Addressing and Taking Action on Risk Factors – An AAA Response

May 3, 2022

- Passed in 1965
- 600 AAA’s, 260 Title VI Native Americans Aging Programs and more than 20,000 community service providers
- Provides a wide array of programs and services that support risk reduction such as nutrition, health promotion and disease prevention programs
- Programs also address some of the social determinants of health

Older Americans Act and Area Agencies on Aging
• 33 Area Agencies on Aging covering 58 counties
  • 9.2 million people over the age of 60
  • 60% are minorities
  • 11% low income
  • 16% live alone
  • 21% Medicaid eligible
  • 7% have Alzheimer’s or related dementias
• Governors Task Force on Alzheimer’s Disease Prevention and Preparedness - State Alzheimer’s Prevention and Preparedness plan in 2020
• Master Plan for Aging - local plans
• New state investments in older adults
• Cal Aim – ECM and Community Supports

• Information & Assistance
• Health Insurance Counseling & Advocacy Program (HICAP)
• Benefit Enrollment Center
• Aging and Disability Resource Center
• Fall Prevention to include home modifications
• Evidence based health promotion and disease prevention programs
• Congregate and Home Delivered Meals
• Nutrition counseling and education
• Legal services (non-criminal)
• Long Term Care Ombudsman
• Emotional Support (warm) line
• Elder Abuse XE
• Case Management
• Transportation
• Home Share
• ElderHelp
• Care Transitions
• Employment training (SCSEP)
• Caregiver Services (Case management, Caregiver training, Support groups, Home adaptations, Respite, and Pre-placement counseling
The Backdrop - Responding to the Need - Providing Culturally Responsive and Appropriate Services

**ADRD program supports:**
- Individuals with ADRD that live alone
- Individuals with ADRD that live with caregiver and/or partner
- Individuals with IDD/DD that have ADRD or are likely to develop it

**Program Supports**
- Respite
- Transportation
- Personal care
- Home modifications
- Caregiver support including training
- Caregiver consultation and support
- And more

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**Partnerships and Funding**
- ACL grant
- Alzheimer's Association and Independent Living Resource Center
- Leverage Older Americans Act funds and Family Caregiver funds
- Dementia Friendly Ventura County

**Accessing Services**
- Referrals from Alz Assoc and other social service agencies
- Self referrals
- Screening through I&R/ADRC
- Referrals through other VCAAA programs

**Training for Staff**
- Bicultural and bilingual staff
- Continuous training for social work and information and referral staff
- Person centered care provided
- Annual training with Alz Association and ILC staff which includes training specific to the IDD/DD populations
- Expansion of Senior Nutrition Program
- COVID-19 Food Pantry and Restaurants Partnerships
- 6.5 Million Meals Served
- More than 100,000 Requests for Assistance
- More than 35,000 People Served
- 700,000 Deliveries of Food and Supplies
- Porch Visits
- Access to Technology
- Community Engagement
- Emergency Preparedness Support
- Animatronic pets
- Rides to vaccine appointments
- Rides to testing sites
- Partnership with Library System

Reducing the Risk by Scaling up to meet the need during Covid