaid eligible
 - 7% have Alzheimer's or related dementias
- Governors Task Force on Alzheimer's Disease Prevention and Preparedness -State Alzheimer's Prevention and Preparedness plan in 2020
- Master Plan for Aging - local plans
- New state investments in older adults
- Cal Aim – ECM and Community Supports

Addressing Risk Factors in California



- Information & Assistance
- Health Insurance Counseling & Advocacy Program (HICAP)
- Benefit Enrollment Center
- Aging and Disability Resource Center
- Fall Prevention to include home modifications
- Evidence based health promotion and disease prevention programs
- Congregate and Home Delivered Meals
- Nutrition counseling and education
- Legal services (non-criminal)
- Long Term Care Ombudsman
- Emotional Support (warm) line
- Elder Abuse XE
- Case Management
- Transportation
- Home Share
- ElderHelp
- Care Transitions
- Employment training (SCSEP)
- Caregiver Services (Case management, Caregiver training, Support groups, Home adaptations, Respite, and Pre-placement counseling)

Addressing Risk Factors Locally - Our Programs



The Backdrop - Responding to the Need - Providing Culturally Responsive and Appropriate Services

ADRD program supports:

- Individuals with ADRD that live alone
- Individuals with ADRD that live with caregiver and/or partner
- Individuals with IDD/DD that have ADRD or are likely to develop it

Program Supports

- Respite
- Transportation
- Personal care
- Home modifications
- Caregiver support including training
- Caregiver consultation and support
- And more

ACL ADRD Program



Partnerships and Funding

- ACL grant
- Alzheimer's Association and Independent Living Resource Center
- Leverage Older Americans Act funds and Family Caregiver funds
- Dementia Friendly Ventura County

Accessing Services

- Referrals from Alz Assoc and other social service agencies
- Self referrals
- Screening through I&R/ADRC
- Referrals through other VCAAA programs

Training for Staff

- Bicultural and bilingual staff
- Continuous training for social work and information and referral staff
- Person centered care provided
- Annual training with Alz Association and ILC staff which includes training specific to the IDD/DD populations

ACL ADRD Program



- Expansion of Senior Nutrition Program
- COVID-19 Food Pantry and Restaurants Partnerships
- 6.5 Million Meals Served
- More than 100,000 Requests for Assistance
- More than 35,000 People Served
- 700,000 Deliveries of Food and Supplies
- Porch Visits
- Access to Technology
- Community Engagement
- Emergency Preparedness Support
- Animatronic pets
- Rides to vaccine appointments
- Rides to testing sites
- Partnership with Library System

