Physician-Focused Payment Model Technical Advisory Committee

Questions to Guide Session 2 for the

September 2025 Theme-Based Meeting:

Using Data and Health Information Technology to Transparently Empower Consumers and Support Providers

Topic: Availability and Effectiveness of Digital Tools for Equipping Patients With Information About Their Health Care

Monday, September 8, 1:10 p.m. – 2:40 p.m. EDT

Session Experts:

- **Vishal Gondal**, Founder and Chief Executive Officer, GOQii
- **Trevor Berceau**, Director, Patient Experience, Epic
- **Pradnya B. Bhattad, MD**, Interventional Cardiologist
- **Ricky Bloomfield, MD**, Chief Medical Officer, ŌURA

Committee Discussion and Q&A Session

After each expert provides a 5–6-minute presentation, the Committee will ask questions, including questions raised in response to the experts' presentations. The following are examples of questions that Committee members may ask.

A. The Power and Potential of Wearable Technologies

Question 1: *What is the role of patient wearable technologies in increasing patient empowerment and the overall health of the patient?*

   a. How can the use of artificial intelligence (AI) in patient wearable technologies enhance patient empowerment?

   b. What types of outcomes might be realized from patient's use of wearable technologies and other digital health tools?

B. Role of Electronic Health Records and Integration with Mobile Apps

Question 2: *What are effective approaches to integrating electronic health records (EHRs) with patient mobile apps?*

   a. What are solutions to transferring data from mobile and wearable apps into the EHR and vice versa?

b. How can the data from mobile and wearable apps be better mined and interpreted so that it provides meaningful and useful information to providers and patients?

c. How can patients be empowered to better understand the data in their patient portals? What are strategies for clinics/labs to improve translation of the data in patient portals so that patients can better understand the data (e.g., explain the meaning of specific measures, define terms)?

C. Tools to Improve Health Literacy and Patient Choice

Question 3: *What tools can be used to assist patients to better understand their health care choices?*

a. What are some common information gaps that make it difficult for patients to navigate the healthcare system effectively?

b. What are effective approaches for providing patients with choice when navigating their health care?

c. What are evidence-based practices for using patient navigators to support patients in managing their health care?

D. Use of Remote Patient Monitoring Tools

Question 4: *What are specific strategies for providers to integrate remote patient monitoring tools into the patient health care journey?*

a. What is or can be the role of AI in patient monitoring tools?

b. What is the impact of the use of patient digital tools on patient quality, outcomes, and total cost of care (TCOC)?

Conclusion

Wrap-up Question: *Are there any additional insights you would like to share about the availability and effectiveness of digital tools for equipping patients with information about their health care?*