

PHYSICIAN-FOCUSED PAYMENT MODEL TECHNICAL
ADVISORY COMMITTEE (PTAC)

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PUBLIC MEETING

+ + + + +

Virtual Meeting Via Webex

+ + + + +

THURSDAY, JUNE 10, 2021

PTAC MEMBERS PRESENT

JEFFREY BAILET, MD, Chair
PAUL N. CASALE, MD, MPH, Vice Chair
CARRIE H. COLLA, PhD
JAY S. FELDSTEIN, DO
LAURAN HARDIN, MSN, FAAN
JOSHUA M. LIAO, MD, MSc
TERRY (LEE) MILLS JR., MD, MMM
KAVITA K. PATEL, MD, MSHS
BRUCE STEINWALD, MBA
JENNIFER L. WILER, MD, MBA

PTAC MEMBERS NOT IN ATTENDANCE

ANGELO SINOPOLI, MD

STAFF PRESENT

LISA SHATS, Designated Federal Officer (DFO),
Office of the Assistant Secretary for
Planning and Evaluation (ASPE)
AUDREY MCDOWELL, ASPE
STEVE SHEINGOLD, PhD, ASPE

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P-R-O-C-E-E-D-I-N-G-S

10:00 a.m.

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2
3 * CHAIR BAILET: Good morning and
4 welcome to this meeting of the Physician-
5 Focused Payment Model Technical Advisory
6 Committee, known as PTAC. I'm Jeff Bailet, the
7 Chair of PTAC, and as you may know, PTAC has
8 been looking across its portfolio to explore
9 themes that have spanned several past
10 proposals.

11 Today we will dive into the topic of
12 care coordination and our next theme-based
13 discussion will examine how efforts to address
14 equity and the social determinants of health
15 can be optimized in the context of Alternative
16 Payment Models and physician-focused payment
17 models.

18 But first, at this time, we are
19 honored to be joined by a member of leadership
20 at the Centers of Medicare & Medicaid Services.
21 I'm excited to introduce Dr. Liz Fowler, who
22 serves as the CMS Deputy Administrator and the
23 CMS Innovation Center Director.

24 Before joining CMS earlier this

1 year, she was the Executive Vice President of
2 Programs at the Commonwealth Fund. She brings
3 with her an extensive health policy experience
4 having also served as Vice President for Global
5 Health Policy at Johnson & Johnson, as well as
6 the Chief Health Counsel to a former Senate
7 Finance Committee chair.

8 With that, it is my pleasure to
9 welcome Dr. Fowler.

10 * **Elizabeth Fowler, JD, PhD, Deputy**
11 **Administrator, Centers for Medicare &**
12 **Medicaid Services (CMS) and Director,**
13 **Center for Medicare and Medicaid**
14 **Innovation Remarks**

15 DR. FOWLER: Dr. Bailet, thank you
16 so much for that introduction. And thank you to
17 all the members of the Physician-Focused
18 Payment Model Technical Advisory Committee, or
19 PTAC. I really appreciate the invitation.

20 We might not be meeting in the Great
21 Hall of the Humphrey Building, but I really
22 appreciate that you and your Committee have
23 continued its important work despite COVID and
24 the public health emergency.

1 I'm delighted to be here, and I'm
2 pleased to have this opportunity to introduce
3 myself. It's been just over three months since
4 I became Director of the CMS Innovation Center,
5 and I'm really fortunate to have this role.
6 I've been learning more about the PTAC from my
7 team and from stakeholders across the board.
8 This is my third time working for CMS, and I
9 have a deep appreciation for the agency, the
10 team, and its powerful mission. I extend that
11 same appreciation for our colleagues at ASPE
12 who coordinate the PTAC.

13 As many of you know, Administrator
14 Chiquita Brooks-LaSure, our new boss at CMS,
15 also previously served at the Department of
16 Health and Human Services, first as Director of
17 Coverage Policy in the Office of Health Reform,
18 and then as Deputy Center and Policy Director
19 for the Center for Consumer Information and
20 Insurance Oversight, or CCIIO.

21 Together our experience at HHS¹ and
22 CMS will be beneficial during this critical
23 time for our health care system, and I want to

1 Health and Human Services

1 explain why. I really believe that we are at a
2 crossroads in value-based care. We have been
3 clearing a path to move this system toward
4 value and away from volume now with 10 years of
5 experience. The path is not necessarily
6 straightforward. We've lost a bit of focus in
7 some respects, and we need to continue taking
8 the steps to move the system toward value-based
9 care.

10 At this critical juncture, it's a
11 good time to take stock of where we are and
12 where we go next. In the very short time I have
13 with you, I want to touch base on the role that
14 CMS has in setting a direction for value-based
15 care, including how health equity fits in and
16 what part I see specifically for the CMS
17 Innovation Center and how PTAC can contribute
18 to this story.

19 Over the past few months, CMS, the
20 Innovation Center has undertaken strategic
21 review and refresh based on the 10 years of
22 lessons learned in order to re-establish a
23 shared vision of the health system we're
24 driving toward. What's been most apparent from

1 all the input we've received, and all the
2 literature and all the recommendations we've
3 reviewed, is that patients should be at the
4 center of that system.

5 So what does that mean? It means
6 the health system of the future must meet
7 patients where they are delivering care in
8 homes and communities in the least restrictive
9 and most accessible setting possible. Most
10 likely it also means more virtual care, and
11 we've all seen the benefits of telehealth
12 during the public health emergency.

13 Thank you for PTAC's work in this
14 area. I think it's really been an important
15 contribution. It must deliver high-quality
16 accessible care that focuses on keeping
17 patients healthy; coordinates care seamlessly
18 across settings and providers enabled by data
19 and technology that includes appropriate
20 referrals, management, and payment for
21 specialty care; holistically addresses
22 patients' needs, including behavioral health
23 and social determinants; and achieves equitable
24 outcomes through high-quality person-centered

1 care for all.

2 In our mind, it means that every
3 Medicare and Medicaid beneficiary is in a care
4 relationship that includes meaningful
5 accountability for quality and total cost of
6 care, and that quality measures align with
7 goals that matter to patients and align with
8 patients' values, like reducing mortality and
9 improving functional status so that patients
10 can keep up with loved ones.

11 Achieving this vision is going to
12 require us all to think about bringing high-
13 quality value-based care to every community in
14 America. By advancing a continuum of total cost
15 of care models to engage providers, we need to
16 fix some of the biggest payment issues today so
17 that we're moving forward with value-based care
18 on a stronger foundation.

19 This includes addressing issues and
20 fee-for-service like prescription drug pricing,
21 as well as targeted initiatives to address
22 populations that are not well served by the
23 current program. Overuse of low-value care,
24 underuse of needed care. And we need to align

1 across payers and across all stakeholder groups
2 to facilitate patient-centered transformation
3 at the level of both individual providers and
4 regional systems.

5 Changing Medicare fee-for-service
6 isn't enough. At a minimum, Medicare and
7 Medicaid payment models must be more aligned
8 and focused on improved health and equitable
9 outcomes for patients. This means we have to
10 focus on equity in everything we do. Within the
11 department as we consider policy priorities,
12 proposals, and payment and service delivery
13 models, a very clear signal has been sent that
14 everything we do needs to be viewed through an
15 equity lens.

16 Achieving our goals and making
17 progress in advancing health equity will take
18 all of us working together. Federal, state,
19 local, tribal organizations, health care
20 providers, plans, individuals, families,
21 policymakers, and other stakeholders.

22 This brings me to PTAC's value, and
23 specifically the thoughtful way that the
24 Committee rigorously and vigorously reviews the

1 proposals submitted by individuals and other
2 stakeholders, the recent roundtable discussions
3 on telehealth, and today's topic of care
4 coordination as well. We welcome PTAC's
5 comments and review as we forge our path and
6 continue our journey toward health care
7 transformation and implementing payment and
8 health care delivery models that test and
9 define, first, health equity, payers,
10 providers, purchasers, and other stakeholders
11 in the system may have different responses in
12 addressing health equity, but we should adopt
13 common definitions. The role and importance of
14 data; collecting data, measuring impact, and
15 reporting out what matters a lot. But there's a
16 lack of uniformity in data collection and
17 analytic standards, which adds to the
18 challenges of data-sharing.

19 Third, the role of payment design.
20 CMMI² test payment and service delivery models.
21 Our mission is for America to have the highest-
22 quality and most affordable health care system
23 in the world. We know we're not there yet. So

2 Center for Medicare and Medicaid Innovation

1 the PTAC process allows for a unique
2 opportunity to identify strategies and
3 solutions to achieve value-based care in the
4 health system. I sincerely hope we can keep
5 these public discussions going as advancing
6 health equity takes off as a national priority,
7 and we continue to develop future payment and
8 service delivery models.

9 With that, I'll conclude and turn it
10 over to Jeff. Thank you again for your time,
11 and thanks to all members for pulling together
12 this public session and for your dedication to
13 health care transformation.

14 Thanks a lot, Jeff.

15 * **Welcome and Care Coordination**
16 **Session Overview**

17 CHAIR BAILET: Thank you, Liz, for
18 joining us to provide those remarks. We really
19 look forward to continuing to work with you and
20 your team. Because of the coronavirus pandemic,
21 as you said, we're holding this meeting
22 virtually rather than gathering in the Great
23 Hall of the Humphrey Building. We aim to
24 provide a seamless virtual experience as close

1 to an in-person PTAC meeting as possible.

2 That said, we appreciate your
3 understanding in advance if any technical
4 challenges arise such as sound delays or
5 background noise. If you have any technical
6 questions, please email our contractor team at
7 PTACregistration@NORC.org. Again, that's
8 PTACregistration@NORC.org. If you joined us by
9 Webex, you can also message the meeting host
10 with any questions.

11 Many PTAC stakeholders are directly
12 involved in responding to the pandemic, and we
13 are thankful for your service to our country.
14 We want to thank providers, support staff,
15 caregivers, family members, and others who are
16 supporting patients during the pandemic. We
17 recognize that it's a privilege to have you
18 join us today.

19 Throughout the Committee's tenure
20 reviewing the proposals we have received, we
21 have noted common themes that have emerged
22 across multiple proposals from a variety of
23 stakeholders. As part of our last two public
24 meetings, we explored the theme of telehealth

1 in the context of Alternative Payment Models,
2 resulting in a report to the Secretary on
3 telehealth that we released earlier this week.

4 Today we will explore a second theme
5 that has spanned several past proposals, the
6 role that care coordination can play in
7 optimizing health care delivery and value-based
8 transformation in the context of Alternative
9 Payment Models and physician-focused payment
10 models.

11 We have a great lineup planned.
12 First, I would like to provide some updates on
13 the Committee's work since our last public
14 meeting in December. We have worked hard to
15 support stakeholders who may be interested in
16 submitting proposals to PTAC. In April, we
17 released our updated proposal submission
18 instructions. Our main goal with the updates is
19 to make it easier for stakeholders to submit
20 proposals.

21 We developed a new second track for
22 proposal review to provide additional
23 flexibility for those who have important care
24 delivery, payment, or policy issues to raise

1 but may have varying degrees of resources
2 available as they develop their proposed
3 models.

4 Aligned with our interest in
5 providing resources for those who are
6 developing payment models, we also released a
7 reference guide on common APM³ approaches. That
8 may be particularly useful for those who like
9 to explore some potential payment methodologies
10 that may be appropriate for their care delivery
11 model. You can find that guide on the resource
12 page of the ASPE PTAC website.

13 As a reminder, PTAC accepts
14 proposals on a rolling basis. The Committee
15 does not have any proposals to review at this
16 time, but know that we remain ready to review
17 proposals as they come in and are eager to
18 engage with stakeholders who want to propose
19 models for our review and comment.

20 As the new Administration gets
21 underway, we want to encourage the field to
22 develop models and send them to the Committee.
23 This is a great time for new models to come in

3 Alternative Payment Model

1 from the field for consideration by PTAC, and
2 then for the Committee to share our comments
3 and recommendations with the new Secretary of
4 HHS.

5 We have a lot prepared for today.
6 First, several Committee members who
7 volunteered to assist in preparing for today's
8 theme-based discussion will provide an overview
9 that will help to provide some context. They
10 have done a lot of prep work for today,
11 including working with staff on an
12 environmental scan that is available on the
13 ASPE PTAC website. Then, our first panel, which
14 is composed of several subject matter experts,
15 will provide a wide range of perspectives on
16 care coordination and Alternative Payment
17 Models.

18 After a short break, we will have a
19 panel of previous submitters, guests
20 representing organizations that have submitted
21 proposals to PTAC that included care
22 coordination components. This is not a re-
23 deliberation of their proposals but a special
24 opportunity to take a deeper dive into the

1 topic and learn more from the field about the
2 relationship between care coordination and
3 Alternative Payment Models.

4 Next, we will have a public comment
5 period to hear additional input and
6 perspectives on care coordination. Comments
7 will be limited to three minutes each to
8 maximize the number of participants. If you
9 have not registered in advance to give an oral
10 public comment, or would like to, please email
11 PTACregistration@NORC.org. Again, that's
12 PTACregistration@NORC.org.

13 After we hear from public
14 commenters, the Committee will discuss what we
15 have learned, shape our comments for the
16 Secretary of HHS, and share any closing
17 thoughts on the day's events. Finally, at the
18 end of the day, we will announce a Request for
19 Input to hear from others who would like to
20 provide information on care coordination as it
21 relates to APMs.

22 Taken together, the preparatory work
23 and the online materials, the panel
24 discussions, and the public comments are aimed

1 at informing PTAC about the most current
2 knowledge from the field about how to optimize
3 care coordination and further the goal of
4 value-based care in the context of Alternative
5 Payment Models.

6 * **PTAC Member Introductions**

7 At this time, I would like PTAC
8 members to introduce themselves. Please share
9 your name, your organization and, if you'd
10 like, feel free to share a brief word about any
11 experiences you have with care coordination,
12 today's topic. Because our meeting is virtual,
13 I'll cue each of you starting with myself. I'm
14 Jeff Bailet, the CEO of Altais, a physician
15 enablement organization. I am an ENT⁴ surgeon by
16 training.

17 Paul, you're next as the Vice Chair.
18 VICE CHAIR CASALE: Thanks, Jeff. Paul Casale.
19 I'm a cardiologist. I lead Population Health at
20 New York-Presbyterian, Weill Cornell and
21 Columbia University. In that role, I lead an
22 MSSP ACO⁵, and care coordination fits

4 Ear, nose, and throat

5 Medicare Shared Savings Program Accountable Care
Organization

1 prominently in our work.

2 CHAIR BAILET: Thank you, Paul.

3 Carrie.

4 DR. COLLA: Thanks, Jeff. Carrie
5 Colla. I'm a health economist and a professor
6 at the Dartmouth Institute for Health Policy
7 and Clinical Practice. My interaction with care
8 coordination is largely both quantitative and
9 qualitative research on providers participating
10 in Alternative Payment Models and what they do
11 around care coordination. Thanks.

12 CHAIR BAILET: Great. Thanks,
13 Carrie.

14 Jay.

15 DR. FELDSTEIN: I'm Jay Feldstein,
16 the president and CEO of Philadelphia College
17 of Osteopathic Medicine. In my previous life
18 with a health insurer, I was responsible for
19 care coordination and case management and the
20 Medicaid plan across five states.

21 CHAIR BAILET: Thank you, Jay.

22 Lauran.

23 MS. HARDIN: Good morning. I'm
24 Lauran Hardin. I'm Senior Advisor for the

1 National Center for Complex Health and Social
2 Needs. I spend the majority of my time with
3 sites, communities, states, and government
4 designing models for complex populations. I've
5 spent the last 20 years leading and designing
6 care coordination for every kind of model
7 ranging from children's hospice, palliative
8 care, every kind of HCO⁶, BPCI⁷, and now
9 community-based cross-sector collaboratives.

10 CHAIR BAILET: Thank you, Luran.

11 Josh.

12 DR. LIAO: Good morning, everybody.
13 Josh Liao here, internal medicine physician at
14 the University of Washington in Seattle. I
15 think about care coordination in two roles. The
16 first is through research studying the impact
17 of payment and delivery models. The second is
18 through a role that I have as an enterprise
19 medical director for payment strategy through
20 which I work with our value-based care team and
21 our integrated delivery network to think about
22 care coordination in several programs.

⁶ Health care organization

⁷ Bundled Payments for Care Improvement

1 CHAIR BAILET: Great.

2 Lee.

3 DR. MILLS: Good morning. I'm Terry
4 Lee Mills. I'm a family physician, and I'm
5 currently senior vice president and chief
6 medical officer at CommunityCare of Oklahoma, a
7 regional provider-owned health plan. I come
8 from care coordination from both medical group
9 leadership and the health plan side from
10 building care coordination at individual
11 practice levels all the way scaled up to an
12 enterprise level.

13 CHAIR BAILET: Thanks, Lee.

14 Kavita.

15 DR. PATEL: I'm Kavita Patel. I'm an
16 internal medicine physician in D.C., and my
17 role in care coordination, I lead primary care
18 doctors in the DMV⁸ area for specifically kind
19 of safety net post-COVID around transitioning
20 to at-home and remote-based care where
21 appropriate. Thank you.

22 CHAIR BAILET: Thanks, Kavita.

23 Bruce.

⁸ DC, Maryland, Virginia

1 MR. STEINWALD: I'm Bruce Steinwald.
2 I'm a health economist here in Washington, D.C.
3 My experience with care coordination is the
4 lack of coordination with the care that I've
5 received over the past several years.

6 CHAIR BAILET: Thank you, Bruce.

7 And Jennifer.

8 DR. WILER: Hi. I'm Jennifer Wiler,
9 emergency physician by training, professor of
10 medicine, and I'm the Chief Quality Officer for
11 UHealth in Denver. I'm also a co-founder of
12 our CARE Innovation Center, where we partner
13 with digital health companies to think about
14 how to optimize care delivery, including care
15 coordination and leveraging digital
16 technologies.

17 My additional experience with care
18 coordination is as a practicing physician in
19 the emergency department. Also for various
20 operational leadership roles, and I was
21 principal investigator on the city-wide grant
22 looking at emergency department high utilizers,
23 where we were able to partner with community
24 organizations and improve health outcomes for

1 patients.

2 CHAIR BAILET: Thank you. Thank you
3 all.

4 At this time let's move to our
5 initial presentation. Three PTAC Committee
6 members have served on the Care Coordination
7 Preliminary Comments Development Team, or PCDT,
8 that have worked closely with staff to prepare
9 for this meeting. I'm thankful for the hard
10 work that they put into organizing today's
11 discussions.

12 We'll begin with a presentation on
13 some findings from an environmental scan on
14 care coordination and Alternative Payment
15 Models. It is also available on the ASPE PTAC
16 website. PTAC members, you'll have an
17 opportunity to ask the PCDT any follow-up
18 questions afterward.

19 At this time I'm going to turn it
20 over to the PCDT lead, and that's Lee.

21 * **Presentation: Care Coordination**
22 **Components in Proposals Submitted to**
23 **PTAC and Other Highlights from the**
24 **Environmental Scan**

1 DR. MILLS: Thank you, Mr. Chair.
2 I'm happy to present this series of slides, 17
3 in number, just to set the context of what the
4 Preliminary Comments Development Team and, with
5 staff's invaluable help, has learned about
6 prior PTAC proposals and then the comprehensive
7 environmental surveillance of what really is
8 known versus guessed in the research.

9 I certainly want to thank and call
10 out the rest of the team: Lauran Hardin and Dr.
11 Angelo Sinopoli, who have invested innumerable
12 hours over the last four months in this work.

13 Next slide, please. So just as way
14 of introduction, this is to set the context of
15 our conception of care coordination, a topic
16 that I think everybody on the call is familiar
17 with in various ways that holds both incredible
18 promise and importance for individual patients
19 all the way up to the stake of the health care
20 system and ecology in total.

21 From 2016 to 2020, PTAC received 35
22 stakeholder-submitted proposed physician-
23 focused payment models, and voted and
24 deliberated on 28 of those to see which of them

1 really met the Secretary's Criterion 10 --
2 sorry, the Criteria, which include Criterion
3 7, which is all about "Integration and Care
4 Coordination."

5 That's defined as the degree to
6 which the proposal encouraged greater
7 integration and care coordination among
8 practitioners and across settings where
9 multiple practitioners or settings are relevant
10 to delivering care to the population treated.
11 We found that one of those 28 met and deserved
12 priority consideration for meeting that
13 criteria. Fifteen met the criteria, 10 did not,
14 and two proposed models, the criteria wasn't
15 applicable.

16 Next slide. In reviewing these, it
17 becomes evident and is aware that there is a
18 definition problem and that there really is no
19 consensus on the definition of care
20 coordination. Care coordination often has a
21 functional definition that varies from the
22 beholder and the context.

23 For the work in framing what we know
24 about care coordination, PTAC is using the

1 working definition from AHRQ⁹ as a starting
2 point of conversation, which is that care
3 coordination involves deliberately organizing
4 patient care activities and sharing information
5 among all of the participants concerned with a
6 patient's care to achieve safer and more
7 effective care.

8 That means that the patient's needs
9 and preferences are known ahead of time and
10 communicated at the right time to the right
11 people, and that the information is used to
12 provide safe, appropriate, and effective care
13 to the patient.

14 Slide. So another thing that became
15 really evident in working through that is that
16 there are multiple contexts in which care
17 coordination can occur, often operating
18 simultaneously in different proposed models.
19 These contexts are really three or four in
20 number, and one is care coordination for
21 population health, meaning general coordination
22 for all patients regardless of need.

9 Agency for Healthcare Research and Quality

1 Often that's a whole community, a
2 whole geography, a population health
3 perspective. Then there's care coordination for
4 specific populations typically focusing on
5 individuals with a certain named condition,
6 chronic disease, or a certain vulnerability.

7 Interacting simultaneously with both
8 of those contexts is care coordination around
9 an acute event, including transitions. This is
10 especially true for interactions between the
11 emergency department and acute care, acute care
12 to post-acute care, et cetera. Then wrapped
13 around all of that, if you will, is the context
14 of health-related social needs and social
15 determinants of health acting simultaneously in
16 all those contexts.

17 Next slide. At the same time,
18 there's some domains associated with care
19 coordination. It certainly involves a wide
20 range of functions and activities, again not
21 100 percent concurrent about which are more
22 important, or important, and we would all have
23 a spirited discussion about the pieces of
24 functions and activities that we found most

1 valuable in our work settings.

2 There are some functional domains
3 considered key that AHRQ has identified, and
4 these include establishing accountability or
5 negotiate responsibility for coordination;
6 clear communication; facilitate transitions in
7 sites of care; assess patient-centered needs
8 and goals; create a proactive plan of care with
9 patient input, monitor, follow up, and respond
10 to changes in the patient's situation or
11 context for needs; support self-management
12 goals; link to community resources; and then
13 align those resources with patient and
14 population needs.

15 Next slide. So in all these domains,
16 again, multiple activities of importance, and
17 we could list many more, but PCDT identified
18 these following activities as being
19 particularly important in optimizing patient-
20 centered and focused care coordination in the
21 context of
22 APMs.

23 That includes use of care
24 coordinators, named individual people with

1 responsibility; coordination of treatment and
2 care activities across settings, providers, and
3 sectors; behavioral health management; timely
4 sharing of necessary information across
5 providers of care; documentation of patient
6 needs and preferences, and turning that into
7 essentially a living document that helps guide
8 the whole care team; and then use of shared
9 decision-making, as well as ongoing evidence
10 regarding the effectiveness of interventions
11 and care to create a proactive plan structured
12 to address patient needs.

13 We acknowledge that strategies could
14 also involve -- there's a tremendous amount of
15 energy spent around structural change such as
16 financial management and planning across
17 operational units. PTAC is particularly focused
18 on the strategies for improving the clinical
19 aspects of care coordination in the context of
20 APMs and value-based transformation.

21 Next slide. So in thinking through
22 that context, we did want to analyze and look
23 at the proposals that have been submitted and
24 try to pull out themes that rise to the top.

1 Go ahead. So, first of all, of the
2 proposals that were found to meet Criterion 7
3 about "Integration and Care Coordination," we
4 did find that in the proposals, the
5 coordination aspects varied by clinical focus,
6 clinical setting of care, and context of the
7 care coordination. Some were focused on
8 specific health conditions or diseases, serious
9 illnesses as a bucket, and other varieties of
10 special conditions.

11 Some were focused on clinical
12 settings, including primary care, patient home,
13 skilled nursing facilities, transitions of
14 care, and rural providers. Then, lastly, just
15 the overall context of that care coordination
16 whether it was a population-wide management
17 consideration, whether it was specific more
18 focused populations, yet not focused on
19 specific conditions, or whether it was related
20 to acute events. Most of the proposals focused
21 on only one of those, but it's certainly
22 conceptual that a proposal or a successful
23 coordination plan could be focused on multiple
24 of those at the same time.

1 Next slide. So we also noticed there
2 were some commonalities among the care
3 coordination functions and activities that were
4 included in proposals that were found to meet.
5 Most proposals did, indeed, address at least
6 one care coordination function. That's pretty
7 foundational.

8 The common functions or activities
9 that were emphasized in models included
10 establishing accountability, or negotiating
11 responsibility; facilitating transitions and
12 coordinate care across settings; communication
13 in streamlining and improving communication and
14 timeliness; and, finally, assessing patients'
15 needs and goals such as documenting needs and
16 use of a patient-centered care plan, et cetera.

17 Less commonly, some proposals
18 emphasized a care plan itself, aligning
19 resources with patients' and population needs
20 such as the risk stratification process, and
21 supporting self-management goals, including
22 shared decision-making and systematized high-
23 quality education.

24 Next slide. In summary, looking at

1 the proposals we received that met Criterion 7,
2 there were some common strengths among those
3 proposals and some common gaps. For those that
4 met, common strengths were that the proposals
5 outlined a clear process for coordination.
6 Outlined explicit data-sharing mechanisms. Had
7 a clear framework for patient engagement. Had
8 defined performance quality metrics around care
9 coordination.

10 Emphasized payment mechanisms for
11 addressing care delivery objectives and
12 emphasizing care coordination. Had engagement
13 standards for, and among, primary care
14 providers and specialists. Emphasized
15 multidisciplinary teams. Paid close attention
16 to continuity of care and those healing
17 relationships; and then involved in some
18 fashion of bundled episode payment model. Those
19 were the strengths of the proposals found to
20 meet Criterion 7.

21 There were some common gaps in the
22 proposals found to not meet Criterion 7, which
23 included unclear specifications or
24 requirements. It included a lack of clear

1 accountability. Included lack of
2 interoperability of the HRs¹⁰ or data-sharing.
3 Included lack of guidance or mechanisms about
4 that data-sharing in accessibility related to
5 proprietary software. Lack of specific quality
6 metrics around care coordination. And concerns
7 about scalability of a proposed models.

8 Next slide. Finally, with the
9 staff's invaluable work in the comprehensive
10 environmental scan and certain highlights of
11 that, learnings have risen to the top that we
12 wanted to highlight to frame our discussion for
13 today among our expert panels.

14 Next slide. The first is that there
15 are some key findings on recent initiatives in
16 care coordination related to payment. These
17 findings include that Medicare has introduced,
18 both through G-codes and through CPT¹¹
19 processes, some billing codes to reimburse
20 providers for care coordination among fee-for-
21 service beneficiaries. This includes the TCM¹²
22 codes in 2013, and a variety of chronic care

10 Health records

11 Current Procedural Terminology

12 Transitional care management

1 management codes since 2015.

2 We had a finding that APMs can
3 reimburse providers for care coordination, and
4 that's commonly done. You see that widely in
5 state Medicaid programs that have transitioned
6 more towards capitated payments with risk-
7 sharing organizations and primary care case
8 management. We also see some states focusing on
9 care coordination and building payment
10 mechanisms in dual-eligible populations.

11 Additionally, CMMI has designed and
12 launched numerous APMs in Medicare fee-for-
13 service that include mechanisms to support care
14 coordination. There is certainly a variety, and
15 a wide variety, of models to include
16 population-based and performance-based
17 payments, one time or up-front funding, care
18 management fees, capitation, and fee-for-
19 service-based payments around care coordination
20 and quality.

21 Then, finally, health plans had a
22 wide variety of activity across public and
23 private payers to adopt programs to support

1 care coordination, including PCMH¹³ programs,
2 capitation arrangements, and other value-based
3 models that support coordination.

4 Next slide. Another finding is that
5 performance metrics are important and have a
6 wide variety of strengths and weaknesses. We
7 found that there's a number of challenges in
8 isolating and measuring the effects of care
9 coordination. That's both a wide variety of
10 metrics that are wholly dependent on the
11 context and situation, as well as for things
12 that may use the same metric, different
13 definitions.

14 There are certainly reported
15 barriers, including variation in whether and
16 how care coordination is documented, whether
17 it's in claims or EHRs¹⁴, and challenges in
18 measuring care coordination using that
19 electronic data. Often care coordination is as
20 much a qualitative as a quantitative
21 engagement.

22 Many of the available measures focus

13 Patient-Centered Medical Home

14 Electronic health records

1 more on outcomes to avoid, such as
2 hospitalizations and re-admissions, rather than
3 the outcomes to be achieved. Some CMMI models
4 measure a caregiver and beneficiary
5 satisfaction or practice-level process
6 measures.

7 Others of the models proposed to
8 PTAC included direct process measures related
9 to the activity of care coordination, such as
10 number of completed health plans, number of
11 transitions coordinated, et cetera, while other
12 proposed models use measures of cost,
13 utilization, and quality as basically proxies
14 for coordination events that may or may not be
15 directly related, so plenty of metric
16 challenges in defining, measuring, and using
17 metrics.

18 Next slide. We did find in the
19 environmental scan that there is some
20 relationships between selected assumptions and
21 the available evidence. There are some
22 assumptions that we see in the working models
23 about patients who are likely to benefit from
24 care coordination, then with a positive impact

1 on cost utilization. That boils down to two
2 populations.

3 The working assumption is that
4 patients are more amenable to care coordination
5 that will be effective if they have modifiable
6 risk factors, or risk factors in individual
7 patient or team control. And/or if the care
8 coordination activities focus on users of
9 health care services, including those with
10 chronic conditions.

11 The available evidence regarding the
12 effects of care coordination is quite mixed.
13 Some studies show certain care coordination
14 functions do have positive impact on
15 utilizations, including outcomes, targeting
16 high-risk patients, facilitating care
17 transitions, and primary care population-wide
18 coordination.

19 There certainly are opportunities to
20 improve care while reducing costs through
21 coordinating care for high-cost patients. There
22 are some promising findings that exist related
23 to reduced spending for post-acute care when
24 those transitions and contexts are better

1 coordinated. APMs have some promise in
2 improving specific performance metrics when
3 that APM creates an incentive for care
4 coordination folks at that metric. There is
5 evidence in the literature about the positive
6 effects of care coordination, but not any
7 evidence that is dominant or overbearing at
8 this point.

9 Next slide. The impact of the public
10 health emergency that we've all experienced
11 over the last 15 months has certainly had an
12 impact on care coordination. Care coordination
13 itself when established helped mitigate many of
14 the challenges associated with the public
15 health emergency, enabling providers to
16 proactively reach out to patients and care for
17 the patients that were not coming to the
18 office; removing barriers to access, including
19 transportation; and facilitating communication
20 among providers and patients.

21 The temporary change in billing
22 requirements under Section 1135 waiver
23 authority was tremendously beneficial and has
24 created a rapid burst of innovation. It's been

1 fun and exciting to watch. At the same time,
2 the increased reliance on telehealth activity
3 for some providers has posed challenges. This
4 particularly includes small practices or long-
5 term care facilities that may not have the
6 necessary infrastructure to be able to
7 transition to virtual care or care
8 coordination.

9 Additionally, the public health
10 emergency has brought to light, or surfaced,
11 even more so than previously known, disparities
12 in access to care coordination. It has become
13 harder for some patients to engage in health
14 care due to competing priorities, especially in
15 low income and rural communities and those with
16 social isolation.

17 Next slide. Care coordination and
18 behavioral health is another important thing
19 that has come out of the literature on
20 environmental surveillance. We certainly are
21 aware, most of us at a very granular level, as
22 well as in the literature, that there's a
23 shortage of behavioral health providers, which
24 poses an ongoing dramatic challenge in

1 coordinating physical and mental health care.

2 CMMI models that incorporate
3 behavioral health services exist, including
4 CPC+¹⁵ and Pioneer ACO. The PTAC did receive a
5 proposed model from the AAFP¹⁶ that highly
6 emphasized behavioral health services and
7 integration.

8 We find that the financial alignment
9 incentive integrates primary care, acute care,
10 behavioral health, and LTSS¹⁷ among dual-
11 eligible enrollees, and Medicaid has other
12 initiatives also focusing on incorporating
13 behavioral health into care coordination, which
14 seems to be a critically important theme for
15 all of us moving forward.

16 Finally, the American Rescue Plan
17 includes funding for addressing behavioral
18 health needs and encourages grantees to
19 coordinate among local entities and providers.

20 Next slide. Finally, it's evident to
21 all of us, I know, that there are many areas
22 where additional information and research is

15 Comprehensive Primary Care Plus

16 American Academy of Family Physicians

17 Long-term services and supports

1 going to be needed. This includes in the PTAC's
2 mind what activities can help optimize care
3 coordination in APMs and PFPMs¹⁸ to improve
4 quality or reduce cost. What types of payment
5 models are likely to incentivize care
6 coordination, including specific functions?

7 How do care coordination functions,
8 that we've mentioned, vary by context,
9 population, patient characteristic, or
10 geographic region? How has care coordination
11 evolved over the last year due to the public
12 health emergency and with increased attention
13 on the priority of achieving health equity,
14 including addressing social determinants of
15 health?

16 What are the best ways to measure
17 the quality and effectiveness of care
18 coordination? What is the best time frame for
19 assessing the benefits and the cost of care
20 coordination? Lastly, what types of
21 information or descriptions of care
22 coordination are needed to facilitate the PTAC
23 evaluation of proposals that we receive?

18 Physician-focused payment models

1 Next slide. I believe that's the
2 end. We have additional details in the
3 appendix, including further detailed analysis
4 of the care coordination components of proposed
5 models that the PTAC has reviewed. An
6 environmental scan of the literature is also
7 available. I did want to thank the other
8 members, Lauran Hardin and Angelo Sinopoli of
9 the PTAC, for their invaluable work over the
10 last several months putting this together.

11 Mr. Chair, I'll pass it back to you.

12 CHAIR BAILET: Thank you, Lee, for
13 that comprehensive presentation and summary.

14 Lauran, before I turn it over to the
15 full PTAC, did you have any comments you'd like
16 to make?

17 MS. HARDIN: I just wanted to say
18 Lee covered it very well. I think we have a
19 tremendous opportunity to take the lessons
20 we've learned during the pandemic about the
21 vulnerability of our communities, what can
22 happen when we come together across sectors,
23 and also interprofessionally, to really address
24 care delivery from the perspective of what

1 patients and families need in their homes and
2 in their communities.

3 It's a tremendous opportunity for
4 the next level of innovation and model
5 development to inform the objectives and
6 priorities of the new Administration as Dr.
7 Fowler laid out.

8 CHAIR BAILET: Thank you, Lauran.
9 Thank you, Lee. I also want to thank Angelo,
10 who's unable to join us today, but he was a
11 significant participator in the PCDT. It's been
12 a very helpful background for our discussion
13 today.

14 I'll turn it over to the Committee
15 members to ask questions of the PCDT at this
16 time, if there are any questions.

17 DR. FELDSTEIN: Hey, Jeff. It's Jay.

18 CHAIR BAILET: Yeah. Hey, Jay. Go
19 ahead.

20 DR. FELDSTEIN: I have a question,
21 Lee. In either your environmental scan or going
22 over the highlights of the previous submitters,
23 did you see anything significant from a
24 technology standpoint because, you know,

1 historically a lot of care coordination case
2 managements have been labor-intensive? Did you
3 come across anything how either ACOs or
4 individual practices or plans, anything from a
5 technology standpoint that stood out from your
6 perspective?

7 DR. MILLS: Well, I look forward to
8 Lauran's comments as well, but I think what
9 we've seen in environmental surveillance, as
10 well as just practical experience for most of
11 us, is that technology and communication is
12 either a great enabler or the existential
13 barrier that can't be gotten past.

14 I would say that using technology to
15 emphasize timely, if not instantaneous
16 communication among members of a care team
17 involved in coordination is a necessary but not
18 wholly sufficient task. It's something that has
19 to be taken care of and dealt with and enabled
20 to even start the process of care coordination
21 that's going to be effective.

22 MS. HARDIN: I agree with Lee's
23 comments. I think just in addition, there's
24 been a tremendous growth in obviously

1 telehealth. On the positive side of that, there
2 have been a lot less no-shows for behavioral
3 health and different visits because of the ease
4 of access.

5 There's been a great growth in
6 resource platforms like Unite Us and NowPow and
7 other technology coming into communities to
8 gather what are the social determinants of
9 health resources in the community-based
10 organizations and how can that be shared across
11 the community to accelerate care coordination.

12 Then there's been growth in
13 development of platforms for shared plans of
14 care. Some of those things have not landed in
15 the literature yet because they are growing now
16 and the studies haven't been done, but that's
17 what we're seeing on the ground, as well as a
18 lot more AI¹⁹ sort of virtual behavioral health
19 type platforms moving forward.

20 DR. FELDSTEIN: Thanks.

21 CHAIR BAILET: Bruce, you had a
22 question?

23 MR. STEINWALD: Yeah, I do. My

19 Artificial intelligence

1 mother-in-law lived with us for 18 years before
2 she passed away at age 100, and she had
3 multiple chronic illnesses, and we were
4 determined to keep her here at home. Even
5 though my wife and I have some expertise in the
6 health care field, we were unable to coordinate
7 her care ourselves.

8 We hired a navigator to help us do
9 that. Actually it turned out to be a good move.
10 She was very capable. My question is have you
11 run into in the environmental scan, or any of
12 your research, did you single out the role of
13 navigators in helping to if not coordinate the
14 care, at least help people figure out how to do
15 it or where to get it?

16 MS. HARDIN: Do you want me to
17 answer first, Lee?

18 Again, one of the challenges in this
19 area is how much evidence has actually landed
20 in the literature, so let's talk about
21 practice. I think there's a tremendous need for
22 longitudinal and cross-sector care management,
23 and that's what you're seeing with the
24 navigator.

1 The person isn't only navigating and
2 helping you with the cardiac disease under an
3 ACO and then it ends when the episode of
4 payment-for-care coordination ends. They are
5 looking holistically at your mother-in-law and
6 your family for what are the needs and what are
7 the cross-sector coordination components that
8 are needed.

9 On the ground, that's what is moving
10 forward and that's what is working for people.
11 The evidence around that is still emerging, but
12 longitudinal versus episodic care management, I
13 think, is really key in the future, and also
14 the ability to deeply develop a holistic
15 trusting relationship with the entire family to
16 look across systems.

17 From the patient and family
18 perspective, that's what we all want, is that
19 holistic view and someone who will navigate
20 regardless of payer source, regardless of
21 hospital systems, community-based organization,
22 someone who can see that whole picture. There
23 is a tremendous opportunity for more research
24 and evidence in that area.

1 MR. STEINWALD: Thank you, Lauran.
2 My impression is that the good navigators are
3 kind of hard to find. It took us awhile. I
4 wondered if that's generally the case.

5 MS. HARDIN: It really depends on
6 the part of the country when you think about
7 what is the payment source for that, and then
8 there are models of palliative care, and
9 hospice care is probably the closest to that in
10 a professional team that navigates regardless
11 of setting, but not everyone is in the
12 palliative care hospice continuum. Many people
13 with multiple chronic conditions could benefit
14 from that holistic approach that's longitudinal
15 in developing a relationship.

16 DR. MILLS: I agree with Lauran's
17 comments as well, Bruce, with your family
18 situation. I've experienced it as well. I think
19 part of that speaks to the concept of
20 establishing accountability and negotiating
21 clear responsibility and communication patterns
22 for coordination in a very granular
23 family/patient focused level. To some degree
24 needing a navigator is, I hope and pray --

1 CHAIR BAILET: We lost you, Terry.

2 DR. MILLS: I hope and pray that the
3 need of an individual as a navigator to help
4 manage the complexity of communication is a
5 transitional state as we move towards -- as
6 Lauran said, it's more of an ongoing healing
7 continual relationship where the providers and
8 the care team with patients that are focused
9 are continually in communication.

10 Much like you manage your family
11 relationships with endless texts and instant
12 messaging. It's not the episodic -- place a
13 phone call -- as a single event. That's going
14 to take continued work and continued research
15 to get there.

16 CHAIR BAILET: Thank you.

17 Josh, you had a question, comment?

18 DR. LIAO: I did. Thanks for this,
19 Lauran and Terry and Angelo. I was really
20 struck by kind of how you characterized the
21 different settings, clinical populations,
22 contacts. I know you set up a number of
23 questions about what we'd love in terms of more
24 information.

1 I'm curious if you combine those.
2 Any sense of the environmental scan about --
3 you know, we've seen mixed evidence. Where is
4 the evidence, the most positive, and where is
5 it the most -- the least positive when we map
6 it onto the kind of categorization you guys
7 used to form next steps?

8 DR. MILLS: Great question, Josh. My
9 understanding of the literature, seasoned with
10 personal experience, is that it seems like the
11 best effectiveness -- actually changing quality
12 outcomes and cost seems to be centered on the
13 context of very high-cost disease-based
14 intensive coordination or navigation.

15 The other end of the spectrum, truly
16 advanced whole population, usually primary care
17 focused, coordination of just whole family and
18 community needs. In a sense it's at two ends of
19 the spectrum, although that may not be the
20 right way to conceive of it. Those are what
21 I've seen both in literature and in playing out
22 in real life.

23 Lauran.

24 MS. HARDIN: I would support that. I

1 would also just add there's a lot of missing
2 evidence about the value proposition or really
3 what do patients and families define as value
4 and how does that translate into evidence
5 around what we should be focused on.

6 As Dr. Fowler was talking about,
7 functional status, quality of life, trust,
8 safety, being seen and heard. Many of those
9 things we don't put the same financial value
10 on. The evidence is highly focused on cost and
11 utilization, which is good.

12 We want to reduce cost. But what is
13 the value in that equation of addressing
14 equity, addressing some of the other patient
15 and family value quality issues, and how can we
16 translate that into a new value equation, I
17 think, is what I would say.

18 DR. LIAO: Thanks.

19 VICE CHAIR CASALE: And, Jeff, can I
20 just add onto that?

21 CHAIR BAILET: Please.

22 VICE CHAIR CASALE: It's sort of a
23 comment and a question. I notice on the key
24 functional domains, the use of care

1 coordinators was at the top. I think it just
2 emphasizes that coordination sort of doesn't
3 occur necessarily organically. It really does
4 require investment. More to your point, I'm
5 wondering as you looked at the environmental
6 scan, you know, many times we look at the
7 return on investment and that's now we end up
8 looking at ED²⁰ and hospitalizations because you
9 can assign dollars to that. In fact, what you
10 just described is not only equally but more
11 important.

12 I think to the points that Lee made
13 in the slides, I don't think we quantify that
14 very well, so when we need to sort of put in a
15 return on investment or what is the financial
16 plan, those kinds of things, how to incorporate
17 that, I think, becomes critical. I think we
18 need to learn more about how to do that.

19 MS. HARDIN: I completely agree. I
20 just had the privilege of finishing a research
21 project for the Commonwealth interviewing
22 people around the country about how they are
23 making the value case for complex care.

20 Emergency department

1 What emerged out of that definitely,
2 no matter where you sit in the system, you need
3 to be able to articulate the cost benefit and
4 utilization benefit. Also patients' families
5 find quality measures in addition to evidence-
6 based disease management and quality measures.
7 The patient, provider, partner satisfaction.

8 Then the impact on equity and how do
9 things that really contribute to equity, like
10 access to care, access to insurance, housing,
11 safety, food security. Then how can you look at
12 that as a combined return on investment
13 equation? Across the board, people leading
14 organizations want to be looking at that fully
15 and really starting to incorporate that. We
16 have a great need for more rigorous measures in
17 this.

18 CHAIR BAILET: Great. Good
19 discussion. Nice setup for our first panel
20 discussion and then the rest of today as well.
21 We're about seven minutes or so before we
22 start. We're starting at 8:00 Pacific time,
23 11:00 Eastern time for the panel. We have many
24 of the panelists who have joined us. There are

1 a few more we are waiting for so we wouldn't
2 want to start before the full panel is
3 convened.

4 We have really about five minutes. I
5 think what we'll do is we'll just take a brief
6 break. We'll all remain on but just mute
7 ourselves and potentially go off video for a
8 minute but we'll all be back on at 8:00 and
9 start the first panel. Thank you for your
10 patience. We'll be right back.

11 (Whereupon, the above-entitled
12 matter went off the record at 10:54 a.m. and
13 resumed at 11:01 a.m.)

14 * **Panel Discussion on Care**
15 **Coordination with Subject Matter**
16 **Experts**

17 CHAIR BAILET: All right. So thank
18 you for your patience. Now very excited to kick
19 off the first panel on care coordination. At
20 this time, I'll ask our panelists to go ahead
21 and turn on their videos.

22 Lee and the PCDT team helped us
23 level set with definitions and the activities
24 that are included in care coordination, as well

1 as what we have learned from our environmental
2 scan and from proposals that have been
3 submitted to PTAC. To further inform us about
4 issues related to care coordination, we've
5 invited a variety of esteemed experts from
6 across the country. And they represent several
7 perspectives on care coordination, including
8 providers, researchers, payers, and patient
9 advocates.

10 You can find their full biographies
11 on the ASPE PTAC website along with other
12 background materials for today's meeting. We
13 have several questions in the queue. We'll work
14 through each one, and I'll vary who's called
15 upon first.

16 In the interest of time, for some
17 questions, I'll begin by inviting two or three
18 of you on the panel to provide your particular
19 expertise. Then I'll open it up to Committee
20 members to ask any follow-up questions they
21 have for the panelists. I'll also ask that each
22 panelist try their best to keep their responses
23 to a few minutes or so for each topic. I'll ask
24 each panelist to please introduce yourself with

1 your name and your organization. Because this
2 is virtual, I will prompt each of you
3 alphabetically by last name, starting with Sara
4 Barry.

5 MS. BARRY: Good morning. Thanks for
6 the opportunity to speak with you all today. My
7 name is Sara Barry. I'm the Chief Operating
8 Officer of OneCare Vermont, which has a
9 statewide accountable peer organization that is
10 all payer in nature and represents about 120
11 organizations with more than 470 locations in
12 Vermont.

13 We started two-sided risk programs
14 as an ACO with Medicaid in 2017 and then began
15 a Vermont-specific waiver for a Medicare
16 Alternative Payment Model in 2018. We have
17 about 5,000 physicians and 270,000
18 beneficiaries in Vermont. And I'm looking
19 forward to speaking with you more about our
20 community care coordination model. Thank you.

21 CHAIR BAILET: Thank you, Sara.
22 Linda Elam?

23 DR. ELAM: Good morning, everyone,
24 and again, a pleasure to be with you. I am

1 currently with Manatt Health where I'm a
2 Managing Director. But recently, I was CEO and
3 Plan President of Amerigroup District of
4 Columbia, which is an MCO²¹ serving Medicaid
5 beneficiaries here in Washington, D.C. And
6 previously, I was a Medicaid director for the
7 District and policy director in Medicaid. So as
8 you may imagine, my primary focus is the
9 Medicaid program and what lessons can be
10 brought from that perspective.

11 CHAIR BAILET: Thank you, Linda.
12 Bill Golden?

13 DR. GOLDEN: Good morning. Bill
14 Golden. I'm a professor at University of
15 Arkansas for Medical Sciences and Medical
16 Director for Arkansas Medicaid. We've had an
17 active program in Alternative Payment Models,
18 and we had developed one of the first episodes
19 of care for orthopedics.

20 But in particular, we've had a
21 primary care medical home program which has
22 attracted 1,000 private practice PCPs²² in over

21 Managed care organization

22 Primary care providers

1 200 sites. And we've done a tremendous amount
2 of culture changing and transformation of care
3 that enhances the potential for these sites to
4 coordinate care. And I can make some comments
5 later about the creative use of metrics beyond
6 just measurement and how we tie it in different
7 ways to finances.

8 CHAIR BAILET: Thank you, Bill.
9 Laura Gottlieb?

10 DR. GOTTLIEB: Good morning. I'm
11 Laura Gottlieb. I'm a professor of family and
12 community medicine at the University of
13 California, San Francisco (UCSF). I'm delighted
14 to be on the panel this morning. I bring a
15 perspective from the Social Interventions
16 Research and Evaluation Network, or SIREN,
17 which is a research acceleration and
18 translation center that I run here at UCSF,
19 really focused on the advancing evidence on the
20 integration of social and medical care, so
21 things like screening for social needs and
22 supporting practitioners to find efficient and
23 effective ways to incorporate social care-
24 related intervention.

1 CHAIR BAILET: Thank you, Laura.
2 Sachin Jain, please?

3 DR. JAIN: Good morning, everyone.
4 Sachin Jain, I'm president and CEO of SCAN
5 Group and Health Plan, a managed care entity
6 that serves over 220,000 Medicare Advantage
7 beneficiaries. Before joining SCAN, I was
8 President and CEO of CareMore and Aspire
9 Health, which were the care delivery divisions
10 of Anthem, Inc.

11 CHAIR BAILET: Thank you, Sachin.
12 Robin Newhouse?

13 DR. NEWHOUSE: Hi, I'm Robin
14 Newhouse, Distinguished Professor and Dean of
15 Indiana University School of Nursing. So I'm
16 from Indiana University (IU). I also hold an
17 appointment as Deputy Chair of our university
18 clinical affairs and have an appointment with
19 IU Health. That's our largest health system in
20 Indiana.

21 I bring the perspective first of
22 nursing and second of a scientist that focuses
23 on translation of evidence-based practices and
24 toward improving care and health of people. So

1 I think it sounds like I have a different
2 perspective and a different area of expertise
3 that others are bringing. So happy to be here.

4 CHAIR BAILET: Thank you, Robin.
5 Catherine?

6 MS. OLEXA-MEADORS: Good morning and
7 thank you so much. My name is Catherine Olexa-
8 Meadors. I'm the Vice President for clinical
9 innovation here at Aledade, Inc.

10 My personal background: I've spent
11 about a decade in the post-acute care and
12 transitional care space on the operation side,
13 both in nursing homes, hospice, home health,
14 and assisted living, and then made the
15 transition to the value-based care landscape
16 when the Bundled Payment for Care Improvement
17 program was launching, and built a company with
18 a great team at Remedy Partners over about four
19 years, launched that program and what ended up
20 being about 600 sites across the country. I'm
21 now with Aledade. I've been here for three
22 years, originally focused on transitional care
23 and now really focused on clinical innovation
24 to include care coordination across our

1 ecosystem.

2 Our ecosystem today consists of over
3 8,000 primary care providers across 32 states,
4 representing over 1.2 million lives under
5 management. And really our core aim was
6 mentioned in the previous hour around making
7 the primary care providers practice truly that
8 center of care for patients and families and
9 enabling them to see both the patients who are
10 coming in today and the patients they need to
11 reach out to. So that is our aim and the
12 providers we support, and I'm really excited to
13 be able to tell you a little bit about what
14 we're doing during the panel today.

15 CHAIR BAILET: Thank you, Catherine.
16 And last, Sandra Wilkniss, please.

17 DR. WILKNISS: Good morning. I'm
18 delighted to be here as well, and I'm Sandra
19 Wilkniss. I'm the Director of Complex Care
20 Policy and a Senior Fellow at Families USA,
21 which is a national nonpartisan voice for
22 health care consumers.

23 I also bring some experience in
24 policy on the state and federal level. Prior to

1 coming to Families, I worked for six years at
2 the National Governors Association Center for
3 Best Practices on health policy issues, and
4 prior to that, three years on the Hill. And I'm
5 also a clinical psychologist by training,
6 served as a scientist practitioner for about 15
7 years working with people with serious mental
8 illness. Thank you for the invitation.

9 CHAIR BAILET: You bet, Sandra. And
10 thank the whole -- all the panelists for
11 participating today. Excited to get into the
12 discussion.

13 First off, from your own experience,
14 perspectives, and expertise, please tell us
15 what you see as the role and the objectives of
16 care coordination in the context of value-based
17 care. Also, are specific functions or
18 activities of care coordination most important
19 for improving quality and reducing cost in
20 Alternative Payment Models or physician-focused
21 payment models? And lastly, do these functions
22 vary by context or for specific populations?
23 I'll prompt each of you to answer the question
24 starting with Dr. Jain.

1 DR. JAIN: My personal perspective
2 comes from leading provider groups, as well as
3 leading a managed care organization that serves
4 older adults with complex needs. I think that
5 kind of core need associated with care
6 coordination is connecting dots that are
7 otherwise disconnected for people. We have a
8 highly fragmented health care system, and the
9 role of care coordination has historically been
10 seen as an integrator or bridging function.

11 I think the most important kind of
12 deficiency in most models of care coordination
13 is a lack of a preexisting relationship with
14 the patient. My personal view is that we
15 introduce strangers to support patients at
16 times where they need strong relationships
17 rather than strangers to support them. And so
18 my approach, both at CareMore, as well as at
19 SCAN, has been in trying to proactively
20 identify patients who may need care
21 coordination in advance of them actually having
22 an acute need, try to build a strong
23 relationship with those patients in
24 anticipation of future needs such that that

1 relationship capital is available for patients
2 and families at a time when it is going to be
3 valuable for them.

4 I think in the absence of that, you
5 see care coordination can oftentimes almost
6 appear like an intrusion in the physician-
7 patient relationship as opposed to an important
8 adjunct. And so my personal view is that we
9 need to kind of emphasize the existence of care
10 coordination relationships and anticipation of
11 them being needed as opposed to injecting them
12 at an acute moment in a patient's life.

13 CHAIR BAILLET: Thank you. Robin?

14 DR. NEWHOUSE: Yeah, the importance
15 of care coordination is to understand the needs
16 and the goals of people, their health goals,
17 their family or the community, and to improve
18 outcomes that are important and they care about
19 in a patient-centered way, better health, lower
20 cost, lower utilization. So care coordination
21 is about optimizing health in ways that people
22 can make positive changes and become resilient,
23 healthier, and live the life and achieve the
24 goals that they intend to achieve. And thereby,

1 it avoids a misallocation of resources so
2 there's not those failures in some of our
3 processes of care. But the whole point is to
4 improve health and help people live the life
5 that they intend to live.

6 CHAIR BAILET: Thank you. Linda?

7 DR. ELAM: Well, I'd like to echo
8 the previous comments. And again, coming from a
9 Medicaid perspective and where we've had a long
10 history of managed care, capitated payments,
11 and value-added benefits and sharing risk as
12 appropriate with providers, it's clear that you
13 have to start with the person and what it is
14 they desire. Different populations, different
15 individuals, different contexts require
16 different approaches. But a whole-person lens
17 is a constant that should be involved.

18 I'd also add that determining
19 appropriate reimbursements is key. But that
20 payment itself is not enough to drive these
21 important connections. They have to be
22 intentionally developed and maintained.

23 And, you know (audio interference)
24 is clinical, but a huge part is non-clinical

1 for the populations that I've worked with. And
2 so connecting people not only to follow-up
3 appointments for making transitions between
4 care but also assuring that they have access to
5 support such as housing, food, and other
6 elements that help them achieve optimal health
7 is really important. I think the last thing
8 I'll say is that IT is another thing that's
9 hugely important but is not sufficient to
10 really drive success. You have to have that
11 personal touch as was discussed earlier.

12 CHAIR BAILET: Thank you, Linda.
13 Catherine?

14 MS. OLEXA-MEADORS: Yes, so on this
15 part, I think from my personal experience, it's
16 been interesting to work across different parts
17 of the ecosystem. And I really think it's
18 important to bring out a point here around a
19 very different view of who the care
20 coordinators should be for which patient at any
21 given time. And I think Sachin brings up an
22 amazing point around it has to be a
23 relationship, right?

24 But what relationships and with whom

1 and for how long and for which patient is
2 always the question. And the last question
3 which this Committee is considering is, how do
4 you pay for it? How do you get the right money
5 to the right folks at the right time to
6 actually perform these functions? And you may
7 get a slightly skewed view from me as someone
8 who is now really committed to this concept
9 that the primary care practice is that entity
10 and is that unit that needs to behave as the
11 care coordinator and the quarterback for these
12 patients.

13 And when we think about the for
14 whom, they certainly shouldn't be performing
15 the care navigation functions that were
16 mentioned for everyone. I was using an example
17 yesterday about my recent pregnancy. I had my
18 first child last year, and my insurance plan
19 offered me a care navigator for my pregnancy,
20 which was great.

21 But I didn't need it. I was someone
22 who could manage all my appointments. I was
23 someone who could really get it, and I knew
24 what my -- I had a great relationship with my

1 physician. And all of those things were taken
2 care of, and yet I was offered this care
3 navigation service.

4 So I think it's really important for
5 us to understand who should own this care
6 coordination relationship. Which patients and
7 which times in their lives need help and need
8 support on this and really come at it in a
9 unified way. So it was also mentioned
10 previously that we could have the possibility
11 of getting to maybe what I would think of as an
12 idyllic future state where all of the folks in
13 this ecosystem that we live in are
14 communicating via -- I don't know -- TigerText
15 or something.

16 And we're all just, like, totally on
17 the same page. And I'm not sure that that is
18 something that's within our reach, certainly
19 not in the current state. And we certainly saw
20 how that wasn't happening through the pandemic,
21 right? And I think everyone is well
22 intentioned. But having an anchor of where we
23 can focus this care coordination work, which is
24 the primary care practice, has to be something

1 that I think has to underline our common
2 framework around how care coordination should
3 work.

4 And I think really when you think
5 about that, there's two components, right. What
6 can the primary care practice accomplish on
7 their own, and how do we make sure they're
8 resourced to accomplish that? And what do they
9 need to bring in to bear to support patients,
10 similar to some of the work that Sachin had
11 done in the past related to CareMore or Aspire,
12 the more deep, complex care management that the
13 standard primary care practice isn't positioned
14 to deliver.

15 So those would be my three points,
16 thinking about the primary care practice as the
17 quarterback and how do we set them up to be
18 successful and not come at the patient from the
19 payer and the hospital and all different types
20 of care coordinators at different points in
21 their life with no quarterback? And then how do
22 we make sure that the primary care practice can
23 pay for that? And how do we make sure that they
24 are able to bring in other services as needed

1 and as appropriate and frankly from a financial
2 model perspective are incentivized to do so?

3 CHAIR BAILET: Thank you, Catherine.
4 Bill?

5 DR. GOLDEN: Yeah, thank you. I'm
6 going to step back to about 50,000 feet and
7 talk about the need to really redefine what
8 health care is all about. Back in 2012, when we
9 launched the first episodes of care for total
10 health, what we began to tell the provider
11 community is that you're not paying for an
12 event, i.e., a surgery. You want to pay for a
13 patient journey.

14 And by creating the episode of care,
15 that in itself drove care coordination because
16 suddenly the orthopedic surgeon was interested
17 in, what does post-surgery rehab look like?
18 Where does it happen? What is the pre-surgical
19 education of a patient to prepare them for the
20 rehab?

21 So by switching to the patient
22 journey rather than the surgery as the core
23 function of the payment, people began to
24 rethink what their product was. Likewise,

1 primary care, they are many times stuck with
2 the visit orientation because of their
3 overhang. And so we told people when we
4 launched the Medical Home program in 2014 that
5 they are not being paid for visits. They're
6 being paid to manage a panel.

7 And when I chaired the LAN's²³ panel
8 on primary care payment, there was universal
9 agreement that we need to change payments to
10 tell people that they are managing panels and
11 not visits. And when you do that, that begins
12 to change culture and begin getting people to
13 think what do we do, what kind of services do
14 we need to manage a panel? And I can tell you
15 later on, I'll talk about metrics that you need
16 because you first have to identify what's
17 important.

18 CHAIR BAILET: Thank you, Bill.
19 Sandra?

20 DR. WILKNISS: Hi, yes. It's always
21 a challenge to bat cleanup here and to say
22 something new and different. But what I would
23 like to underscore that I think has already

23 Learning and Action Network's

1 been touched on is really that the purpose of
2 care coordination when done well is to meet the
3 needs of the person as holistically as possible
4 and prioritize that person's goals. And I love
5 the quarterback analogy, and I see the value of
6 those kinds of models.

7 And what I would add to that is that
8 the person served should be part of the
9 coaching team, right? We're really in a space
10 where we can move to a shared decision-making
11 kind of approach when we think about how to
12 inform not only what services are offered but
13 the care coordination aspects of those. The
14 care coordination approach should be laser-
15 focused on that holistic set of needs for that
16 individual, including his or her own stated
17 goals.

18 It allows us an opportunity when
19 done well to really centralize care
20 coordination to step back and remind ourselves
21 that the majority of health outcomes are not
22 clinical - clinically based, right? They're
23 determinants of health, and we can get into the
24 details of what those are. And I'm sure we will

1 later.

2 But a small sliver of what
3 determines health is in the clinical setting.
4 So stepping back and reminding ourselves of
5 that really can inform a high-quality care
6 coordination approach. And I would say that
7 that means the value proposition in health
8 hinges on doing that successfully across health
9 care, behavioral health, determinants of health
10 settings, including food security, housing.
11 We've talked about this already, environmental
12 factors.

13 But also things like wealth and
14 social capital are really key determinants of
15 health outcomes for people and should be
16 thought of in the care coordination approach.
17 And I know we'll get into metrics later. Bill
18 just mentioned that.

19 But I would say that if the goal is
20 improving someone's quality of life, working
21 back from that then determines what the care
22 coordination looks like. And it really makes a
23 strong case to move away from fee-for-service
24 to Alternative Payment Models that allow that

1 flexibility, allow that type of coordination
2 across different provider types and that
3 communication. And that's what patients want,
4 and that's what providers want to get back to.
5 That's why they got in the business. So those
6 were just some reflections based on what others
7 have said.

8 CHAIR BAILET: Thank you, Sandra.
9 Laura?

10 DR. GOTTLIEB: Yes, it's either
11 really hard to bat cleanup or it's a lot
12 easier. I'm not sure. I don't know whether
13 there's better or worse. But I certainly don't
14 think that we need to rehash what the role of
15 care coordination is or why it's important.

16 What I think I'll do is just layer
17 on the social determinants frame which I think
18 a lot of people have already alluded to. So we
19 did some work with the National Academy of
20 Medicine that I think kind of helps to frame a
21 lot of the interventions that people have
22 pointed to. And I think it offers kind of a
23 useful organizing framework for really
24 categorizing the different types of care

1 coordination activities that are critical.

2 So one of those is -- the National
3 Academy referred to as awareness. You just
4 can't coordinate if you don't know what you're
5 coordinating or what the patient's real needs
6 are, and so this need for social risk screening
7 and some consensus around what are we screening
8 for is really critical. And then second, the
9 Committee moved into a whole slew of
10 interventions.

11 I shouldn't say a slew, four
12 categories of interventions, both very patient
13 directed and clinical care directed and then
14 some very community directed, which others have
15 kind of highlighted that you also need
16 interventions that are changing community level
17 circumstances. But the patient directed ones,
18 it's kind of the capacity of whatever clinical
19 setting, whether it's primary care as Catherine
20 is highlighting or an emergency room setting,
21 to bridge health, medical, and social services
22 has really been lacking.

23 We lack shared data. We lack shared
24 data governance. We don't have the technology

1 systems in place. We don't have the ethical
2 guardrails for how we share data, et cetera.
3 There's a lot of work that we need to do that's
4 focused on assistance, on just doing that
5 bridging between medical and social care. And
6 then the third category that I think is really
7 relevant here is that we can use social risk
8 data that we collect to really change the care
9 that we are providing that is really medical
10 care.

11 It's not just, like, bridging to
12 external services but to improve the care that
13 we are providing, more cost thoughtful or cost
14 conscious prescribing, providing telemedicine
15 services but making sure people have digital or
16 broadband access. Like, there are just so many
17 things that we could be doing more thoughtfully
18 within the medical care wheelhouse. But all of
19 those require workforce and workforce training
20 that is very relationship-centered, technology,
21 cross-sector data sharing and governance, and
22 then I think ethical guardrails that we have
23 yet to develop. I'll leave it at that for now.

24 CHAIR BAILLET: Thank you. Sara?

1 MS. BARRY: Thank you. That was a
2 perfect segue because the way I think about
3 care coordination is really from a systems
4 perspective as a cross-community organization
5 kind of aggregator as an Accountable Care
6 Organization. So in Vermont, the way that we've
7 really deployed our program is thinking through
8 the lens of population health management.

9 And more specifically, our complex
10 care coordination program has really come
11 together as an organizing framework for us to
12 reduce fragmentation and to focus on increasing
13 person-centered and team-based care. It's
14 really critical, and I can't believe how often
15 I have to say this. But as an ACO, we don't
16 actually deliver care.

17 We provide care models. We provide
18 data on analytics. We help reform payment
19 structures to move deeper and deeper into
20 value-based care. And of course, that comes
21 with some tools and resources.

22 But it's really all about the health
23 care providers in our network who have those
24 established relationships, as previous

1 panelists have mentioned, and the work that we
2 can do at the systems level to help make the
3 providers' lives easier to help optimize that
4 care process and those outcomes. So in our care
5 coordination program, we've really worked to
6 align expectations across different provider
7 organization types. And that began by just
8 defining what is a common vision for person-
9 centered care.

10 And that took many, many months
11 longer than one might imagine. And we learned
12 from that, that across health care
13 organizations and across disciplines, people
14 did not use the same vocabulary. So we had to
15 back up and have conversations, what do you
16 mean when you say this or that? And in doing
17 so, we were able to create that foundation,
18 agree on and unify some tools, and ultimately
19 arrive at a singular tool, a shared care plan
20 tool that everyone agreed to use that is very
21 person-centered and really facilitates a
22 dialogue in conversation with an individual
23 about what their goals for their care are.

24 In that process, learned that

1 oftentimes as other panelists have mentioned,
2 those goals are more about how I live my life
3 every day than necessarily the clinical care.
4 It's, you know, I want to go to my grandchild's
5 graduation. I want to walk to the end of the
6 driveway to get my mail, whatever those things
7 may be.

8 I think in recognizing those stories
9 and anecdotes, it allowed our care team that is
10 founded in primary care but more holistic in
11 the sense that it integrates with home health
12 and our mental health care providers,
13 congregate housing, and others to really
14 identify themselves and their own expertise and
15 how they can add value as part of a broader
16 care team. So we really structured our
17 incentive programs in value-based care to
18 ensure that broader community care team has
19 resources and tools available to continue to
20 work on the education and resources to help
21 support and continually learn from that
22 process.

23 I did just want to reflect briefly
24 on the patient-centered medical home

1 perspective and say that as things go, we
2 foundationally believe that primary care is the
3 center upon which we create health and
4 wellness, as well as manage populations most
5 effectively. And so we are always trying to
6 balance investments in short-term
7 interventions, things that are condition- or
8 utilization-specific. We're really making sure
9 that we have a portfolio of upstream
10 investments in prevention and wellness.

11 And that part, that doesn't
12 materialize in dollars saved at the end of the
13 year necessarily. But we really think it's
14 critical to foundationally changing the way
15 health care is delivered. So with that, I will
16 say that the final advantage I see coming from
17 a collaborative ACO model is that we do have
18 the ability to integrate insights from clinical
19 care utilization claims data, social
20 determinants of health data to really get a
21 holistic picture of population health and then
22 to work with our providers to drill that down
23 to an individual's needs and how they can best
24 do that. Thank you.

1 CHAIR BAILET: Great. Thank you,
2 Sara. So that was our first section. There are
3 a total of four. The next one, as you know, is
4 COVID-19 brought unique challenges in
5 coordinating patients' care, with immediate
6 disruption of regular delivery of services and
7 quick expansion of telehealth.

8 Can you speak to the evolution of
9 care coordination, especially as it relates to
10 any lessons learned over the last year and a
11 half? And are there any specific lessons
12 connected to equity? And we'll go ahead and
13 start with you, Sara, then we'll go to Laura
14 and then Sachin. Thank you.

15 MS. BARRY: Thank you. So I'm going
16 to pick up right where I left off. And thinking
17 about OneCare as an ACO and a central convener
18 and organizer and health care providers and
19 working collaboratively with human services, I
20 really think that we have been able to take
21 advantage of health information technology.

22 An example of that is in April of
23 last year as we all started to have a better
24 understanding of the public health emergency,

1 we were able to use algorithms that we
2 developed based on a really best practice
3 nationally to identify vulnerable population
4 panels. And by mid-April, we had that out to
5 over 800 care coordinators statewide so that
6 they could reach out.

7 And we asked first that they conduct
8 care and safety phone calls, just check in so
9 we can see how people are doing with people
10 that we're already engaged with. But we also
11 talked within primary care practices about how
12 managers could do some of that outreach as
13 well. And we learned, I think immediately,
14 three key things.

15 First, social isolation was way
16 worse than any of us could have guessed. And in
17 a rural state to hear how quickly it ramped up
18 to become a significant problem was somewhat
19 astonishing to us. Second and very practically,
20 pharmacy refills were a challenge. And that was
21 something that people could operationalize
22 around pretty quickly.

23 And then beyond that, we were really
24 starting to think about how to use the health

1 services and to have conversations across not
2 only with our public payers but with private
3 payers as well about how we could create
4 flexibility. And then pretty quickly after we
5 got some of the flexibility for audio-only
6 calls and for some of the telehealth, we
7 actually realized as a rural state, we have
8 foundational problems with broadband access,
9 right? We have people that are in communities
10 that currently have no internet access and
11 probably won't for quite a while.

12 And so in that situation because we
13 have a community care team model, those
14 community teams were still coming together
15 virtually in a format that they already had
16 established. And they were reallocating kind of
17 roles. So if you're going to be on the road,
18 can you check in on this person for me? What
19 can we do to think creatively?

20 And in our congregate housing sites
21 as an example, they recognized that they could
22 really accelerate the uptake of telehealth by
23 creating -- buying some tablets and creating a
24 lending library for their housed individuals.

1 And they also realized they needed to provide
2 training and retraining and some support. That
3 turned into a very successful program. We've
4 talked about how to really sustain that in the
5 long term.

6 (Simultaneous speaking.)

7 CHAIR BAILLET: Thank you.

8 MS. BARRY: If I could just finish
9 one thought on the provider side that I think
10 will affect many of us for years to come, and
11 that is that beyond the rural nature of our
12 state, we have workforce challenges that are
13 growing exponentially. We have an aging
14 population. We have people that are burned out
15 and really don't have an idea about how to
16 recover from that. And from the ACO's
17 perspective, what we've been trying to do in
18 that space is really try to focus on core
19 satisfaction and where they feel they can
20 connect with individuals and get some of the
21 kind of energy and rejuvenation back, as well
22 as providing skills development training.

23 So finally, with health equity and
24 disparities, I think I just need to put a plug

1 in that we need more centralized data. We need
2 to better understand how the data that we have
3 available to us through health information
4 exchange, through claims and clinical
5 information, can really truly be aggregated and
6 used to identify a whole host of
7 vulnerabilities that then we can convene policy
8 makers around. And these will be things like
9 housing, investments in broadband and in
10 transportation, all big issues that would
11 increase the satisfaction of our citizens, as
12 well as our health care providers. Thank you.

13 CHAIR BAILET: Thank you, Sara.
14 Laura?

15 DR. GOTTLIEB: Yeah, so the question
16 is about what we saw change in the COVID-19
17 context that we could apply towards the future,
18 and then what are sort of some big equity
19 considerations, or as I heard the question. And
20 I would take Sara's amazing examples of what
21 they're doing in her region, and I would
22 generalize because this happened in a lot of
23 places.

24 So we saw an enormous wave of

1 innovation in response to this crazy tragedy
2 that we are still in the midst of going through
3 where house systems and many social service
4 systems in just this huge cross-sectoral
5 alignment really changed business as usual.
6 They overcame reluctance to do different tasks,
7 to wear different hats, and to work together to
8 get it done. And that's obviously a very
9 positive frame, but I'm going to run with it
10 for the moment. And then we can talk about all
11 the downsides or the negative frame too.

12 We saw suddenly that health care
13 systems who had been very resistant to
14 screening for housing instability or
15 homelessness suddenly were screening every
16 patient who walked in the door. What? Not only
17 did we see a change in the prevalence of
18 screening, but we also saw a change in what
19 they were screening for. So people started
20 screening as Sara mentioned for social
21 isolation and for digital or broadband access,
22 internet access.

23 And then we saw changes in using

1 that same NAM²⁴ framework, the national
2 framework that I mentioned. So that's kind of
3 the awareness. What were they screening for?
4 We saw changes in what they were willing to
5 assist with.

6 So we saw health care providers that
7 were expanding home-delivered meals or
8 providing temporary housing and doing
9 remarkable alignment to get that done. And then
10 on the adjustment side, we saw this tectonic
11 shift to telemedicine that was really -- if you
12 think about it as an adjustment, we adjusted
13 care based on the social needs of our
14 population. And of course, those all intersect,
15 right?

16 So you can't provide telemedicine
17 without also providing more -- maybe bigger
18 loaner programs. So we saw these smartphone
19 loaner programs that Sara was alluding to. We
20 saw other ways where people were paying maybe
21 for six months of broadband access to patients
22 or doing other remote monitoring.

24 National Academy of Medicine

1 So we saw these huge shifts. And now
2 I think it's incumbent on us to think about,
3 well, are we going to strengthen, sustain, and
4 scale those changes? Is that possible, and how
5 is it possible and for whom?

6 And that's where I think some of the
7 big equity questions come to play. And I
8 mentioned this in my prior comments that, what
9 are our ethical guardrails around this? How
10 are we sharing data?

11 Do patients have the ability to
12 consent to sharing -- to whether or not their
13 data is shared? Can they change their data?
14 If we're pulling data from big consumer data
15 warehouses, can they say, no, that's not right?
16 What does it mean if we're asking patients to
17 go -- who are experiencing housing instability
18 to go to housing facilities if it's pulling
19 them away from their families and maybe making
20 them more socially isolated?

21 I think there's some big questions
22 also about just the availability of these new
23 services or this sort of change in services or
24 strengthening services across the health care

1 sectors or settings that are, as a Kaiser
2 member, it was awesome when somebody walked me
3 through how to connect to my provider in a
4 virtual visit. But as a safety net provider,
5 San Francisco General Hospital, where we do not
6 have a single person who is going to help my
7 patient to figure out how to use the
8 technology, we haven't done a single video
9 visit.

10 So that kind of ethical dilemma that
11 we're facing in providing these new or socially
12 informed care models is really a problem. And I
13 don't think that we as a community of health
14 care stakeholders who really want to improve
15 patient care for everybody and address health
16 equity have really adequately grappled with
17 those questions.

18 CHAIR BAILET: Thank you, Laura.
19 Sachin?

20 DR. JAIN: Thanks. Yeah, I would say
21 there were two kinds of key areas of focus, one
22 of which was already touched upon, which is
23 loneliness and social isolation. One of the
24 things that we were able to do successfully was

1 actually leverage a group of our members who we
2 had already kind of had on staff as member
3 advocates to help people navigate their
4 benefits. We were able to leverage them to
5 actually provide outreach to people we believed
6 were at high risk for social isolation and
7 loneliness.

8 And the kind of impressive kind of
9 benefits we saw from that outreach form the
10 basis for our new Togetherness Program, which
11 is really focused on peer-to-peer outreach,
12 kind of leveraging seniors to actually help
13 seniors. So that's been kind of a key learning
14 coming out of the pandemic. And again, I think
15 having a peer help you navigate the health care
16 system was, I think, in many ways seen as
17 superior because there was a higher degree of
18 empathy expressed by individuals who are
19 experiencing very similar challenges, and I
20 think that was an important learning for us.

21 I think the second was in advance of
22 the pandemic, we introduced a new benefit
23 called our HEALTHtech benefit which was really,
24 in shorthand, geek squad for individuals who

1 are using technology to access health care. And
2 that turned out to be a very important benefit
3 for our members as they increasingly leveraged
4 technology to access health care. We saw
5 utilization kind of far exceeding our
6 expectation and really recognized the
7 individual needs that people have to get that
8 added level of support around how they could
9 use technology to access care.

10 A brief anecdote: we expect that
11 people have all the things in place to do these
12 things. But many of our -- one of our members
13 didn't even know how to set up an email
14 account. And so -- which is oftentimes a
15 precursor to actually using a HEALTHtech
16 benefit -- using a telemedicine benefit. And so
17 we were able to use our HEALTHtech benefit for
18 that member to actually get them the support
19 that they needed to hand-hold them to actually
20 set up the email account.

21 And so again, I think when we think
22 holistically about care coordination in this
23 new world where telemedicine is going to be
24 increasingly important mode of delivery, we

1 have to think about putting the supports in
2 place that are going to actually enable people
3 to get the kind of care that we think they can
4 access readily. But in fact, oftentimes, there
5 are unexpected barriers to actually accessing
6 care. So something that we're, I think -- some
7 learnings that we're going to definitely carry
8 forward in the post COVID-19 era.

9 CHAIR BAILET: Of course I'm on
10 mute. I was saying I'd like to open up this
11 section to the other panelists that may have a
12 point of view on this particular topic. If you
13 want to raise your hand, we'll try and identify
14 you. Looks like Sandra has got her hand up.

15 DR. WILKNISS: Yeah, great. And I'll
16 be brief. Thank you. I just wanted to add that
17 along with the social isolation which is so
18 devastating, of course, we've also seen a major
19 uptake in anxiety, depression, substance
20 misuse, especially among young people. It's
21 really an opportunity and necessity that we
22 intervene there. And I think as we think about
23 care coordination, that's got to be a major
24 focus.

1 Telehealth has played a vital role
2 in creating access to that and audio-only
3 opportunities in places with less access to
4 broadband. And it's popped up in really
5 important places. Like, I've learned that
6 crisis response providers have found that
7 telehealth options are really valuable in
8 staying connected with people who need those
9 services. And I think that's a real opportunity
10 across systems to really make some connection
11 there to serve those folks.

12 Just two other quick points, in
13 terms of workforce and the workforce burnout
14 which is also just devastating, there are
15 workforce extenders, if you will. It's not the
16 best way to say it, but people who provide peer
17 support services, community health workers,
18 caregivers who are really filling those gaps
19 and can be important contributors to really
20 care. And the last thing I'll say about equity
21 is, for us, the testing and vaccine
22 distribution approaches and data around that
23 have really brought into full relief the
24 ongoing disparities, especially around -- in

1 communities of color.

2 I mean, it's just a tragedy how
3 different access is in those communities. And
4 it's not just based on hesitancy, which is
5 sometimes in the media. And I think along with
6 data and effectively gathering data by race and
7 ethnicity and disaggregating those, we can't
8 wait. We know roughly where some of these needs
9 are, and I think just need to jump in right
10 now.

11 CHAIR BAILET: Thank you, Sandra. We
12 have Linda and then Catherine.

13 DR. ELAM: Thanks. And I just want
14 to underscore that obviously telemedicine has
15 been hugely important during the pandemic. But
16 we've also seen how there are disparities in
17 provider ability to engage in telehealth
18 activities as well. So beyond just what that
19 means for providers in the system, it also has
20 a downstream effect on the populations that
21 they historically serve as well. So I just
22 wanted to make sure that element of the
23 telehealth conversation was lifted up because
24 it does have the potential to further

1 exacerbate disparities in the system.

2 CHAIR BAILET: Thank you, Linda.
3 Catherine?

4 MS. OLEXA-MEADORS: Linda, thank you
5 for saying that because I think it kind of
6 segues nicely into the point that I'd like to
7 underscore, which is that I think even at
8 Aledade as a convener of primary care
9 physicians in MSSP shared savings programs and
10 ACOs across the country, I think we had not
11 fully realized the fragility at times of the
12 financial situation of some of these practices.
13 And when patients stopped walking in the door
14 last March and everyone had to stay home, there
15 were really two major problems. One, there was
16 no money coming in to the practice. And two,
17 they didn't even know who needed help out in
18 the community and which of their patients they
19 needed to reach out to.

20 And this was an incredible
21 opportunity for us at Aledade because we do
22 serve, as Sara was mentioning, as sort of the
23 infrastructure for them to, in this case,
24 actually get access to a telehealth platform.

1 We were in a sprint to stand up over 400
2 clinics in a two-week time box on a telehealth
3 platform that we procured for them because
4 maybe only about one percent of our practices
5 even had access to a telehealth platform prior
6 to that. But we also use the analytics power
7 that we have as the ACO sort of enabler to
8 service the patients that we knew from the
9 literature, that was still emerging at the
10 time, which patients were most at risk frankly
11 for mortality.

12 And we said we know you're
13 struggling on staffing. You've got people who
14 aren't coming into work. What can people do
15 from home? Well, they can call this list of
16 patients, and we gave them a protocol to help
17 understand.

18 And to the earlier points that were
19 made around social screening, that's really
20 what it was. Do you have food? Do you
21 understand the risks? Do you understand how to
22 stay home? And we called it the Stay Well at
23 Home initiative.

24 And so I think that the critical

1 point for us, and I hope for this group as well
2 as we consider funding for care coordination
3 programs and Alternative Payment Models, is
4 really to say, what have we learned about
5 what's absolutely necessary to do this work in
6 an emergency, because those same things that
7 are necessary in the emergency are necessary
8 every day for these practices. And I think
9 focusing on the ability of primary care to not
10 be dependent on that fee-for-service patient
11 walking in my door today and having a 15-minute
12 encounter is absolutely critical to our success
13 in care coordination and frankly in Alternative
14 Payment Models in general. So it's been hugely
15 eye-opening for us as sort of thinking about
16 shoring up the base of the financial stability
17 of primary care, as well as making sure they
18 have the data and tools they need to do their
19 job.

20 CHAIR BAILET: Thank you, Catherine.
21 I know Bill has a comment as well.

22 DR. GOLDEN: Just to follow up on
23 the last comments, Medicaid is not a big payer,
24 if you will, in terms of dollars. But we've had

1 many practices, pediatrics, and so forth, tell
2 us how important alternative payment PMPMs²⁵
3 have been to keep their doors open during COVID
4 because a dependent -- as I said earlier, the
5 overhead overhang can be very, very damaging to
6 these practices. And shift to more up front
7 dollars with less reliance on visit fees and
8 bricks and mortar visits was critical. And we'd
9 like to see more shift of that in the future.

10 CHAIR BAILET: Thank you. I'd like
11 to just reach out to the PTAC community members
12 if they have any questions for the panelists at
13 this point and before we move into the third or
14 fourth sections. I have one, but I'll look to
15 see if others want to go first. All right. I
16 don't see any hands fluttering.

25 Per member per months

1 So we've talked about burnout a
2 couple of times so far. The panelists have
3 raised it. And there's a study that shows that
4 pre-COVID, about half of the providers,
5 physicians, and clinicians were either
6 significantly disappointed or burned out. Post-
7 COVID now that number has gone up to about 60,
8 6-0, percent are either financially,
9 physically, or emotionally depleted.

10 And one of the things that is
11 driving them under water, if you will, is
12 obviously the burden of practice and the
13 administrative requirements. And care clinician
14 as we've just -- as we're talking about is so
15 vital to driving high-quality outcomes. But on
16 the other hand, you can imagine if it's forced,
17 if you don't have the infrastructure, if you
18 don't have the template and how to do it, it
19 can be seen as yet another burden.

20 And so what I would ask, I know
21 Catherine with Aledade, you're sort of at the
22 elbow with the practices helping enable them
23 with care coordination and what they need to
24 focus on in the moment. But I really would like

1 to open it up to you, Catherine, and others to
2 talk about what have you seen as best practices
3 that really make care coordination part of the
4 fabric of care delivery and without it becoming
5 overly burdensome to the provider community?
6 Thank you.

7 MS. OLEXA-MEADORS: I'm so glad
8 we're going to talk about this because it's
9 certainly on the forefront of our practices'
10 minds. And some of that has resulted from just
11 the busyness and the emergency response mode
12 that folks have been in for 15 months, as well
13 as the financial burdens that have been on
14 folks and wondering if they're going to be able
15 to pay their staff, et cetera. In terms of
16 implementation of care coordination activities,
17 I couldn't agree more, that it can feel onerous
18 and cumbersome and how do we get there. What's
19 the road map?

20 And the first question is always,
21 who's going to pay for my staff -- hiring
22 staff, right, because I think -- and we work
23 with practices across the spectrum, all the way
24 from the small solo practitioner in Arkansas to

1 the large multisite community health center in
2 New York City. And I think the answer on
3 implementation and making care coordination the
4 grease on the wheels instead of the friction,
5 kind of to your point, Jeff, is we have to, A,
6 have the resources in place, which means there
7 has to be funding for those resources. But I
8 think it's also important to remember that if
9 we put a lot of requirements and enablement,
10 what we think of as enablement criteria around
11 the payment model, it does become onerous.

12 So the way we have seen it work and
13 if you read Brad Smith's recent review of the
14 CMMI program over the last decade, he talked
15 about Comprehensive Primary Care Plus. And
16 unfortunately, that program which paid for care
17 coordinators in primary care space effectively
18 upfront money and had sort of these enablement
19 requirements that you have to check these boxes
20 to get your check, that alone did not work.

21 It ended up costing the system more
22 than it saved. And the one bright spot there
23 was that the practices who were participating
24 in CPC+ and MSSP, so really more of the

1 financial alignment model versus the enablement
2 model, they actually did succeed at a much
3 higher level. So allowing the practice to
4 participate in a model that financially aligns
5 them to the goal, the outcome and not only on
6 the process we think is so key because when you
7 look at this spectrum of practices, reducing
8 burnout is going to look different in each
9 segment.

10 And ensuring that they have the
11 right tools and staff and process is going to
12 look different. So really thinking through
13 that, how do we make care coordination the
14 thing that takes something off a physician's
15 plate, a provider's plate, how do we make it
16 hum in terms of the support system and the
17 support structure for the physician I think is
18 really a key to success in reducing burnout.

19 CHAIR BAILET: Thank you, Catherine.
20 Laura and then Bill had a comment to my
21 question.

22 DR. GOTTLIEB: Yeah, Catherine
23 highlighted some of the points I wanted to
24 make. So I'll do a slightly different tack

1 which is just to really underscore how
2 important the social determinants component to
3 this is. So we did a study across I think 500
4 different health care providers in the San
5 Francisco Bay area.

6 We saw this tremendous correlation
7 between the capacity of the organization to
8 identify and address social adversity and
9 provider burnout. And then the American Academy
10 of Family Physicians replicated that survey in
11 a recertification process that they had and
12 found the exact same thing. So the ability of
13 the process to identify and intervene on social
14 adversity is highly correlated with provider
15 burnout. I just -- I can't emphasize that
16 enough because we think about all the other
17 dimensions of burnout, the EHR and the payment
18 problems and the keeping your staff and
19 retaining your staff.

20 And there's so many pieces that we
21 have to add to that mix of capacity to really
22 provide whole person care which providers
23 recognize is really critical. Clinicians
24 recognize it's so critical to effective high-

1 quality care. And then the second piece that I
2 think is really important here is the workforce
3 point that Catherine made. And I'll just
4 briefly say that I think while we recognize
5 that the social adversity-related intervention
6 are really important at the organizational
7 level, it can't fall to the advanced practice
8 clinicians to do that work.

9 And again and again, we see people
10 who are more satisfied with their social care
11 programs who have community health workers,
12 other patient navigators, or the availability
13 of staff who really are able to develop
14 relationships, know the community resources
15 better. And it's not so much the technology
16 that makes the big difference there. It's the
17 staff and staff training that really makes a
18 big difference.

19 CHAIR BAILET: Thank you, Laura.
20 Bill?

21 DR. GOLDEN: Yeah, Arkansas Medicaid
22 is not managed care. But we have invested a lot
23 of money in providing data feeds to our
24 practices to help them understand what they're

1 managing, as well as working with our health
2 information exchange and also provider
3 networks, phone calls so people can model with
4 each other. Catherine mentioned the CMMI
5 article that was here about the costs.

6 And I think there's a flaw in that
7 article and that thinking because fundamentally
8 as we get into medical homes and the
9 investments, it's a different product. You're
10 paying for -- you're not paying for visits
11 anymore. You're paying for a panel management
12 which is a different cultural product. It's
13 going to cost more. And when you say you're
14 paying more for that product, it's really a
15 product that's more consistent with the new
16 National Academy of Sciences report of what
17 primary care could and should be and how you
18 pay for it.

19 CHAIR BAILET: Thank you, Bill.
20 We've got 30 minutes left. We're going to move
21 into the next section which is really getting
22 around getting your thoughts on opportunities,
23 best practices, and facilitators that you see
24 for implementing and evaluating -- evaluating

1 care coordination activities broadly, including
2 any specific delivery models, payment
3 mechanisms, and performance measures that have
4 proven to be most effective. I'll go ahead and
5 ask Bill to start, then we'll hear from Robin
6 and then Catherine. Thank you.

7 DR. GOLDEN: Thank you. So we have
8 been on this journey for a while. And we have
9 used metrics different ways. One is, what is
10 the structural aspects of the practice
11 environment? A second one are quality metrics
12 that we use as a toll booth you have to pass in
13 order to qualify for bonuses and then bonus
14 money.

15 So you can use metrics in different
16 ways. And when we started with PMPMs to rural
17 primary care practices, we said, first of all,
18 no more answering machines at night. We have to
19 have 24/7 live voice access. If you can't reach
20 your doctor, you can't coordinate care.

21 And within a year, we got rid of
22 answering machines in the state of Arkansas,
23 which may not sound like a big deal, but that's
24 a pretty big deal. We also began to demand that

1 their notes look a certain way and that they
2 identify high-priority beneficiaries. Do they
3 have a problem list? Did they address the
4 problem list?

5 The quality of the patient care
6 notes was frankly awful. And I suggest you can
7 go out to a lot of primary care practices in
8 the country, it'll be similar. One of the
9 biggest failures that these notes had, it was
10 no statement about when the patient had to come
11 back. Well, how do you manage diabetes, how do
12 you manage asthma if there are no return visits
13 set up? You can't do it.

14 So we began to change the
15 expectations, and that was a long journey. It
16 took three years to get people to realize that
17 their fundamental notes that they had to do and
18 the metrics put in place were critical in order
19 to coordinate care because you can't coordinate
20 care that you don't know needs coordinating. Or
21 you don't -- when you see the notes, what's the
22 patient's expectations and needs?

23 So those are the kinds of things
24 we've been doing. And frankly, that when we

1 start putting those expectations in the
2 structural aspects of what we've built, it
3 starts changing how people get assigned duties
4 in the office. It starts to empower the nurses
5 differently from the physicians.

6 And we had a practice in South
7 Arkansas, in El Dorado, Arkansas, that become
8 the poster child for CMS about what can happen
9 in rural sites because they redesigned their
10 practice with color-coded care teams, with
11 nurse practitioners and physicians and care
12 coordinators, team together in different
13 colored scrubs. It totally transformed the
14 product they delivered in there. And it also
15 resulted in them being able to recruit people
16 to work in their practice as opposed to
17 desperately trying to find people to come to
18 their town. So I'll stop.

19 CHAIR BAILET: Thanks, Bill.

20 DR. NEWHOUSE: And I'll talk more
21 about the implementation part of this question.
22 And I think this is just such an important area
23 because we have many models that we know work
24 that are efficient and effective. The American

1 Academy of Nursing, for example, has close to
2 20 care coordination models that already
3 demonstrate both cost effectiveness and
4 efficacy for implementation. Now we're talking
5 about this as if care coordination was one
6 thing or one intervention, and I'll come back
7 to that before I finish.

8 But how do we get these models into
9 practice would be what I'd like to address. And
10 I think the first step is, number one, making
11 sure we think about this in terms of a
12 diffusion of innovation. So there are lots of
13 models that help health systems implement
14 evidence-based practices and just like care
15 coordination, where we start with the
16 antecedents.

17 We get the organization ready. We
18 work on implementation strategies, et cetera.
19 And we have both clinical, administrative
20 patient outcomes that are associated.

21 Certainly, there are interactions
22 with broader kinds of things like the
23 resources, available change agency, et cetera.
24 But also there's something about the active

1 strategies that we use for implementation. So I
2 think thinking systematically about how to get
3 these and spread in your practice would be
4 fantastic.

5 You probably are familiar with Mary
6 Naylor's transitional care model, and there are
7 many more like that, that could be spread very
8 easily. We in Indiana, we had a very innovative
9 position. Krista Brucker, who started a project
10 point when patients came to the emergency room
11 that encountered an -- that had an overdose
12 from narcotics or opioids where they're paired
13 with a peer recovery coach to transition them
14 into the community.

15 That was incredibly effective with
16 getting people into treatment. So I just -- I
17 could go on and on about the number of models
18 that we could spread. But the implementation
19 strategies are sort of one of these things that
20 are in a black box for clinicians, that we have
21 to make it easier for them to use and not more
22 difficult for them to use.

23 So creating a structured approach is
24 important, as well as providing tool kits. So

1 those that are developing these interventions
2 have to help clinicians know, how can I use
3 them and what are the essential parts of this
4 intervention and what are the points that I can
5 adapt or change, because contextually, I have
6 some difference in my practice setting. So
7 creating tool kits would be, I think, another
8 strategy.

9 In addition to introducing the
10 implementation strategies, for example, the
11 expert recommendations for implementing change,
12 AHRQ strategies. So when we do a study with
13 health systems, we provide this tool kit with
14 these strategies and help people understand how
15 to use or tailor the way we implement to their
16 own practice and their own context which, by
17 the way, context does affect our effectiveness
18 of care coordination. So I think certainly in
19 describing what the components of the care
20 coordination are, are another very important
21 part of this because as a complex intervention,
22 there are many moving parts.

23 And sometimes these parts are
24 independent and sometimes they're

1 interdependent. So understanding what parts of
2 this care coordination are important are
3 something that we need to do as investigations
4 that would develop these care coordination
5 models. But it has to be clear what that causal
6 link is from that function to the outcome.

7 So we have to spend some time
8 thinking about that. And when we implement the
9 care coordination models, there should be an
10 evaluation plan that corresponds as well to
11 describe this process evaluation so that we can
12 learn from each other. And oh, by the way, the
13 outcomes that we select should also be
14 included.

15 The other thing about
16 implementation, I think the functions of care
17 coordination that we talk about of the model,
18 the AHRQ model, these are things that we do as
19 clinicians. And this whole issue around the
20 methods of patient engagement and how we engage
21 people in setting their personal goals and the
22 family is incredibly important. There's the
23 work that PCORI did, the Patient-Centered
24 Outcomes Research Institute did early about

1 what is patient engagement and how do we engage
2 patients.

3 And that's in terms of comparative
4 effectiveness research, not implementing into
5 practice. But I say this because there's a way
6 one engages, and there are many, many different
7 strategies. We learn to -- we have to learn to
8 engage well, understand those personal
9 preferences, values, beliefs, and goals,
10 because they are central to our ability to
11 achieve the goals that people want to achieve.

12 And then their goals are usually
13 tied to our goals. We might talk about them in
14 a different way. But I think that's absolutely
15 foundational to the ability for us to translate
16 these models.

17 CHAIR BAILET: Thank you, Robin.
18 Catherine, please?

19 MS. OLEXA-MEADORS: Thank you. I
20 really appreciated Robin's comments on
21 implementation. And I think the comments I'd
22 like to make are really going to be focused on,
23 how have we organized primary care practices
24 holistically to achieve success in the shared

1 savings programs that they are a part of?

2 And when I think about care
3 coordination, I think one of the challenges we
4 have with the payment model for folks who are
5 not in shared savings programs is that it
6 really does silo the care coordination or the
7 care management activities. And we have maybe -
8 - maybe an overly casual phrase that I'll share
9 with you all here. You don't want a care
10 manager in a corner working alone, calling
11 patients for 20 minutes a month, trying to bill
12 CCM²⁶ codes or RPM²⁷ codes or whatever he or she
13 thinks are the right interventions to perform
14 for the patients.

15 And you don't want Provider A
16 saying, I'm going to send you over to Sandra's
17 desk and she's going to really work with you
18 here, without having some of those really
19 actually integrated approaches for the care
20 team. And so when I think about how we
21 incentivize our practices, and I would never
22 come to this panel and tell you, we figured out

26 Chronic care management

27 Remote patient monitoring

1 the recipe card for care coordination, because
2 we are just frankly after seven years, I would
3 call us sort of at the beginning of our journey
4 on this. And last year was an incredible eye
5 opening thing around care coordination with
6 telehealth appointments and doing many of the
7 things others talked about there.

8 But really if you can align the
9 physician around the outcome metric that you're
10 trying to achieve, right? So there's the idea
11 of implementation of required elements like
12 Bill was talking about. There's the
13 implementation of a specific care coordination
14 model that Robin was talking about.

15 But I think the truth is if we peel
16 back the layers and we really think about the
17 people in these practices across this country,
18 they are tired. They are overwhelmed. They are
19 booked from morning to night. They've tried 10
20 different things. They've tried 10 different
21 technologies, and they just can't see their way
22 through it.

23 And so putting a whole bunch of new
24 requirements on them or quality measures on

1 them is not going to get us what we're hoping
2 for here. And so if we can start to align
3 around as we are currently doing in our ACO
4 programs, like, how do we have the funds flow
5 to the practice based on the outcomes that
6 they're able to achieve? And then they're
7 going to be looking for the recipe card.

8 So instead of saying, here's the
9 recipe card, implement this, we're saying,
10 here's the outcome that has the dollars
11 attached to it, whether it's a percent of
12 transitional care management visits and 30-day
13 episodes that have been initiated and completed
14 for patients who've come out of a hospital. Or
15 if it's the number of formerly severe
16 hypertensive patients who are now controlled,
17 right, because they've had their appropriate
18 follow-up protocols. The practices then come to
19 us and say, well, tell us how to get there.

20 Give us the ADT²⁸ data that we need
21 to know when patients are coming out of the
22 hospital. Give us the protocol so that we can
23 implement it across our care team to make sure

28 Admission, discharge, transfer

1 that those patients who have that 160 over 100
2 blood pressure actually do come back in the
3 next two weeks and we don't just say we have a
4 protocol, right? We're actually working
5 together because we're all aligned.

6 So I think really focusing folks on
7 the one thing that is existential, which is
8 their finances, their funding for the community
9 health centers, it's a slightly different
10 perspective than the private practice. But they
11 still are relying on their grant money, their
12 funding. And then saying, how do we work
13 backwards from that to actually implement
14 programs that work across the care team and not
15 have the care manager in the corner making 20-
16 minute-a-month phone calls?

17 We're not going to make progress
18 until we can get there. So I'll report back.
19 But that is the journey we are currently on.

20 CHAIR BAILET: Thank you, Catherine.
21 And I want to open it up to other panelists.
22 And I know Sachin has a comment he would like
23 to make.

24 DR. JAIN: I want to just plus one

1 in bold and underlined, Catherine's sentiment
2 around kind of having sometimes the wrong
3 people reaching out to patients. One of my
4 observations with this work is we oftentimes
5 have kind of the least experienced people in
6 the health care system kind of levered to
7 actually work with the most complex and
8 difficult to manage patients. And we have this
9 workforce problem where I think we're
10 constantly trying to lower costs by lowering
11 the skills level of the individual performing
12 tasks.

13 And in fact, the population that
14 needs care coordination actually requires a
15 combination of medical, social, psychological
16 kind of management oftentimes which is outside
17 of the scope of the people who are actually
18 performing the front line work. And so you do
19 have oftentimes largely unsupervised, kind of
20 lower level health care workforce interacting
21 with kind of some of the most complicated and
22 complex patients who are oftentimes looking for
23 answers that the person on the other end of the
24 phone or the other end of the interaction are

1 unable to deliver. And so this question around
2 who is the right kind of care coordination
3 workforce is really important.

4 I know Catherine's perspective is
5 that it needs to be kind of driven out of the
6 primary care physician. I couldn't agree more.
7 At the same time, I think if there's a notion
8 around supervision models for people who are
9 doing this work because in practice, they are
10 largely unsupervised, doing the very best they
11 can as opposed to operating within a framework
12 that produces robust outcomes.

13 And so that's why I think the data
14 on care coordination has always been as mixed
15 as it has been. I don't think we've actually --
16 I don't think it's a bad concept. But I think
17 ultimately the workforce that we put in place
18 to do it is often underpowered to do the work
19 that we actually ask them to do, and I think it
20 creates more cycles, not less.

21 CHAIR BAILET: Thank you, Sachin.
22 Laura?

23 DR. GOTTLIEB: Sorry. It was a
24 little hard to get off mute there. Just I

1 wanted -- all of these points I feel like are
2 so critical. I want to lift up also Robin's --
3 one of Robin's first points.

4 So she talked about -- I would
5 categorize them as effectiveness research and
6 implementation research. And I think we -- she
7 pointed out that we do have a fair amount of
8 effectiveness research. I think -- and that we
9 really need to push on the implementation
10 research lever.

11 I think we need to push on both, and
12 I'll explain why. I think, Robin, this is not
13 to disagree with you. I think you were saying
14 both, but you only talked about implementation
15 research.

16 But I think what we've seen in the
17 care coordination literature is the kitchen
18 sink. So the kitchen sink works. And I don't
19 know that the kitchen sink is feasible for the
20 health care system to sustain and apply
21 universally. And I think we've heard that in
22 other people's comments.

23 And so we think that social,
24 medical, and behavioral interventions are all

1 really important. But we need to know which are
2 the interventions that are most effective for
3 which populations and then how do you put
4 effective interventions into practice. And then
5 I just want to thread the needle there to build
6 comments about measure development.

7 We have now had a chance to talk
8 with I think almost 15 state Medicaid agencies.
9 And I know NORC²⁹ has done some great work with
10 state Medicaid agencies, trying to understand
11 how they are approaching measure development
12 around care coordination. And for our work
13 specifically, it's been around measures related
14 to social determinants.

15 And I just want to underscore that
16 what we're hearing from state Medicaid agencies
17 is this very phased approach around -- I'm
18 going to put it in terms of the Donabedian
19 model which I know not everybody thinks it's
20 perfect. But that we need measures that are
21 going to walk people through how to do this.
22 And that means structural measures, just like,
23 do you have the capacity to do this?

29 NORC at the University of Chicago

1 Do you have workforce -- a workforce
2 that can do -- provide social care? Do you
3 have a technology system that can connect
4 medical and social care providers and have
5 closed-loop referrals? And then there are the
6 process measures.

7 Then we're going to hold people
8 accountable for how much do they use those
9 systems. How many patients or which patients?
10 I may need to figure out which is the right
11 target population, and then we move on to the
12 impact and outcomes. And so I just -- I think
13 that that just is an important layer when we
14 start to talk about quality measures in the
15 ACO.

16 CHAIR BAILET: Thanks, Laura. Robin,
17 you had a final comment on this section?

18 DR. NEWHOUSE: I did, thank you. And
19 I would never say we don't need more
20 comparative effectiveness, if I understand
21 Laura. Oh, no. I wasn't talking about
22 implementation instead of, absolutely.

23 And that's exactly why the standards
24 for comparative effectiveness of these complex

1 interventions were developed because people
2 have so much trouble writing proposals, for
3 example, and including the aspects of this
4 complex intervention and care coordination is
5 one of them. So we need much more. Boy, we are
6 not done with developing models.

7 And just saying that we do have
8 somewhere effectiveness and efficiency are
9 established and should be spread. And we don't
10 tend to think about the implementation, so
11 thank you for that. Also want to make the case
12 about the supervision.

13 So there are four million -- over
14 four million nurses. And in the academic
15 setting for the undergraduate nurse, care
16 coordination is something they leave our school
17 with. So it's something that nurses can assess
18 people, particularly with these complex
19 diseases that can actually make an assessment
20 and make a good judgment about how to connect
21 them back to their care team, their physician,
22 et cetera.

23 So the advanced practice nurses have
24 been able to provide care. They're qualified

1 clinicians. But the baccalaureate nurses are
2 not. So I just would say that the baccalaureate
3 nurse is a, I think, jewel for care
4 coordination activities. They are ready. They
5 know their communities, and they can work very
6 autonomously, I think, and would even say in
7 some circles could have their own care
8 coordination model.

9 So I would say think broadly as we
10 all do, but the more complex patient I would
11 say needs someone like a nurse that can do an
12 assessment, look at them, look at their
13 functional status, look at where they're
14 living, the social -- all the things we talked
15 about. But I just want to mention that when we
16 talk about supervision.

17 DR. GOLDEN: I was going to add a
18 brief comment that when we talk about metrics,
19 the CAHPS³⁰ survey is now about 30 years old.
20 And it's probably outlived its time. But we
21 used to get 30, 35 percent response rate. We're
22 now in the 20s.

23 It's becoming a ritual more than a

30 Consumer Assessment of Healthcare Providers and Systems

1 valuable survey tool. And frankly, it probably
2 doesn't bring up issues of care coordination,
3 social determinants of care. So for those of
4 you out there, maybe Robin, your group, it's
5 time for a new CAHPS survey because frankly
6 it's probably a little out of date and needs
7 some refreshing.

8 CHAIR BAILET: So the sand is
9 running out of the hourglass here. And I said
10 this to the panelists earlier when we first met
11 before today's session that despite our best
12 efforts, it's still very challenging to get
13 through all of the questions. So I apologize if
14 there are thoughts and comments that folks want
15 to make that we're not going to get to.

16 But I think it's important as we
17 sort of wrap up the session, I'd like to give a
18 -- if there's any sort of barriers or things
19 that we should focus on in our comments and our
20 discussion around enablement of care
21 coordination. We talked about payment. We
22 talked about access to resources, technology,
23 particularly even as basic as internet access.

24 But if there's just maybe -- I've

1 got Bill, Sandra, and Laura have sort of been
2 teed up, and Sachin, for this. But I don't
3 think we're going to have time to get through
4 all of that, but -- everyone. But if there's
5 something very specific that we haven't talked
6 about already as it relates to barriers or
7 things that could really enhance the ability to
8 coordinate care, it'd be great if we could go
9 there. And I think Sandra has raised her hand.
10 Maybe I'll call on your first, Sandra, and then
11 others.

12 DR. WILKNISS: Thanks, Jeff. And
13 I'll be very brief. I just wanted to recognize
14 that as we get into this discussion about
15 complexity, the locus of care coordination may
16 shift depending upon a life span where someone
17 is in the life span of where they touch the
18 system but also levels of acuity.

19 And just to remind us that there are
20 others that are doing care coordination as well
21 as you get into more complex spaces like people
22 who are in a Housing First model. There are
23 care coordinators all over the place. So as we
24 think practically about the implementation

1 science and models, recognizing that there are
2 multiple care coordinators for people is really
3 important and will also help us figure out how
4 they integrate better with the systems if we
5 understand where that's happening.

6 CHAIR BAILET: Thank you. And I'm
7 going to take a little bit of our break time.
8 So we're going to go a little longer than the
9 bottom of the hour. So we have a little bit
10 more time. So any other panelists want to talk
11 about their perspectives on challenges and
12 things we should focus on through enabled care
13 coordination at this point?

14 DR. GOLDEN: The whole
15 interoperability conundrum is a big issue.
16 SMART FHIR³¹ may be the answer. But if we can
17 get extraction from electronic medical records
18 into useful data flows, that'll be a major
19 revolutionary step forward. It's a barrier, and
20 it's been a barrier for several years. Maybe
21 we're getting closer, but I'd put that at the
22 top of the list.

31 Substitutable Medical Applications, Reusable Technologies
Fast Healthcare Interoperability Resources

1 CHAIR BAILET: All right. Anyone
2 else? Any Committee members that have
3 questions for the panel? We have a little bit
4 of time left. Again, I have one, but I'd like
5 to hear from my Committee members first.

6 VICE CHAIR CASALE: Jeff, this is
7 Paul. I just had a question about payment
8 mechanisms which some have alluded to. And
9 Catherine, you particularly are alluding to use
10 of TCM and CCM and things. I think we are -- in
11 reality, we are in a fee-for-service world
12 currently as we're moving towards other models.
13 But just comments on how the current payment
14 fee schedule can be used effectively as you're
15 implementing these care coordination models.

16 DR. GOLDEN: I am deeply concerned
17 about CMS' overreliance on risk for primary
18 care, particularly Primary Care First. Again, I
19 think the biggest issue is transformation of
20 care and patient focus. And frankly, putting
21 small practices at financial risk when they
22 can't control biologic variations of small
23 populations is a mistake and potentially
24 counterproductive.

1 The goal should be better health
2 care delivery. And you may not get there by
3 putting people at financial risk. You'll reward
4 better activities, better approaches to how you
5 deliver care. But that may not necessarily mean
6 you have to put them at financial risk.

7 CHAIR BAILET: Thanks, Bill.
8 Catherine, you had a comment?

9 MS. OLEXA-MEADORS: Maybe just a
10 slight counterpoint there, Bill, to your
11 comments because I think what we've seen is
12 that when the practices are able to take on
13 financial risk in a partnership where they
14 don't have the potential to totally lose their
15 shirt, right? They have a partner that can
16 help them get through that scary part of taking
17 risk. We actually do see that we could get them
18 to a point where they're able to implement and
19 focus on the outcomes, right?

20 So for me, I think that this one is
21 critical for us to consider in terms of not
22 just asking folks to implement a specific
23 program. And where we need to go is help them
24 understand for whom and for how long. And I

1 would underscore your comments about access to
2 admission, discharge, and transfer data as a
3 key to unlock one of those doors because unless
4 they know who is out there that needs support,
5 that is urgent, they're going to sort of pour a
6 broad intervention as thinly as they can across
7 their population to drive up that particular
8 fee-for-service element.

9 So when I think about CCM and RPM,
10 I'm thinking, wow, the reimbursement is so low
11 per event that the incentive is to do it for as
12 many patients as possible, whereas what we
13 should be aiming toward is a higher
14 reimbursement structure that gets you to
15 addressing the most critical patients who need
16 that with the right level of licensure, right?
17 Not a medical assistant but with an RN that can
18 actually help them. So that would be my point
19 of thinking about the fee-for-service element
20 as adding on but within the risk-based pool.

21 CHAIR BAILET: So we're going to
22 lose several panelists at the bottom of the
23 hour. So I think I'd like to thank each of you
24 for taking your time to share your expertise

1 and experience with us today. I'd like to --
2 again, if we were in the Great Hall, we would
3 ask the audience to join us in giving you guys
4 a round of applause.

5 But just on behalf of the Committee
6 and the audience, I can't thank you guys enough
7 for all of your help and participation. This
8 has been really, really a great discussion. And
9 again, I wish we had more time, but we sort of
10 don't.

11 So again, thank you all. We're going
12 to take a short break, and we're going to
13 reconvene in about a half hour at 10:00 a.m.
14 Pacific Time, 1:00 p.m. Eastern Time for a
15 second panel. If you're joining on Webex, you
16 can stay.

17 But know we're going to a practice
18 mode. So don't worry. We'll be back in time for
19 the next panel and guests whose organizations
20 made proposals to PTAC in the prior years.
21 They'll be on, and we hope to see you all then.
22 So we're going to take a quick break. Thank
23 you, guys.

24 (Whereupon, the above-entitled

1 matter went off the record at 12:29 p.m. and
2 resumed at 1:01 p.m.)

3 * **Panel Discussion on Care**
4 **Coordination and Physician-Focused**
5 **Payment Models (PFPMs) with Several**
6 **Previous PTAC Proposal Submitters**

7 VICE CHAIR CASALE: So I want to
8 welcome everyone back to the PTAC public
9 meeting. I'm Paul Casale. I'm Vice Chair of
10 PTAC. So we will now continue our discussion on
11 care coordination in the context of APMs and
12 physician-focused payment models.

13 Over the years as PTAC reviewed
14 proposed models the stakeholders have sent in,
15 we noticed that care coordination emerged as a
16 theme, in part, because "Integration and Care
17 Coordination" is one of the Secretary's 10
18 regulatory Criteria for reviewing physician-
19 focused payment models. In fact, most proposals
20 submitted to PTAC included at least one care
21 coordination function as Lee and the PCDT
22 pointed out in their presentation earlier
23 today. We've invited several previous
24 submitters of these proposals to join us today

1 for a second panel discussion.

2 As Jeff said this morning, this is
3 not a re-deliberation of their proposals but a
4 chance to learn even more from the field about
5 the role of care coordination and Alternative
6 Payment Models. Our panelists' full
7 biographies, as well as their organizations'
8 proposals and the documents related to PTAC's
9 review of those proposals, they all can be
10 found on the ASPE PTAC website. So I'm going to
11 briefly introduce our guests and their current
12 organizations.

13 First we have Shari Erickson from
14 the American College of Physicians and
15 Christina Borden from The National Committee
16 for Quality Assurance. ACP and NCQA partnered
17 together to submit a proposal last year. Next
18 we have Kate Freeman representing the American
19 Academy of Family Physicians.

20 Dr. Narayana Murali from Marshfield
21 Clinic Health System, and Kendall Hagood from
22 Contessa Health, they're representing the
23 proposal from personalized recovery care. Dr.
24 Susan Nedza from Health Policy Insights is

1 representing the American College of Emergency
2 Physicians. And finally, Dr. Joe Rotella joins
3 us from the American Academy of Hospice and
4 Palliative Care.

5 So you can see we have a great panel
6 and some different care settings and proposals
7 represented. We have several questions for our
8 panel. And so in the interest of time, for some
9 of the questions, I'll begin by inviting two or
10 three of the panelists to respond, then I'll
11 open it up to Committee members to ask any
12 follow-up questions that they may have.

13 So I ask each of our panelists to
14 try to keep their responses to a few minutes
15 and look forward to a robust conversation. So
16 first, would each of you please provide a brief
17 description of how care coordination was
18 incorporated into your proposed physician-
19 focused model? And I'll cue each of you for
20 this one. So we're going to start with Joe.

21 DR. ROTELLA: Okay. Thank you.
22 AAHPM's model, which we call Patient and
23 Caregiver Support for Serious Illness,
24 addresses the gaps in Medicare coverage for

1 community-based palliative care for patients
2 with serious illness. That is, patients with
3 potentially life limiting medical conditions
4 associated with decreased function who are at
5 increased risk for potentially preventable ED
6 or hospital visits, particularly those who are
7 not thought to be in the last six months of
8 life and therefore not eligible for hospice
9 care or who don't choose hospice.

10 Under our model, community-based
11 interdisciplinary teams would be paid to
12 furnish high-quality palliative care, starting
13 with a comprehensive assessment of the
14 patient's needs, goals, and preferences and
15 development of an individualized care plan
16 centered on what matters most to the patient.
17 Interdisciplinary palliative care teams have
18 special expertise in discussing goals of care,
19 relieving pain and symptoms, and providing
20 emotional and spiritual support to improve the
21 quality of life for people with serious
22 illness. Disciplines represented on the
23 palliative care team may include physicians,
24 nurses, social workers, spiritual care

1 providers, nurse practitioners, physician
2 assistants, pharmacists, counselors, and more.

3 Care coordination is a foundational
4 element of palliative care, integrating not
5 only the patient's concerns and the assessments
6 and interventions of palliative care team
7 members but also input from all of the
8 patient's other physicians and health care
9 teams to create an integrated and
10 individualized care plan that's updated
11 whenever there's a significant change in the
12 patient's circumstances. This includes
13 arranging for services from other professionals
14 and teams and communicating with them on an
15 ongoing basis to ensure that all aspects of the
16 patient's care are aligned and consistent with
17 the care plan.

18 Our paradigm of care coordination
19 goes well beyond the traditional focus on a
20 patient's medical needs and engagement with
21 other physicians. We take a holistic,
22 comprehensive, person-centered approach and
23 also address a patient's psychological, social,
24 spiritual, cultural, financial, and practical

1 needs and concerns. In addition, we engage a
2 broader circle of partners in their care,
3 including caregivers, family members, and
4 community supports.

5 The palliative care team practices
6 active care coordination to prevent disruptions
7 in care and maintain the wellbeing of their
8 seriously ill patients that requires that they
9 be accessible on a 24/7 basis. And you know
10 that crisis call they get at midnight may be
11 triggered just as easily by an overwhelmed and
12 exhausted caregiver as by a new medical
13 complication. And that's why the
14 interdisciplinary holistic approach of
15 palliative care addressing not just medical but
16 also social and other determinants of health is
17 so essential for getting the best outcomes and
18 delivering value for this population. Thank
19 you.

20 VICE CHAIR CASALE: Thanks, Joe. I'm
21 going to turn to Shari.

22 MS. ERICKSON: Hi, yes. Thank you.
23 Do you hear an echo from me, or is that --

24 VICE CHAIR CASALE: No, I think --

1 MS. ERICKSON: Okay, good.

2 VICE CHAIR CASALE: -- you sound
3 fine.

4 MS. ERICKSON: I heard one for a
5 moment. Thank you. And I want to thank you for
6 inviting both ACP as well as NCQA to share our
7 views on the importance of care coordination
8 and Alternative Payment Models and how our
9 Medical Neighborhood Model would be able to
10 demonstrate mechanisms for ensuring effective
11 and efficient care coordination, particularly
12 between primary care and specialty practices.

13 This is critically important given
14 that the visits to specialty care clinicians
15 account for more than half of outpatient visits
16 in the U.S. And referral rates are increasing
17 over time. Mutually respectful inter-clinician
18 relationships are required for effective
19 collaboration, and this is something that we
20 have built directly into our model.

21 Participating specialty practices
22 must meet consensus-based standards to improve
23 care coordination and advanced care delivery
24 and incorporate a pre-screening process for all

1 visits to ensure that patient visits are
2 maximized. From the patient's perspective, they
3 work with their primary care practice first to
4 agree that a specialty referral is appropriate.
5 The primary care practice then refers the
6 patient to a participating specialty practice.

7 The specialty practice will pre-
8 screen the referral request and accompanying
9 documentation to ensure it has all information
10 it needs and scheduling a specialty visit is
11 the most appropriate next step for the patient.
12 Then during the patient's visits, a specialty
13 practice would establish a care plan with the
14 patient and referring primary care practice and
15 enter into a care coordination agreement that
16 would be between the primary care practice and
17 that specialty practice. And that agreement
18 will be -- and the care plan would be based on
19 the needs of the patient and in consultation
20 with that referring clinician.

21 The specialist may be actively
22 involved in the care and then would be
23 designated as either the patient's principal
24 co-manager along with the referring primary

1 care practice or as the primary manager of the
2 patient's care for the referred condition. The
3 designation along with the completed office
4 visit would trigger an active phase of
5 attribution under the model, which would
6 commence model payments to that specialty
7 practice. Automated triggers would be in place
8 based on visit frequency to determine if the
9 specialty practice is taking on a less active
10 role over time which would then unattribute the
11 patient to that practice and cease the model
12 payment.

13 However, reattribution could occur
14 at any time based on the patient need. I
15 believe that this approach layers in the
16 patient needs, as well as the expertise of that
17 specialty practice and that of the primary care
18 practice to ensure the most effective and
19 efficient care coordination for that patient
20 across the continuum of their care. Thank you.

21 VICE CHAIR CASALE: That's great.
22 Thanks, Shari. Kate?

23 MS. FREEMAN: Hi, and thank you all
24 so much for inviting us to be here and talk

1 about our Advanced Primary Care Alternative
2 Payment Model or as we like to call it, the
3 APC-APM, because we need more acronyms in
4 health care. So we submitted -- the AAFP
5 submitted this proposal to the PTAC back in
6 2018. And it was really an envisionment of
7 moving further away from fee-for-service and
8 CPC and CPC+, the models being tested by CMMI.

9 We really viewed those models at the
10 -- the evolution of this model as allowing
11 practices to deliver care in a more innovative
12 way with less restrictions, reducing
13 administrative burden, and really focusing on
14 delivering the right care to the right patient
15 at the right time. The other piece of this
16 model, we really wanted to focus on increasing
17 the investment in primary care and focusing on
18 the long-term ROI³² that these types of models
19 and care coordination can really show, which is
20 something that the recent National Academies of
21 Science report really focused on as well. So I
22 think in terms of care coordination in
23 comparison to CPC+, we really focused on not

32 Return on investment

1 requiring a reporting burden, which a lot of
2 the CMMI models do for care delivery, and
3 really focusing on attestation, understanding
4 that care delivery in all of these practices
5 really looks very different but allowing those
6 practices to really have the flexibility to
7 meet the needs of their patient population.

8 The other thing we really thought
9 was important, especially as we're making
10 models that are available to a variety of
11 practice sizes and segments of employed versus
12 solo independent, those types of things, is
13 that there's really a need for technical
14 assistance for those practices to make the
15 transition to understand how this different
16 type of payment can help them deliver care in a
17 way that's more effective for their patient
18 population. So I think highlighting the
19 decrease in burden, providing technical
20 assistance, increasing that investment to
21 primary care really provides a foundation to
22 move practices away from fee-for-service and
23 really deliver the type of care delivery that's
24 beneficial for health outcomes, improving costs

1 -- improving quality and reducing costs.

2 VICE CHAIR CASALE: Great. Thanks,
3 Kate. Narayana?

4 DR. MURALI: So our model was really
5 focused on providing hospital care at home. And
6 our care coordination fees, as well as all the
7 elements related to that, were significantly
8 strengthened by the input of the PTAC Committee
9 when we had brought this as our initial
10 proposal.

11 It's a multidisciplinary team. It
12 includes not just the primary care physician or
13 the hospitalists but also the specialists, the
14 mid-level practitioners, the pharmacists, the
15 nurses, the social workers, the physical and
16 occupational therapists, as well as home health
17 resources. Central to the whole dimension is
18 the presence of a care coordinator. The care
19 coordinator assumes two roles, one as a
20 physical care coordinator who's involved and
21 engaging with the patient when the patient
22 comes into the emergency room, identifying the
23 eligibility criteria, assuring that that
24 patient can be screened and managed very well,

1 meeting the necessary criteria and then will
2 enter acute phase as well as the 30-day period,
3 a combination of the physical plus a virtual
4 care coordinator who manages the entire episode
5 of care over a 30-day period.

6 The model is designed around risk
7 payment and is very effective. Now when the
8 patient comes into the ER³³, after the screening
9 criteria is met, basically confirming that the
10 patient is not in a critical separation that
11 they request ICU³⁴ care or ventilation or does
12 not need be in a SNF³⁵ criteria which is very
13 important from the standpoint of whether we
14 should be providing that care at home. And
15 finally, whether they have adequate home
16 support from the members of the family or other
17 determining criteria.

18 Once that is done, there's
19 coordination from the standpoint of all of the
20 durable medical equipment, the home care
21 elements, the telehealth elements where you
22 basically have a kit in a box, infusion, all of

33 Emergency room

34 Intensive care unit

35 Skilled nursing facility

1 the treatment elements that are covered by the
2 (audio interference)³⁶. And then there's
3 logistics related to the same piece. It is all
4 managed.

5 We have continuous feedback back to
6 the primary provider through the televideo and
7 the telemetry technology. And that acute care
8 period spreads over a duration of between three
9 and seven days. Once the patient is discharged
10 from the acute care, we continue to manage the
11 entire episode of care for 30 days, coordinate
12 that in terms of scheduling most visits with
13 the primary care physician, their own primary
14 care physicians, providing them a discharge
15 summary, giving them all the necessary
16 information at the conclusion of the episode.

36 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "related needs such as oxygen and nebulizers etc."

1 So the telehealth technology
2 empowers it and is necessary from that
3 standpoint. From a social work standpoint,
4 because the nurse is actually visiting their
5 home and providing the care at home, you're
6 very close to all the elements that are
7 required from the standpoint of the social
8 determinants of health, (audio interference)³⁷
9 that are required from the standpoint of care
10 coordination. In fact, the entire model of
11 Hospital at Home is centered around care
12 coordination.

13 VICE CHAIR CASALE: That's great.
14 Thank you. And then turning to Susan?

15 DR. NEDZA: Let me begin by saying
16 thank you for the invitation and also thank you
17 to the current and former PTAC staff who did an
18 amazing job of helping us through the process
19 and helping us to understand based on their
20 knowledge and also the knowledge of some of the
21 models we're hearing about today, how we could
22 improve the model that we were proposing. It is

37 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "connecting with MSW's for appropriate community based resources"

1 called the Acute Unscheduled Care Model. For
2 those that like acronyms, it's AUCM, and that
3 was probably the biggest contribution I made to
4 the project. Just kidding.

5 I had the opportunity to serve as
6 the principal investigator for the data that
7 was used upon which we deliberated and was
8 joined by a number of other experts from
9 emergency medicine, mainly who were involved
10 not only in health policy but also were in
11 practice. So I would like to describe the model
12 by using a scenario if I may. And that was the
13 scenario of an 84-year-old female, comes in at
14 2:00 in the morning on a Friday night after
15 experiencing some abdominal pain. There's a
16 workup completed.

17 During that care process, staff
18 asked, is it safe for you to go home? Is there
19 anybody home? Do you live alone? Do you have
20 stairs to negotiate? Do you have a ride to the
21 doctor's appointment the next day?

22 The physician becomes made aware of
23 those particular items of interest. Physician
24 also discusses with the patient and with the

1 patient's family the opportunity to go home as
2 opposed to being admitted. It's important to
3 know there really are no financial benefits for
4 emergency physicians to discharge patients at
5 this point.

6 It's also in the hospital's
7 financial interest to admit patients. So in
8 order to ensure that we have the ability to
9 provide a safe discharge for patients, that
10 requires care coordination. So I pointed out
11 the care coordination during the episode of
12 care.

13 But the second point of care
14 coordination is at the point of discharge
15 disposition. This is the most expensive
16 decision we made as emergency physicians,
17 admit, transfer, observe, or discharge. And it
18 is also the point where we're most likely to
19 have an interaction with family and undertake
20 shared decision-making.

21 In the past, what would've happened,
22 at least in my practice, is I would've called
23 the primary care physician, spoke about whether
24 or not they could reexamine the patient the

1 next day, or potentially they wanted to refer
2 them to a surgeon for an exam, or if they
3 wanted to come back the next day for an exam.
4 That would've been decided between the
5 clinicians who are involved in the patient's
6 care. And then adequate arrangements would've
7 been made by our discharge nurses. This is for
8 care coordinators.

9 We know how to coordinate care in
10 the emergency department. We know what we need
11 to do during episodes. The model was built
12 based on the current practice and processes. So
13 we weren't disrupting or creating anything new.

14 We were just including incentives
15 and measures such as including shared decision-
16 making, a safe discharge assessment, a
17 conversation with the follow-up primary care
18 provider or their other person that might be
19 covering for them. And then finally, to ensure
20 that the discharging physician who's now
21 accountable for that decision makes the best
22 possible decision with the patient, with their
23 family, and with whoever is going to follow up
24 with them. The model is then designed to

1 reimburse emergency physicians for those
2 activities, for care coordination, for taking
3 part in shared decision-making, and for
4 reviewing safe discharge and participating in
5 safe discharge assessments.

6 None of these were developed de
7 novo. They came from other models that CMMI has
8 instituted and that are if you consider good
9 practice -- best practice for discharging
10 patients from the hospital in general. So we
11 really felt that this model was where we wanted
12 to focus. And as we go through some of the
13 other questions I hope I'll receive, I'll
14 provide more details. But that's the core of
15 the model. Thanks.

16 VICE CHAIR CASALE: Thank you.
17 That's great, Susan. So I appreciate the
18 overview from all the panelists. Very helpful.
19 I think next we're going to dig a little
20 deeper.

21 So what specific functions or
22 activities related to care coordination are the
23 most important for improving quality and
24 reducing costs in APMs and physician-focused

1 payment models? And how might these functions
2 vary by context or setting or for different
3 patient populations? So for this, we're going
4 to start with Shari.

5 MS. ERICKSON: Great, thank you.
6 There's a lot I could say about this question.
7 I'm going to keep it as brief as I can and then
8 also ask Christina to supplement what I say
9 about this.

10 So our Medical Neighborhood Model is
11 not limited to any one clinical condition. So
12 it can be effectively implemented for multiple
13 patient populations. It's designed to provide
14 effective and efficient care coordination for
15 all patients that have a need to have their
16 care shared by a primary care practice with a
17 specialty practice, whether that be for the
18 short term or over a longer term basis.

19 I think as the COVID-19 pandemic has
20 demonstrated, pure fee-for-service model leaves
21 a significant financial problem for many
22 practices and serves to exacerbate the already
23 challenging health disparities and access
24 issues that many in our populations face. So an

1 APM such as the Medical Neighborhood Model
2 offers the opportunity for practices to be
3 supported in providing coordinated care to all
4 of their patients who need specialty services,
5 whether that's in person or quite frankly via
6 telehealth which has become -- which has grown
7 so much over the past year. While the model is
8 perhaps most applicable to patients who require
9 management of their chronic conditions, the
10 standards the specialty practices will be
11 required to meet will also facilitate improved
12 access and care for patients with acute care
13 issues.

14 And additionally, a critical
15 component of our Medical Neighborhood Model is
16 the use of the care coordination agreements
17 that are put in place between the primary care
18 and the specialty care practices. I mentioned
19 that earlier. These lay the groundwork for how
20 patient care will be shared between these
21 practices and can be updated over time based on
22 the needs of the patients that are shared
23 between that practice. So I'm going to turn it
24 over to Christina so that she could touch on

1 some of the relevant standards that these
2 practices need to meet in order to be effective
3 specialty care practices that share the care
4 with the primary care practice.

5 MS. BORDEN: Thanks, Shari. And so
6 as Shari mentioned, really the standards that
7 we've developed, both primary care and
8 specialty care work hand in hand and so that
9 neither one feels like a lone iceberg in the
10 ocean floating away. And so the standards that
11 provide the support for the care coordination
12 functions, in addition to the care coordination
13 agreements, other things like improving
14 clinical access and expanding access to timely
15 care, including providing same-day appointments
16 based off of urgency, electronic access to the
17 patient's information -- and we've definitely
18 seen the importance of this as we've integrated
19 telehealth more and more -- having a
20 standardized process for closing the referral
21 loop so that once an important referral goes
22 out that we know that that has been taken care
23 of and that referral loop has been closed.
24 Tracking and coordinating care across all

1 settings, providing culturally and
2 linguistically appropriate services, really
3 focusing on a team-based approach so that all
4 know what kind of care needs to be given and
5 that it's coordinated to the highest level,
6 identifying and coordinating patient
7 populations using electronic systems to monitor
8 clinical data and implementing evidence-based
9 reminders and decision supports, and planning
10 and managing care that includes medication
11 management support for patients, self-care, and
12 electronic prescribing.

13 I also just wanted to note that not
14 just large integrated systems have demonstrated
15 effectively executing these care coordinated
16 practices and standards. In the Medical
17 Neighborhood Model but also many small
18 practices and a variety of specialties have
19 achieved PCSP³⁸ recognition demonstrating the
20 applicability and success across the different
21 sizes and types of practices. Thank you.

22 VICE CHAIR CASALE: Great. Thanks,
23 Christina. We're going to turn to Susan.

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1 DR. NEDZA: Thanks, Paul. I think
2 the most important focus for care coordination
3 in the model that we've developed is that
4 discharge disposition period of time. And it's
5 the problem that's been identified from the
6 first report, to err is human, through quality
7 chasm.

8 There is a chasm between emergency
9 department discharge and the next person seeing
10 the patient. That was discussed in this
11 morning's panel. And I think a number of people
12 spoke very eloquently to the issue of the lack
13 of information and often unfortunate
14 consequences with ED dispositions.

15 It's designed to make that handoff
16 and to coordinate that handoff in such a way
17 that the emergency department becomes an
18 integrated part of the care delivery system, as
19 well as provide services that make us part of
20 the solution and not the problem. Many of the
21 models look at avoiding ED care as part of
22 their goal. And that's appropriate for a
23 certain population.

24 But acute unscheduled care,

1 especially in the Medicare and Medicaid
2 populations, will continue to occur. And this
3 care coordination recognizes the fact that that
4 will continue to occur and also allows
5 flexibility to put in place care coordination
6 models dependent on the context of the
7 facility. What's pretty unique is the fact that
8 we are very much dependent and our decisions
9 are dependent on and always have been dependent
10 on social determinants of health.

11 Do people live alone? Do they have
12 a ride? Do they have family? What are the
13 potential patient safety hazards in their home?
14 That's been part of our practice for years in
15 deciding whether or not to discharge patients.

16 This care coordination model is
17 designed to help fill those gaps in some of the
18 areas that we heard from Shari, as well as to
19 ensure that there is information transfer
20 between the emergency department and the
21 follow-up primary care providers or specialists
22 while we wait for interoperability to occur. As
23 I demonstrated or spoke of earlier, we used to
24 do this by telephone. We can still do it by

1 telephone.

2 It would be better if we had in the
3 medical records that translated. And one of the
4 things that we discovered when we built the
5 model is that five percent of ED visits happen
6 out of state. Medicare recipients do not stay
7 home. They travel. They go to Florida for half
8 of the year. So the idea of being able to
9 provide some type of connected service to a
10 provider in that community was also included in
11 the model.

12 VICE CHAIR CASALE: Great. Thanks,
13 Susan. Narayana?

14 DR. MURALI: Yes, Paul. Would you
15 mind repeating your question because I think
16 you've hit two specific elements, and I just
17 want to touch on them.

18 VICE CHAIR CASALE: Absolutely. So
19 the first part is, what specific functions or
20 activities related to care coordination are the
21 most important for improving quality and
22 reducing costs in APMS and physician-focused
23 payment models? And the second part is, how
24 might these functions vary by context or

1 setting or for different patient populations?

2 DR. MURALI: All right. So I will
3 take the second question first. In the
4 situation of Hospital at Home, we pretty much
5 take care of any patient who meets the criteria
6 of being admitted into the hospital except if
7 they need to be intubated, they're hypoxic or
8 have hypertension and the physician does not
9 think it is safe to move that patient outside
10 ICU care.

11 So I think from the standpoint of
12 the DRGs³⁹, we have over 150 DRGs in which we
13 provide care. So it provides the complete
14 breadth and depth of care. So build that in a
15 story, I will tell the story of a 93-year-old
16 gentleman who was admitted to the Hospital at
17 Home with severe heart failure, as well as
18 severe chronic obstructive pulmonary disease,
19 who we admitted at the home hospital in
20 addition to getting the rehabilitation, both
21 physical and occupational elements to provide
22 his care.

23 So there was a cardiologist involved

³⁹ Diagnosis-related groups

1 in his care, diuretics that were given by IV,
2 oxygen that was arranged for his COPD, in
3 addition to his nebulizers and all the
4 necessary physical therapy to get this
5 gentleman functional. Approximately a week or
6 so into his care, his health deteriorated and
7 he made a decision that he would prefer to go
8 down a palliative (audio interference)⁴⁰
9 arrangements and we ran into a snafu. He was
10 too sick to go into a home hospice program. He
11 was too sick to be provided care for in a
12 nursing home program.

13 So we elected to use all of our
14 support networks from the care coordination to
15 basically provide him coverage for that
16 duration of time till he passed away much to
17 the liking of his family. I think the proof of
18 the pudding lies in really tasting. And I think
19 that is demonstrative in the studies that we
20 have done.

40 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text "care route and needed higher level of care than what could be provided in a nursing home or home hospice program. Our multidisciplinary team worked tirelessly in getting hospital level care for this patient at home. Patient died peacefully at home with his family per his last wishes. Our care team stood firmly with the family and helped them through the difficult time and"

1 Comparing patients who are
2 hospitalized to patients who are hospitalized
3 at home, the patient satisfaction subsequent to
4 the care coordination after a 30-day episode
5 was 90-plus percent. Our safety outcomes were
6 phenomenal. We had scores of 100 percent in
7 terms of functional status assessment, as well
8 as zero percent in terms of fall, 100 percent
9 in terms of medication reconciliation, and a 44
10 percent reduction in re-admissions to the
11 hospital.

12 It just tells you (audio
13 interference)⁴¹ can be critical from that
14 standpoint. So then what are the elements that
15 are really relevant to make this better in
16 terms of quality and value? I think there are
17 three challenges.

18 The number one challenge is really
19 the interoperability of electronic health
20 records in the resident health systems.
21 Presently in the nation, there are over 350
22 hospitals that do Hospital at Home. We were

41 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "interoperability and workflows"

1 among the first nine that instituted this
2 during the COVID pandemic.

3 And in the interoperability, we have
4 bypassed that by using a care document that is
5 available in a PDF format and each resident
6 health institution so that can be easily
7 identified and available. We have provided
8 access for the care coordinator to read the EHR
9 and all the orders so that they can read them
10 and verbally communicate and make sure that the
11 entire episode of 30 days that is taken care
12 of. So that's one critical element.

13 Interoperability is important, not
14 absolutely necessary because there are ways you
15 can do it. But having an EHR that is
16 interoperable and has these documents nicely
17 curated is very, very important. Number two is
18 the planning and logistics that are required
19 for these care coordinators.

20 This is an RN who is not just
21 focusing on providing care at the clinical
22 level but also has to be smart enough to
23 understand the logistics and be trained to
24 manage those logistics. Imagine the difficulty

1 of taking oxygen to somebody's home in the
2 middle of winter when you have close to two
3 foot of snow on the ground to make sure that
4 that care is not impacted. All the necessary
5 safety pieces that need to be put in place to
6 make sure that your caregiver, the nurse, is
7 safe and so is the patient safe at that home.

8 So there are huge elements from the
9 social work standpoint, as well as the
10 necessary background checks and the work that
11 needs to be done from an assessment. That is
12 very, very critical. So that's the second
13 piece.

14 The third piece that I think is
15 equally important is the way we go about
16 payment and payment models for this. Our
17 opinion is that these have to be risk-based
18 models. Basically, there has to be a model that
19 covers your hospitalization cost. And that cost
20 could be covered in comparison to the standard
21 historical cost of an institution or the region
22 or the nation.

23 And you tie in an incentive from the
24 standpoint of meeting quality metrics, safety

1 metrics, and outcomes within that building. Now
2 the payment mechanisms could be done with
3 approximately two-thirds of the cost on the
4 front end and a third of the cost or a
5 percentage of the cost applied to quality and
6 outcomes as a reconciliation subsequently. So
7 those are the three things that I believe are
8 the biggest challenges in terms of integrating
9 care coordination and getting the appropriate
10 improvement, (audio interference)⁴² standpoint
11 of hospitalization at home, across the nation.
12 Kendall --

13 VICE CHAIR CASALE: Great.

14 DR. MURALI: -- would you like to
15 add anything to these points that I might have
16 missed?

17 VICE CHAIR CASALE: You're on mute,
18 Kendall.

19 MS. HAGOOD: How about now?

20 VICE CHAIR CASALE: Now it's great,
21 we can hear you.

22 MS. HAGOOD: So, I think the one key

42 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "value and outcomes from the"

1 important thing is this multidisciplinary chain
2 that Dr. Murali talks about is integrated and
3 empowered through that telehealth kit.

4 So, because we are managing that
5 patient through the 30 days, not only are we
6 screening for eligibility, managing all of
7 those social determinants in the patient's home
8 and making sure that they're getting all of the
9 acute care that they need, but then when that
10 patient is now ready to be put back into their
11 post-acute care (audio interference)⁴³.

12 VICE CHAIR CASALE: Have we lost her
13 or is it just me? We lost her.

14 DR. MURALI: I think we lost her.

15 VICE CHAIR CASALE: Sorry, Kendall,
16 if you could try again.

17 (Simultaneous speaking.)

18 MS. HAGOOD: Any better?

19 VICE CHAIR CASALE: We can hear you
20 again. Sorry, we missed your last point.

21 MS. HAGOOD: I just wanted to
22 address that we're engaging that PCP with those

43 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "space, that is also well-addressed"

1 vitals, the trending vitals, of that telehealth
2 kit that empowers the multidisciplinary team to
3 manage that patient for that risk episode.

4 VICE CHAIR CASALE: That's great.
5 Thank you. Before I turn it over to the PTAC
6 members for any follow-up questions, I do want
7 to just check in with Kate. I don't know if you
8 have any particular thoughts around this
9 question, around specific activities that you
10 think are critical to improving quality and
11 reducing costs around care coordination.

12 MS. FREEMAN: Thank you for asking.
13 I think there have been a lot of really good
14 points. I think what's really critical, from
15 our perspective, is that there is coordination
16 between specialists and primary care. And that
17 the responsibility for that, especially in
18 these models where primary care is taking on
19 the risk of the patient, is that there's the
20 ability for primary care to actually manage
21 those patients also.

22 So I think one of the biggest things
23 that we see that is a barrier to care
24 coordination, effective care coordination,

1 especially in risk-based models, is that
2 there's not widely available cost and quality
3 data for specialists available for primary care
4 physicians to use.

5 And I know that's not quite exactly
6 the answer to the question, but I do think
7 that's a really critical piece that we are
8 continuing to think about in terms of how do we
9 help primary care physicians really make the
10 best decisions on where to send their patients
11 so that they can effectively manage the care
12 for their patients in those risk-based models.

13 VICE CHAIR CASALE: That's great.
14 Thanks. And, Joe, I wanted to give you an
15 opportunity, if you had some thoughts as you
16 think about the palliative care model.

17 DR. ROTELLA: Okay. Thank you. I'm
18 not going to presume to talk for all the
19 various populations, but when it comes to the
20 serious illness population, one thing that's
21 very clear is that the patient and family have
22 to be partners in the plan of care that then
23 drives the care you're coordinating. It isn't
24 enough to just be sure all the doctors are

1 talking to each other or we have an updated
2 medication list.

3 For this seriously ill population,
4 they often are receiving medications or
5 treatments or interventions that are actually
6 counterproductive to their goals or don't meet
7 their preferences and values.

8 So it's not enough to do a
9 medication reconciliation. You actually have to
10 look at those meds and say, do we have
11 polypharmacy here? Are we using meds that are
12 actually doing more harm than good?

13 And that's where you see us, in the
14 palliative care world, saying nothing's more
15 important than anchoring this to that
16 comprehensive assessment, that plan of care
17 that actually is individualized and focuses on
18 what matters most for that patient.

19 I think that's more than just what
20 we would call care coordination, for the
21 purposes of this discussion, and that's the
22 reason that we think we need that additional
23 palliative care boost for this population.
24 Thanks.

1 VICE CHAIR CASALE: Thanks. That's a
2 very important point. So, I'll open it now up
3 to PTAC members. Any follow-up questions?
4 Please raise your hand.

5 Okay, I'm not seeing any, so let's
6 move on, then. So, next, I wanted to explore
7 COVID-19 with its immediate disruption on
8 in-person care delivery and rapid expansion of
9 telehealth.

10 So, how has the pandemic affected
11 the evolution of care coordination, especially
12 over the last 15 months? And have you had any
13 recent experiences, related to the pandemic or
14 otherwise, that have informed or extended your
15 thinking on care coordination and how it
16 relates to APMs? And, finally, have there been
17 specific lessons related to equity?

18 So, I'm going to start with Susan.

19 DR. NEDZA: Thank you. I think
20 everyone would agree that the emergency
21 departments were at the epicenter of much of
22 what happened during the pandemic. This
23 included care for the patients who actually
24 were symptomatic with the disease, those who

1 thought they had the disease, those that needed
2 testing, as well as the patients who could no
3 longer access primary care for any number of
4 reasons.

5 Many of us who are involved in the
6 building and the testing of this model, the
7 AUCM model, were struck by how the things that
8 we put forth in the AUCM model would have been,
9 and could have been, critical in changing
10 outcomes for patients.

11 We routinely saw patients who would
12 have normally been admitted to the hospital but
13 who we no longer had capacity for, who we were
14 then discharging with a pulse oximeter, without
15 a pulse oximeter, to families who didn't
16 understand what to do, who couldn't access 911,
17 and telling them to go home and isolate when
18 they lived in a multifamily dwelling.

19 This was especially true for many of
20 the essential workers who continued to go to
21 work. You know, we have to go to work; what do
22 we do?

23 So there were many, many ways that
24 people were working to try to educate the

1 population, but, in fact, we were left with
2 very few ways and very few places where we
3 could transfer patients to. This include
4 long-term care. So I would have really
5 appreciated the chance to have connections to
6 folks in Hospital at Home, which would have
7 been great, the FQHCs⁴⁴.

8 From a humanitarian perspective, it
9 was probably the most difficult practice that
10 our members and our doctors have had. How that
11 speaks to this particular care coordination, I
12 think I've pointed out couple of those points,
13 but I would like to leave my comments with the
14 idea that we would like to be able to fill the
15 gap. Again, we're going back to that quality
16 chasm. There were patients that could have been
17 admitted, should have been admitted, that
18 weren't.

19 We also learned a lot about who we
20 could treat at home now and not admit. So there
21 are going to be major changes in our current
22 practice that will carry through, and the
23 ability to take what we've learned in COVID-19

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1 about the patients that were transferred home
2 and did well would be, I think, a very valuable
3 lesson and a way to study the impact of the
4 care coordination. I know emergency
5 departments did a lot of care coordinating. It
6 was unreimbursed. There were some efforts at
7 telehealth in some places, and that was looked,
8 again, as a stopgap until primary care could
9 have resumed care of the patient.

10 So, telehealth, this ability to care
11 coordinate, it all came together for us in the
12 urgent need to really focus on the types of
13 things that we included in the AUCM model, of
14 getting patients bridging the gap to the other
15 parts of the system where they can be provided
16 care. Thank you.

17 VICE CHAIR CASALE: Thanks, Susan.
18 And I can certainly relate to that experience.
19 I was in New York City back last March. It
20 really was the emergency room that was the
21 epicenter, and we stood up, just as you did, a
22 lot of the care coordination. A lot of the
23 primary care offices were starting to close.
24 Getting patients connected was really a

1 struggle. And so it really was the ED that
2 became the epicenter for doing a lot of this
3 care coordination very quickly.

4 That's great. Thanks, Susan. We're
5 going to turn to Kate.

6 MS. FREEMAN: Thanks. I think Susan
7 and Paul both made really good points that I
8 would like to echo, that primary care did
9 really suffer at the beginning of the pandemic.

10 And we believe that if our model,
11 the APC-APM, had been widespread at the time of
12 the pandemic, with the prospective payments,
13 primary care would have been a lot better off.
14 Because we've seen that the practices that
15 received prospective payments and had that type
16 of payment model really fared better than their
17 counterparts that were strictly fee-for-
18 service. They were able to adapt quicker to
19 telehealth.

20 And I think COVID-19 also
21 exacerbated disparities for patients. So I
22 think we're really at a juncture where there's
23 a real opportunity to design payment models in
24 a way that optimizes care coordination in an

1 equitable way for patients, wherever they are.

2 And when we think about that, you
3 know, we obviously want telehealth to be
4 equitably available. We've talked about the
5 broadband issues in rural areas where folks
6 don't have access. And so thinking about
7 prospective payment models that allow for
8 flexible care delivery where they may be able
9 to use audio-only to connect with those
10 patients that might benefit from virtual visits
11 and those types of things is really a way for
12 innovative models to move forward and move away
13 from fee-for-service.

14 The other point that I'd like to
15 make is that access to these models is also an
16 equity issue. So, a lot of these models are
17 tested regionally, and have been tested in the
18 same region for a long time. The APC-APM, our
19 goal was for that to be a national model.
20 Obviously, that's not how CMMI tests things,
21 and we understand that tests are limited in
22 scope and scale for evaluation reasons. But
23 when you think about moving away and being more
24 equitable, testing things in the same region

1 over and over again doesn't really allow for
2 innovation to foster in new places.

3 And the other thing I wanted to say,
4 just in terms of risk adjustment, because we
5 haven't really talked about that a lot, but we
6 did propose a risk adjustment based on social
7 needs in our model to CMMI. And I think that
8 has become a new and emerging thing with this
9 new Administration. They're very interested in
10 equity.

11 And so I think Andrew Bazemore and
12 Bob Phillips had a Health Affairs article, blog
13 post, last week about just exactly what we
14 proposed to CMMI in terms of using social
15 deprivation indices to risk adjust prospective
16 payments to provide resources to practices that
17 are serving at-risk populations that they can
18 then use to provide holistic patient care.

19 So, I'll stop there.

20 VICE CHAIR CASALE: Thanks. All
21 great points. I appreciate it. I'm going to
22 turn to Joe.

23 DR. ROTELLA: Thank you. The
24 COVID-19 pandemic certainly underscored the

1 importance of palliative care. And it was not
2 just to support the patients with serious
3 illness and their families, but also the other
4 health care professionals and teams involved in
5 their management.

6 For patients and families, the
7 pandemic has added another layer of stress,
8 more uncertainty, limitations on family
9 visitation. So, not just telehealth; we're
10 doing televisitation. And disruptions in care.

11 And, on top of that, we've seen
12 other health care professionals are turning to
13 palliative care teams for support as they've
14 had to grapple with uncomfortable new roles,
15 maybe have goals of care and difficult
16 conversations that they are not accustomed to
17 having, or dealing with high mortality in their
18 patient population.

19 And we've really seen unprecedented
20 levels of grief, moral distress, exhaustion,
21 and burnout in general in our clinician
22 workforce. And it's sometimes the palliative
23 care team that's providing that support to the
24 other carers.

1 I would also echo Kate and other
2 people's remarks about the importance of
3 telehealth. There had been some experiments in
4 telehealth and palliative care, but those were
5 certainly more radically accelerated when the
6 pandemic hit. And those new telehealth
7 flexibilities have made a difference and
8 provided new tools to manage a patient's care.

9 That's been especially important for
10 the serious illness population, who routinely
11 have experienced difficulty accessing their
12 care, even outside of a pandemic. Now, with
13 telehealth, we've been able to provide regular
14 active engagement with patients throughout the
15 public health emergency, a broader level of
16 care coordination than we could have done
17 before.

18 And, again, we can address not just
19 their medical plan but their psychosocial and
20 spiritual needs, and engage with family
21 members, caregivers, and coordinate with other
22 members of the health care team.

23 So telehealth has allowed care teams
24 to undertake these care management and care

1 coordination efforts more efficiently,
2 particularly in rural areas.

3 We often have to make home visits to
4 check in on patients and assess ongoing needs.
5 With telehealth, time and resources can be
6 saved, and we can sometimes care for more
7 patients in a more timely way because we're
8 eliminating the travel burden.

9 And telehealth can be critical to
10 addressing urgent issues as it allows for a
11 rapid and timely response, especially for
12 patients who may be isolated in rural areas.

13 It's incredibly valuable to be able
14 to conduct initial patient assessments in the
15 home, and so there will always be a need for
16 in-person visits. But we've really found
17 telehealth has made such a difference in being
18 able to meet people's needs when they can't
19 leave their home, or are even afraid to have
20 clinicians visit their home because of the
21 pandemic and risk of infection. So the paradigm
22 of comprehensive assessment -- I guess I'll
23 sound like a broken record, sorry about that.
24 Palliative care is deep, but the concepts are

1 kind of simple. The paradigm of comprehensive
2 assessment also supports equitable care.

3 And I share that concern that as we
4 see new tools like telehealth, we want to be
5 sure that telehealth access is also equitable,
6 so we do have to address issues around
7 broadband internet, around the digital divide.

8 But when it comes, then, to that
9 personalized care, we find that how can you
10 expect to have health care equity if you didn't
11 base your care on a deep understanding of each
12 individual patient's preferences, needs,
13 wishes, their psychosocial history, their
14 spiritual and cultural needs, the social
15 determinants and other determinants of health?
16 If you don't start there, how could you ever
17 hope to provide equitable care? So I would say,
18 again, these things are all converging. Being
19 flexible to meet needs during a pandemic,
20 supporting equitable access to care, it all
21 boils down again to finding all the ways we can
22 to keep that patient front-and-center and build
23 their care around what really matters to them.
24 Thanks.

1 VICE CHAIR CASALE: Thanks, Joe.
2 Before turning to the Committee members, I just
3 want to check in with Narayana and Kendall, if
4 you had any thoughts particularly around this
5 question. Certainly with COVID-19 and the
6 Hospital at Home, I think we all would have
7 liked to have Hospital at Home.

8 DR. MURALI: Yes, I am more than
9 happy to share a couple things. I actually echo
10 the sentiments that Kate and Joe shared, and
11 I'll complement them, but I think the pandemic
12 enforced the value of care coordination, as
13 well as the hospital.

14 So, it allowed us to very rapidly
15 deploy the ability to provide support at home,
16 have them isolate patients, and then you scale
17 it up from the outcomes so that as vital signs
18 started to -- if they needed adequate
19 hospitalization with ICU-level care, we could
20 do that. So that is something that is
21 phenomenal as a consequence of models that were
22 put in place that help us. So, I do agree that
23 is extremely important.

24 On the other hand, I think it is

1 also important for me to touch on the
2 compelling arguments that Kate and Joe are
3 making related to the digital divide.

4 So, if I think about that system and
5 the service area where we provide care, we
6 provide care in the most rural parts of
7 Wisconsin, roughly about 45,000 square miles,
8 there are more cows than there are people.

9 And you would not be able to access
10 care without quick broadband. I have situations
11 where, at least in the month of April, 12,000
12 of our primary-care-side appointments were all
13 done by telephone audio. There's some
14 situations I have patients actually use school
15 parking lots to be able to do their televideo
16 visits because of the expectations that were
17 set up.

18 And that was the case that I shared
19 with the finance company on the importance of
20 focusing on the digital divide and investing in
21 that, because it's extremely important.

22 So I feel the need to actually
23 consider that for risk adjustment, because if
24 you don't do that then you are really not

1 creating models that will augment the ability.

2 And equity is not just in terms of
3 race. So, for the poor, sicker, older patients
4 who basically do not have the younger folks
5 available to provide care for them.

6 So, all of those elements are
7 extremely important. The Hospital at Home
8 actually allowed us to leverage it and do it
9 quickly.

10 VICE CHAIR CASALE: That's great.
11 Kendall, any additional comments on that?

12 MS. HAGOOD: No, I just echo what
13 Dr. Murali said. And we were actually able to
14 really help facilitate the health systems in
15 this time of burden. So, for patients that
16 definitely had to be in the hospital, they were
17 able to get a room and have that ability, where
18 patients that could go home could have that
19 hospital-level care in the home and safely
20 still receive care rather than holding off on
21 care. And then being managed appropriately by
22 that care coordination and those telehealth
23 kits.

24 VICE CHAIR CASALE: I'm sorry, go

1 ahead.

2 DR. MURALI: Sorry, Paul, I just
3 want to add one more point. When remdesivir
4 came in place, we were able to actually help
5 make the hospital stays at home so we were able
6 to open up things much faster to accommodate
7 the rate of patients that were coming into the
8 ER. That was another functional element that
9 this pandemic exposed about the weakness of our
10 health care systems.

11 VICE CHAIR CASALE: Great, thank
12 you. Shari and Christina, any comments on this
13 question?

14 MS. ERICKSON: I can keep it brief,
15 but, yes, just to add a couple of -- I want to
16 agree with pretty much what everyone else said
17 about the telehealth aspect of it. I think that
18 was critical.

19 And Kate also mentioned audio-only
20 as a component really to help address some of
21 the issues that particularly the Medicare
22 population faced with having access to
23 appropriate technology to be able to do full
24 telehealth visits. I think that was critically

1 important.

2 And in relation to care coordination
3 and our model more specifically, one of the
4 aspects we have there into it is this pre-
5 consultation between the primary care practice
6 and that specialty practice. And that can be
7 any consultation.

8 And in fact, one of the case studies
9 we talk about in our paper is a 2001 study of
10 an e-consultation intervention at a
11 rheumatology practice. And it found that at
12 least four of 10 patients didn't actually
13 require a full rheumatology consultation in
14 order to provide those patients with
15 appropriate care. Some of those issues were
16 rapidly resolved without having to have a visit
17 with that specialist.

18 In other cases, especially
19 consultation, it was made more efficient and
20 effective because they had the information they
21 needed and they knew what was happening when
22 that patient came in the door.

23 And I think that gets at the equity
24 issue as well in addressing disparities, and

1 this type of an approach allows for ensuring
2 that those visits are appropriate when they
3 happen. And that also opens up the schedule a
4 little bit more for the specialty practice, as
5 well as, quite frankly, for the primary care
6 practice if they're sure that they know what's
7 happening with their patients with the
8 specialty care practices. So it really
9 does allow that access, whether it is via
10 telehealth or an in-person visit or simply an
11 e-consultation that they look to address the
12 issue.

13 One other thing that I'll mention
14 that I don't think I heard so far, and that is
15 the importance of all-payer in this type of
16 thing. And the reason why I bring that up in
17 this context is Medicaid.

18 I think we need to have more models
19 that work across both Medicare and Medicaid to
20 really get at addressing the needs of a broader
21 population of individuals that really need
22 services for both primary care as well as
23 specialty care.

24 And one other little piece I'll

1 mention too is, Kate, I think it was you who
2 mentioned the risk adjustment. I think that's
3 really important, and I think we're talking
4 about measures maybe next a little bit, but I
5 think we all recognize our limitations within
6 HCC⁴⁵ coding within the scores for the measures
7 themselves.

8 And we really do need to evolve, and
9 I'm going off of our model just a little bit,
10 but we really do need to evolve to a place
11 where we have better options, whether that's
12 built into HCC or whether that's layered with
13 it to assessing the risk of patient populations
14 and really taking into account the social
15 drivers they are facing.

16 So, Christina, if you wanted to add
17 anything to that?

18 MS. BORDEN: Yes, I'll just add
19 briefly, I think COVID-19 brought many things
20 to light, especially the changing of
21 everybody's social situations, whether folks
22 lost jobs or had to leave their dwellings.

23 And so I think care coordination can

45 Hierarchal condition category

1 really address social risks by utilizing some
2 of the same mechanisms when it comes to care
3 coordination with community-based organizations
4 to be making those connections.

5 And so I think there's really an
6 importance that the model that we have
7 addresses, that is capturing those social needs
8 and utilizing that information, really knowing
9 their patient populations and being able to
10 connect to those community resources.

11 And that was before COVID-19 but
12 highlighted because of COVID-19, it will be
13 afterwards, but I just wanted to say that
14 capturing and analyzing that information about
15 the patients to directly connect to the
16 community is very important.

17 VICE CHAIR CASALE: Thanks,
18 Christina. I appreciate that that is very
19 important. So, I just wanted to open it up to
20 PTAC Committee members for any follow-up
21 questions. You can raise your hand if you have
22 any.

23 So, if not, we're going to turn to
24 the next question. So, tell us where you see

1 opportunities and facilitators for implementing
2 and evaluating care coordination activities
3 broadly. So, what are some of the best
4 practices, whether they relate to care
5 delivery, payment mechanisms, measuring
6 effectiveness, or addressing health equity
7 challenges, and why?

8 So, Shari, I know you started speak
9 to this a little bit but we're going to start
10 with you.

11 MS. ERICKSON: Thank you. And I want
12 to reiterate what Christina talked about a
13 little bit earlier when she discussed what's
14 incorporated in the standards that we're asking
15 the specialty practices to meet. I think that's
16 a critical component here when we start to
17 think about what are those practices. I think
18 those really lay them out quite well for the
19 specialty practices in particular.

20 With regard to broader, how do we
21 assess and what are the best measures, in
22 addition to those standards, we call for really
23 using a robust set of quality utilization
24 measures, and I think that's critical for

1 models. I won't go into all the
2 specifics of the measures that we talk about,
3 but I think we could all recognize that those
4 that do exist are limited for a variety of
5 different reasons.

6 I mentioned the risk scoring
7 component of it. I think there's variable
8 validity data across different measures. I
9 think that some of them are more applicable
10 obviously to certain patient populations than
11 others.

12 And so the approach we took was
13 really looking at -- our ACP Performance
14 Measurement Committee undergoes or takes on a
15 very rigorous statistical and clinical validity
16 review of measures, particularly focused on
17 those used in internal medicine in both primary
18 care as well as specialty care. And so we
19 really focused on those for the purposes of
20 this model and particularly for testing it.

21 And the other thing I would say
22 about this is I think we would need to try to
23 provide more on-ramps for practices to move

1 from MIPS⁴⁶ into Alternative Payment Models like
2 this.

3 So, what we tried to do, too, is to
4 think through how a structure of a model could
5 be more aligned with what CMS is trying to do
6 with the MVPs⁴⁷, the value pathways within the
7 MIPS program, really trying to think through
8 how could models provide that on-ramp to really
9 help them get to a place where they could more
10 realistically take on the risk that's required
11 to be an Alternative Payment Model.

12 We think that this combination of
13 best practices with these standards, along with
14 ensuring that the measures are as robust and
15 applicable and useable, useful as they can
16 possibly be for the practices, is a way of
17 better assessing how care coordination can be
18 conducted. Initially you mentioned health care
19 experience and we talked about this a moment
20 ago so I don't know that I have much to add to
21 what I said before. But I guess, just to
22 reiterate, when a practice is able to ensure

46 Merit-based Incentive Payment System

47 MIPS Value Pathways

1 more appropriate timely access to the right
2 patients, and maybe some through an e-
3 consultation or through seeing other data
4 upfront, are able to determine they don't need
5 that visit or maybe they need something
6 different, maybe they need to go to a different
7 specialist.

8 That really does open up the
9 opportunity for other individuals to have
10 access to that practice and receive the care
11 they need. And I think this is also
12 particularly important relative to the recent
13 pandemic in that I think we have heard, I don't
14 know if there's a lot of data out there yet,
15 that patients did delay care during this time.

16 And so there's really an importance
17 for ensuring this type of care coordination in
18 the short term as fast as we can make this
19 happen, because we need to have that care
20 available to them and have it be accessible.

21 Christina, I think you wanted to add on a
22 few things, too, as well?

23 MS. BORDEN: Thanks. It was brought
24 up before, but the access to data is so

1 important, and having data liquidity and data-
2 sharing to facilitate the effective
3 coordination of care across all settings and
4 also be able to give access to patients,
5 families, and caregivers.

6 And then Shari mentioned about
7 measures, we think a lot about measures and we
8 really feel, especially as part of the model,
9 that there needs to be alignment of measures
10 across different levels of accountability.

11 But the data sources are different
12 for clinical data, for the clinician level, and
13 then claims data for the plans. But, like Shari
14 mentioned, the model focuses really on looking
15 at measures around utilization and wanting to
16 make sure that outcomes are the main focus.

17 And then just lastly on disparities,
18 the model emphasizes the importance of
19 collecting and really knowing the patients that
20 are coming to the office and what their needs
21 are around cultural language and diversity
22 needs, and making sure that the patient's care
23 is adapted to that. So, both in primary care
24 and specialty care, it's important to keep that

1 in mind, and making it equitable to all, so
2 that's it.

3 VICE CHAIR CASALE: Thanks,
4 Christina. Narayana, I'm going to turn to you
5 next.

6 DR. MURALI: So, Paul, I think from
7 the standpoint of what is required, I think
8 there are two critical elements.

9 One is the aspect of training to
10 care coordinators both with respect to the
11 clinical and social assessments of the
12 patients, as well as bringing the family into
13 the assessments. In addition (audio
14 interference)⁴⁸ the logistical pieces that are
15 very, very critical in this space. They need
16 access to the EMR⁴⁹, get to know what the others
17 are, make sure that coordination is very well
18 taken care of.

19 The second piece is obviously in
20 terms of risk-based global payments because
21 that will allow us to actually invest and

48 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "multidisciplinary teams, scheduling and logistics of post acute care, ongoing monitoring, patient education and transitional care and"

49 Electronic medical record

1 achieve the result of the outcomes and low
2 cost. So, those are two key criteria.

3 In terms of the metrics, we use
4 specific metrics that we track. I am not one to
5 say that these are the only metrics we should
6 use, but I think these are the metrics that I
7 think have significant value.

8 One is the care coordinator
9 communication (audio interference)⁵⁰ make sure
10 the care plan is created and completed, and we
11 track the number of (audio interference)⁵¹
12 before the end of that first episode and then
13 before the end of the 30-day episode. Both are
14 equally important. And third is to focus on
15 tracking related to transition of those plans
16 for the health care managers so that each
17 episode where the patient is on the health plan
18 managers have also taken into account.

19 We focus on gaps in care, so the
20 first rate of episodes of gaps in care are
21 checked. We close any outstanding item before

50 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "access to Medical Social workers, risk stratification tools, and to"

51 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "quality, operational and outcome metrics"

1 that 30-day period is complete, and we shoot
2 for greater than 90 percent and apply it to 100
3 percent at this point in time.

4 Another very important element is
5 the PCP follow-up. We make sure that the
6 appointments are not only just reviewed but
7 also attended within that seven-day period
8 post-acute episode and the follow-up
9 appointments are all previously scheduled and
10 accounted for.

11 You heard from Kendall how we share
12 all of the vitals, as well as the tracking
13 metrics, so the primary care physician knows
14 precisely what happened during the hospital
15 stay.

16 And then we track the acceptance
17 rate because some of the acceptance rate is
18 dependent on what the social determinants are
19 and also the exploration index that Kate was
20 alluding to earlier.

21 Finally, completion of the advanced
22 care plans, so when you have an older
23 population bigger than 65, you want to ensure
24 that the care plan as well as the decision to

1 make it are clearly documented.

2 And documentation is available to
3 everyone for follow-up and is easily locatable
4 by the primary care physician. And then you
5 make sure the patient's missions are managed.

6 All of those elements are critical
7 and these tie in (audio interference)⁵². So,
8 those are the metrics I would probably use but
9 I want to say this is (audio interference)⁵³
10 care coordinator and she's probably going to be
11 far more eloquent than I am. So, I'll shut up
12 at this point.

13 VICE CHAIR CASALE: That's great,
14 you are fading in and out a little bit, we
15 don't want to miss any of your nuggets of
16 knowledge. So, just to let you know, we caught
17 most of it but --

18 DR. MURALI: Sorry.

19 VICE CHAIR CASALE: No, that's okay,
20 sometimes the blurred background takes extra

52 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "seamlessly

53 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "closer to the recovery"

1 bandwidth.

2 DR. MURALI: My bad.

3 VICE CHAIR CASALE: That's okay.
4 Kendall, anything you want to add to that?

5 MS. HAGOOD: No, I think where Dr.
6 Murali was going and what people might have
7 missed a little bit is all those metrics that
8 we hold all those care coordinators to.

9 So, those key components that we
10 make sure that we train the care coordinators
11 upfront, as Dr. Murali mentioned. But then we
12 hold them accountable from the perspective, so
13 making sure that they do those care plans,
14 those advanced care planning, list the patient,
15 they are communicating based off of those vital
16 signs with those patients throughout that.

17 They are setting up that PCP
18 appointment within seven days. All of those are
19 key areas that we find, that way you can have a
20 successful 30-day episode and reduce those
21 readmissions, just as we've discussed before.

22 Without that, there's no way to
23 really measure and track the effectiveness of
24 the care coordination.

1 VICE CHAIR CASALE: Thank you. Joe,
2 I'm going to turn to you?

3 DR. ROTELLA: I have just a couple
4 of remarks about quality measurement incentives
5 and payment to support care coordination.

6 What you'd like to do, of course, is
7 identify some associated quality outcomes that
8 you would expect with good care coordination,
9 and then incorporate them into a reasonable
10 quality accountability structure.

11 But that's actually been a little
12 bit hard to do because there are substantial
13 gaps in the current universe of quality
14 measures that really matter for people with
15 serious illness. In fact, most of the
16 currently existing measures that are NQF⁵⁴-
17 endorsed and have been used for a while are
18 process measures. And often, they're capturing
19 the process of comprehensive assessment.

20 The problem with process measures is
21 they can lend to a check box approach, done,
22 not done, you don't know if it was done well.
23 And that also can lead to them becoming topped

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1 out and a hard way to tell good performers from
2 poor performers.

3 So, what we hope is we could move
4 from process measures to something more like
5 outcomes, patient experience of care, or
6 utilization-related measures that get at the
7 important things. We appreciate that actually,
8 the Academy has been into a cooperative
9 agreement with CMS to use some MACRA⁵⁵ funds to
10 develop a couple more measures that we hope
11 will move us forward.

12 These are patient-reported
13 experience measures around being heard and
14 understood or getting the help wanted with
15 pain. We hope that will move us forward and we
16 see now, new measures coming down that are
17 surveys again of the patient experience.

18 What we've had before is that after
19 someone dies in hospice, their caregiver is
20 asked a few weeks later to report on their
21 experience of care.

22 But we haven't had surveys that get
23 at the experience of care that a person with a

55 Medicare Access and CHIP Reauthorization Act

1 serious illness is having themselves while
2 they're still with us.

3 So, we see those coming, we see
4 things like days of homecoming, but I would say
5 if we were just to look at concepts, the key
6 concepts for the seriously ill we think are the
7 experience of care, the key outcome might be
8 potentially preventable hospitalizations and
9 more days at home.

10 And another very important one is
11 the timely and appropriate use of hospice care
12 because the purpose of APMs was not to in any
13 way interfere with or undermine a really good
14 comprehensive benefit we have for people who
15 are eligible, hospice care for people in the
16 last six months of life.

17 And so we want to see appropriate
18 utilization, not super short stays, and not
19 people missing out on hospice because they're
20 doing something else that's not been proven
21 yet. One remark about payment is to
22 recognize that care coordination and the
23 deployment of palliative care teams might take
24 an upfront investment from many practices that

1 would participate.

2 And so a payment structure that does
3 provide adequate upfront payment is really
4 important if we're going to give this a good
5 task. We can't make it just about some shared
6 savings that you get years later after you've
7 finally had a final accountability.

8 And so I think we need adequate
9 payment upfront. Usually that's something like
10 a per-patient-per-month kind of structure that
11 really will support the palliative care team,
12 the interdisciplinary team being available 24/7
13 to provide that comprehensive assessment and
14 the care that flows from it. Thanks.

15 VICE CHAIR CASALE: Thanks. I'm
16 going to move to the next question, which is
17 what are the major challenges or unanswered
18 questions that you believe need to be addressed
19 before the health care system can better
20 incorporate and optimize care coordination in
21 APMs and PFPs? So, Kate, I'm going to
22 start with you.

23 MS. FREEMAN: Great. Thanks, Paul. I
24 think, first, it's worth making the point that,

1 obviously, all of the care coordination that
2 happens and all of these types of varying
3 settings is good, high-risk patients, high-cost
4 patients, patients with advanced specific
5 diseases.

6 But without the basis of primary-
7 care-centered population-focused care
8 coordination, I think it will fail to see
9 improved outcomes, reduce cost, all of the
10 things that we really want.

11 So, I think when we're thinking
12 about making our health care system and care
13 coordination really foundational in primary
14 care, Shari made a really good point about
15 having an on-ramp and a continuum of care or of
16 models available that really address and meet
17 the level of risk that a practice is able to
18 take on.

19 So, not overly burdening small
20 practices with risk that is not a good business
21 decision for them, and making sure that
22 practices are able to deliver care and pay
23 their staff, and improve quality and outcomes
24 and not have to worry that they might have

1 money clawed back from them that is going to
2 cause problems down the road.

3 Another point I'd like to raise is
4 around stability of models and off-ramp from
5 models. I think we've seen with CPC+ ending and
6 Primary Care First being the next option, there
7 are some challenges with designing models in
8 boxes that don't talk to each other.

9 Because they're creating these
10 financial cliffs that are really going to
11 impact a practice's ability to deliver the care
12 coordination that they've created this
13 infrastructure to do.

14 So, I think that when we're thinking
15 about long-term model development, we really
16 need to think about both the beginning and the
17 end of a test and what that looks like.

18 And then the last piece I think I'll
19 really touch on is especially for CMMI models,
20 when we're talking about evaluation of those
21 models, it's really challenging to understand
22 the true outcome of a model because of all the
23 model overlaps.

24 So, I think that when we're thinking

1 about do we want more practices to move to
2 value-based payment, we want to move away from
3 this fee-for-service system that doesn't serve
4 patients or physicians or the health care
5 system as a whole.

6 The ability to effectively evaluate
7 those models or to decide what deserves
8 expansion or how those are tested is really
9 something that we've been mulling over a lot.

10 So, I think that's a big challenge
11 and if we don't address the challenge and the
12 ability to expand these models nationwide,
13 we're not creating an equitable system overall.

14 VICE CHAIR CASALE: Thank you, Kate.
15 Susan?

16 DR. NEDZA: So, even while we've
17 been on the call today, patients have been
18 accessing emergency care.

19 Sometimes they call their primary
20 care providers or are sent there for
21 consultation, for access to tests, potential
22 treatments, and in some cases it's just
23 technology, a CT or an MRI that might not be
24 available.

1 Or they've had traumatic issues,
2 they've fallen, they've had syncope, chest
3 pain, abdominal pain, you can go through the
4 list of undifferentiated symptoms that we
5 provided a unique set of skills and services to
6 the patients we treat.

7 And our most difficult problem has
8 been recognized as part of the solution, I'll
9 be very honest. Most of the measures today are
10 how do you avoid emergency care?

11 I for one have a \$500 copay myself
12 for going to the emergency department as
13 someone who could serve insurance on the
14 exchange.

15 There are many, many things that are
16 in place to keep patients out but not much on
17 the back end after we've seen the patients.
18 It's a nine-to-one savings if we choose to
19 discharge a patient safely to a home
20 environment or to one of the systems we heard
21 about today, and to get in touch with people.

22 I think Bill talked about it earlier
23 this morning. Primary care practices got rid of
24 their answering machines and had people answer

1 the phone. Or timely access for us to access
2 the kind of services our patients need after.

3 So, one of our challenges and
4 probably one of the largest challenges has been
5 being recognized as part of the solution. And I
6 think the PTAC was pretty verbal in suggesting
7 that was a good idea last year or two years ago
8 when we went through the process.

9 And I think the second is
10 understanding that what we're asking for is not
11 in the payment model in general. It's just
12 extending current payment models to be used in
13 the emergency department.

14 So, care coordination fees, allowing
15 us to use telehealth which we have been using
16 successfully during the COVID-19 pandemic,
17 giving us the opportunity to see a patient
18 again, not by an emergency physician.

19 If there's no one else available,
20 it's Friday night and it's Sunday afternoon, to
21 be able to re-examine a patient with abdominal
22 pain rather than admitting them to the
23 hospital.

24 And all of those things that can not

1 only generate cost savings but don't take a
2 major investment on behalf of payers or
3 practices. More or less, it's the will, the
4 political will and the policy will to integrate
5 the kind of care we provide into the system.

6 From my perspective, for patient
7 safety reasons because we're very, very worried
8 about our patients and the chasm between post-
9 discharge emergency care and return to other
10 parts of the health care system, but also for
11 patient safety and just for the health care
12 system in general.

13 So, again, thank you for asking the
14 question, and I hope my responses were helpful.

15 VICE CHAIR CASALE: Very helpful,
16 thanks Susan. Joe?

17 DR. ROTELLA: I guess I'm going to
18 just lean in to an elephant in the room for a
19 second that we experienced from palliative
20 care, and that is all of this APM activity is
21 being done with a mandate that it will be cost-
22 neutral or hopefully save the system money.

23 But if you look at palliative care
24 under traditional fee-for-service

1 reimbursement, it is not adequately paid for.

2 There are members of the
3 interdisciplinary team providing vital valuable
4 services who can't bill the physician fee
5 schedule, the social workers, the spiritual
6 care provider for example.

7 And so we don't have the access we
8 should have to palliative care in traditional
9 payment structures because there hasn't been
10 adequate reimbursement.

11 So, if you do an APM and you say
12 let's see if an APM around community-based
13 palliative care can deliver better outcomes for
14 less money, you're comparing it to a
15 traditional fee-for-service system that
16 actually is limited because it hasn't paid for
17 it.

18 And it sets a bar that's very hard
19 to hit in terms of both showing value and
20 achieving cost neutrality or cost savings.

21 So, I know that's outside the bounds
22 of what we can do today, but if I could pick
23 one thing that would make a difference, it
24 would be if you improve the care of patients,

1 then let's test it, let's not test it only if
2 we can artificially try to show some sort of a
3 cost saving when we're not capturing all the
4 costs first of all.

5 I guess I'll just make that my
6 soapbox for today, and I appreciate the
7 opportunity to say it. Thank you.

8 VICE CHAIR CASALE: Thanks, Joe, I
9 appreciate it.

10 So, we have about eight minutes left
11 and before we wrap up our discussion with this
12 panel. I'm going to ask one last question. And
13 the question is are there any additional
14 critical insights you would like to share about
15 care coordination, APMs, and physician-focused
16 payment models?

17 The relationship between them and
18 potential for optimizing outcomes for patients
19 and transforming value-based care. Before we
20 get started, Jeff, can we go over a few minutes
21 if the panel is available? Or should we end at
22 2:30 p.m.?

23 CHAIR BAILET: If the panel is
24 available I would say yes, go ahead.

1 VICE CHAIR CASALE: Great, thumbs-
2 up, that would be great, we'd really like to
3 hear from everyone. So, I'm going to start with
4 Shari?

5 MS. ERICKSON: I again just want to
6 say how much we appreciate the opportunity to
7 share with all of you and with whoever out
8 there is listening to our views on how we can
9 better incorporate care coordination into
10 Alternative Payment Models.

11 So, one of the things I reflected on
12 when I was thinking about this is I looked at
13 what you all have in there as your definition
14 of care coordination.

15 And I think it's important to note
16 there are a couple aspects of it, you talked
17 about deliberately organizing patient care
18 activities, including the consideration of
19 patient needs and preferences and timely
20 communication.

21 And I think this idea of
22 deliberately organizing patient care activities
23 and then figuring out how to lower that into a
24 payment model is what's really important.

1 And I know we and it sounds like
2 others have incorporated in theirs as well,
3 incorporating the patients' needs and
4 preferences up front in shared decision-making
5 and before the referral is made.

6 And then actually throughout the
7 time the care coordination is happening, and I
8 think deliberately incorporating those into
9 whatever the attribution process is for this
10 model is really important to get at true care
11 coordination. And I wanted to
12 emphasize that, and I think the other thing is
13 there are a lot of practices that are really
14 trying to do their best and do this for their
15 patient population.

16 And I think this is getting at what
17 was mentioned earlier -- there's not enough
18 upfront investment for them to be able to do
19 that.

20 And so we need to find means such as
21 the ideas that are being presented here to
22 support that type of an effort so the practices
23 can invest and build their own internal
24 infrastructures. And I believe this can be done

1 in all different size practices to be able to
2 provide that type of care.

3 And just reflecting back as well on
4 the pandemic that we went through and how many
5 practices really suffered great financial and
6 mental strains without having any APM
7 opportunities in their region.

8 Particularly those who are fully on
9 fee-for-service, it just re-emphasized all of
10 the challenges that practices are facing out
11 there trying to stay above water within a fee-
12 for-service system.

13 And just for a moment to also note
14 coming back to the challenges component, I
15 think we do need more opportunities for these
16 practices and we need to figure out how, and I
17 think what Joe was mentioning, we invest in
18 those opportunities and we certainly,
19 obviously, want to get to a place where there
20 are savings or there's at least cost
21 neutrality.

22 But that's not an easy thing to get
23 at when you're trying to invest in care
24 coordination, it's not going to happen

1 immediately, it really is down the road. And we
2 need to think creatively about that and
3 innovatively about that.

4 And I feel like the PTAC has really
5 looked very closely at a lot of these models,
6 and I'm hopeful that this conversation is
7 helpful as well. And so we can figure out how
8 to get these off the ground.

9 As Kate mentioned earlier, we need
10 to provide off-ramps and stability for those
11 that have been in models, which has been more
12 available to primary care practices rather than
13 those outside of primary care.

14 And we certainly are supportive of
15 more for primary care as well but there's just
16 a limited amount available.

17 And the other aspect I'll mention
18 about it is I think we also need to think about
19 how these models, and we talked about this
20 earlier, can better be enabled to reduce health
21 inequities, again, something else that came up
22 throughout the pandemic.

23 And if there are ways that we can
24 invest in these APMs and the performance

1 measures they're using so that they can try and
2 assess other risk factors like housing and
3 transportation, et cetera, that really affect a
4 patient's ability to adhere to the care plans
5 that are being worked through with them and
6 with their primary care physician and with
7 their specialty practice. Trying to take that
8 into account when it's being built out but
9 there are challenges that arise along the way.

10 So, I just want to close by saying
11 thank you for having us on here, and I
12 appreciate that opportunity to share, and I'm
13 happy to answer any additional questions that
14 the Committee may have.

15 VICE CHAIR CASALE: Thanks, Shari.
16 I'm going to turn to Kate.

17 MS. FREEMAN: And so I'd like to
18 echo something that Joe said and something that
19 Shari said. I think the first is we believe
20 that fee-for-service has chronically
21 undervalued primary care. So I think we would
22 wholeheartedly agree with Joe's assessment that
23 models that are built on fee-for-service, which
24 is the majority of APMS available to primary

1 care today, we're competing against a benchmark
2 that's already too low in terms of cost
3 savings.

4 So, I think that is something that
5 we are very cognizant of, and I think there's a
6 lot of work to be done to really recognizing
7 the true value of primary care and to develop
8 models that pay for primary care at the level
9 of care delivery that it's delivering.

10 And the other point I think I'd like
11 to make is that payment reform really needs to
12 precede care delivery reform.

13 And so I think the idea that there
14 are these on-ramps and that there is a
15 continuum and a transition and that this allows
16 practices to move towards payment that better
17 reflects the types of care they'd like to
18 deliver to their patient population that really
19 meets the patient's populations needs is really
20 necessary in payment reform in terms of
21 providing these upfront investments in primary
22 care are really critically necessary if we are
23 going to see the types of outcomes we really
24 expect from these types of models.

1 So, I think I'll end with that, and
2 I want to echo Shari's sentiments that I really
3 appreciate the invite to sit on this panel and
4 answer questions as they arise.

5 VICE CHAIR CASALE: Thanks, Kate.
6 Narayana?

7 DR. MURALI: Paul, I want to start
8 off by thanking the PTAC because our journey of
9 the Hospital at Home began with the PTAC and
10 has come full circle after the pandemic program
11 and particularly CMMI and CMS have gone on to
12 create acute care without walls program during
13 the pandemic.

14 The pandemic itself has clarified
15 that there is no place like home for recovery
16 from the standpoint of hospital care.

17 So, that is very clear, if CMS could
18 extend this program beyond the pandemic, that
19 would be the number one piece to keep in mind.

20 Number two, when CMS does that,
21 there is also pressure on other health plans
22 that have not adopted these plans. We can lower
23 cost and improve value and actually improve
24 patient experience, that is probably very, very

1 important for the rest of the pandemic. (Audio
2 interference.)⁵⁶

3 CHAIR BAILET: Dr. Murali, we're
4 having a hard time hearing you.

5 DR. MURALI: Let me do one thing.

6 CHAIR BAILET: Maybe, Paul, while
7 he's re-upping, why don't you go to your next
8 panelist and then come back to Dr. Murali?

9 VICE CHAIR CASALE: Sure, Susan?

10 DR. NEDZA: I'd like to echo and
11 further reflect back on those last comments
12 because the journey with the PTAC process
13 really has generated a great deal of knowledge
14 and innovation in our own specialty.

15 Quality and cost were siloed prior
16 to the development of the PTAC model. They were
17 in different committees, they didn't really
18 meet, they were thought of differently,
19 reimbursement was one thing and quality was
20 another and quality measures were another.

56 Dr. Murali provided a written statement to clarify his statements where there was audio interference. He inserted the following text: "In our work we know that this lowers the cost by 10-15 percent. That by no means is chump change when we think of dollars spent in acute care."

1 And this brought us all together,
2 and in developing and looking at the data about
3 what happened after patients left the emergency
4 department, we learned a great deal about
5 variations in practice.

6 Post-discharge, what happens to
7 patients? We generally don't know when we send
8 someone home what happens, so we learned a lot
9 more, including the fact that sometimes 20
10 percent of Medicare patients with acute
11 conditions like chest pain never see anyone
12 within 30 days.

13 And these are fee-for-service
14 Medicare patients, these are not the uninsured.
15 We were looking specifically at Medicare data
16 so we found gaps there.

17 This informed our COVID-19 care
18 because we had been talking about all of these
19 ways that we can improve care coordination. It
20 certainly is feeding into our development of an
21 MVP as a bridge for those of our members that
22 are in MIPs and that are trying to get to that
23 APM model.

24 And so our MVP proposal that has

1 gone to CMS really does focus on these
2 undifferentiated conditions, and that would
3 have never happened without the data that we
4 put together during the PTAC process.

5 And we certainly learned a lot more
6 about inequities. We've always known they were
7 there, but we started to look at the variation
8 at both regional facilities, the idea that the
9 social determinant of health has such a
10 profound impact on our practice of sending
11 patients home.

12 It was something that we knew but
13 weren't able to quantify. So, all of those have
14 been benefits, and I really encourage those
15 that are think of submitting or even those of
16 us who have already submitted to consider
17 perhaps thinking about how you might do it with
18 some of the information you've garnered today.

19 And I'll close by saying I still
20 think the biggest challenge is that until CMS
21 integrates some of the things we learned and
22 some of the items that are included in our
23 Alternative Payment Model proposal that has
24 gone to CMMI, it's going to be very difficult

1 for us to impact any of those other things I
2 mentioned.

3 This has been a driver for us, and
4 in order for us to be able to do that, there
5 needs to be a payment reform, and it always
6 starts with CMS and then the private payers
7 follow.

8 We have been in conversations with
9 private payers including Medicare Advantage
10 plans for over two years, and they are all
11 waiting to see what happens at CMS at their
12 leave, and we're more than willing to also work
13 with anybody here on the call or others in the
14 audience who would be interested in how you can
15 drive cost savings in your models through
16 coordinating post-discharge ED care with us, so
17 thank you.

18 VICE CHAIR CASALE: Great, thanks
19 Susan. And Joe, you may get the last word.

20 DR. ROTELLA: First, I absolutely
21 want to thank PTAC first for hearing our
22 proposal a few years ago and even recommending
23 it. For all that we've learned from going
24 through that process and for opening a door for

1 our ongoing engagement with CMMI on a number of
2 different models has been a great process. And
3 thanks for inviting us back for this really
4 great discussion.

5 I would say that based on this idea
6 that traditional fee-for-service really doesn't
7 have a mechanism to support community-based
8 palliative care, and yet that has been shown to
9 provide great benefits to people with serious
10 illness who are a population that have high
11 risk and high needs and often receive low-value
12 care.

13 Given that, we really need to see a
14 demo of community-based palliative care, and
15 we're happy to see that palliative care is
16 included now in some other models such as the
17 Medicare Advantage VBID bid model that's being
18 tested.

19 And we had hope that we would see
20 the serious illness population model tested
21 within Primary Care First, but as I'm sure you
22 all know, that's on an indefinite hold right
23 now.

24 And I would say when push comes to

1 shove, we probably ought to be testing two or
2 three different models of palliative care
3 simultaneously.

4 It's clearly part of the value
5 solution and we can't wait because the
6 traditional fee-for-service world is not
7 supporting it for our patients.

8 But thanks so much for having us
9 back, this was a fantastic experience, we
10 appreciate it.

11 VICE CHAIR CASALE: Thanks, Joe,
12 appreciate it. And I know we went over it a
13 little bit, I appreciate the panels staying on.
14 I'll just ask the PTAC members if they have any
15 questions that they want to ask before we close
16 this session.

17 Not seeing any, on behalf of the
18 Committee and our audience, I would like to
19 thank each of our panelists for their really
20 tremendous insights today.

21 We're absolutely grateful that
22 you've been so generous with your time and
23 sharing your expertise. So, Jeff, are we going
24 to take a short break?

1 CHAIR BAILET: Yes, I think we
2 should take a 10-minute break. Why don't we get
3 back at 2:45 p.m.? We'll try that.

4 VICE CHAIR CASALE: So we will take
5 a short break and reconvene at 2:45 p.m. Please
6 come back. PTAC will be taking public comments
7 and then discussing all of what we've heard
8 today to prepare for a report to the Secretary
9 on care coordination and then releasing an RFI⁵⁷
10 to get even more public input on today's topic.

11 So, thank you, everyone.

12 (Whereupon, the above-entitled
13 matter went off the record at 2:38 p.m. and
14 resumed at 2:45 p.m.)

15 CHAIR BAILET: Welcome back to our
16 PTAC meeting. Thank you all for joining us.

17 *** Public Comment Period**

18 This is the period of our meeting where we
19 invite public commentary. We do not have anyone
20 identified that is actually signed up and on
21 the line. But before we move on, I want to just
22 check one more time with the host to make sure
23 that there isn't someone from the public who

57 Request for Input

1 would like to make a comment. I'm checking.

2 All right. So, there aren't any
3 public commenters, which is fine, which allows
4 us now to move into the Committee discussion,
5 incorporating thoughts from today's session,
6 the environmental scan the PCDT team shared
7 with us earlier.

8 * **Committee Discussion**

9 We're going to start again, just
10 like the Committee has done before in
11 telehealth, we're going to take all this
12 information in, our comments from today, at the
13 end of the day now or at the end of the
14 session, create a report to the Secretary on
15 our point of view on optimizing value-based
16 care related to care coordination for
17 Alternative Payment Models and physician-
18 focused payment models.

19 So, there's been, and will be, a lot
20 of information to sift through. So I'm going to
21 ask the team to share the framework -- if you
22 could put the framework up, that would be
23 helpful -- that we will use to structure our
24 conversation.

1 We want to make sure that the staff
2 who are following along have the opportunity to
3 hear the Committee's point of view and the
4 individual perspectives to make sure that they
5 can incorporate our comments into the ultimate
6 draft Secretary letter that we can react to.

7 So, there are a couple of things. I
8 think we'll just walk through the list, and I
9 would open it up for Committee members to
10 respond. And, again, if you don't respond here
11 but have a point of view after the meeting,
12 we'll clearly work to incorporate your thinking
13 before we finalize the report.

14 So, promising approaches for
15 optimizing the use of care coordination in
16 value-based care to improve quality and reduce
17 costs. This is, you know, clearly the thrust of
18 what we were trying to effectuate today. I have
19 some thoughts, but it would be nice to hear
20 from the Committee on what were some of the key
21 components you heard, functions, activities
22 that we should incorporate in the letter.

23 You see the other sub-bullet here,
24 which is the extent to which promising

1 approaches are likely to vary based on context,
2 specialty, et cetera. Why don't we start with
3 that first section and open it to the Committee
4 if there are any additional comments people
5 want to make?

6 All right. I know --

7 (Simultaneous speaking.)

8 VICE CHAIR CASALE: Sorry. I was
9 trying to raise my hand. That wasn't working
10 very well.

11 (Laughter.)

12 CHAIR BAILET: I know. It's okay,
13 Paul. Technology, you know, hey. But go ahead.

14 VICE CHAIR CASALE: Well, you know,
15 in terms of the -- one of the things I heard, I
16 think both with the subject matter expert panel
17 that came through and as well with the prior
18 submitters, you know, is around the function of
19 the care coordinator.

20 And, you know, there's a lot of
21 discussion around, you know, who is the --
22 descriptions of what the care coordinator --
23 who that should be. I did hear quite a bit
24 around the benefit of that coordinator having

1 some relationship with the patient or have some
2 familiarity with the patient being particularly
3 helpful.

4 But even in some of the other
5 comments that were made by some of the past
6 submitters, including Susan from ED model
7 around, you know, the critical importance of
8 that role in care coordination.

9 CHAIR BAILET: Thanks, Paul. Any
10 other comments? Bruce?

11 DR. COLLA: Bruce, you're on mute, I
12 think.

13 MR. STEINWALD: Every now and then
14 somebody will make a remark that kind of sticks
15 in your head. I think it was Dr. Jain who said
16 we entrust a function that's most in need by
17 patients with complex illnesses to strangers.
18 Paul was just alluding to this. And that's the
19 way he said it. That's why it stuck in my head.
20 Then he went on to say, I believe, that very
21 often the people who have that trust are not
22 only strangers, but they're often not very
23 well-trained and often lowly compensated.

24 And the last panel, they talked

1 about the training, but they didn't address the
2 role of having a personal relationship with the
3 patient. And I guess I wondered if that's --
4 unless you interpret what they said about
5 primary care having a key function in care
6 coordination, the presumption being the primary
7 care doctor would have a relationship with the
8 patient.

9 So I was just trying to put all
10 those things together and wondered if there's a
11 point there to be made that we might want to
12 put into our report, or at least test with some
13 other people, including Committee members.

14 MS. HARDIN: I would like to follow
15 on from what Bruce said. So, working directly
16 in this space in so many different directions,
17 that trusting relationship is so key. And I'm
18 very sad I lost signal because I wanted to ask
19 the panel about what they've learned about
20 different disciplines or roles and how they
21 intersect.

22 So, the emergence of community
23 health workers, the emergence of people with
24 lived experience, especially in the behavioral

1 health and substance use disorder space, is
2 being really key with being able to build trust
3 and understanding. And also related to equity,
4 people from the culture being the translator
5 and navigator for the culture I think is a
6 really important emerging theme.

7 I loved also what Sachin said about
8 the longitudinal nature of that trust. So I
9 heard another theme about the disruption from
10 episodic sort of helicoptering in of care
11 management and then it leaving again in that if
12 we want to see long-term change, that
13 longitudinal relationship and that trust is
14 really key. And I see that in practice on the
15 ground, and I think that's an area that is
16 really promising for this research.

17 DR. FELDSTEIN: You know, to just
18 add on to Lauran and Bruce, when you look at it
19 in terms of, you know, who is the best person
20 to be the care coordinator, and the challenge
21 in today's world is it's so complex because so
22 many of the patients have such complex needs.

23 Is it best delivered from the
24 primary care office? Is it best delivered from

1 the health plan? Is it best delivered from the
2 ACO? You know, is it best delivered from a
3 specialist who is delivering the majority of
4 the care at the time?

5 You know, it's almost -- in the old
6 days, you've seen one health plan, you've seen
7 one health plan. Well now, if you've seen one,
8 you know, care coordinator, you've seen one.
9 And obviously it almost screams that the level
10 training definitely needs to be escalated.

11 And the flip side is, you know, how
12 do we compensate for that, which I think came
13 through loud and clear. Now how do you provide
14 the resources so we get the right person
15 providing the right care coordination in the
16 right setting?

17 DR. WILER: Jay, I want to echo your
18 comments. I think what struck me is we talk
19 often about care models and then how the
20 payment model may incent that care model.

21 What we heard a lot today is exactly
22 what you described in that there are areas of
23 excellence of multiple care models that exist.
24 And yet we still don't, it sounds like, you

1 know, know what although we described a number
2 of best practices.

3 But it's in its infancy, although
4 we've been at this now for decades or more, to
5 sort of create a payment model that incents an
6 undifferentiated care model. This is where it
7 feels like we're in the middle of this
8 conundrum.

9 DR. MILLS: Yeah. I appreciate and
10 agree with all those comments, especially
11 Lauran's and Bruce's. I was struck by something
12 else Sachin said, which was that for surgeons
13 or procedurally focused care that they were
14 successfully able to change the conversation
15 from managing the procedure to managing the
16 patient journey, including pre- and post-care.

17 And for primary care, they're paid
18 to manage a panel, not paid to manage a visit.
19 And that's a really fundamental concept which
20 it links to the domains and the functions that
21 we've decided are more important than the
22 medical care.

23 You know, optimizing the care for
24 the encounter that only develops, only drives

1 10 percent of cost is kind of foolhardy. It's
2 linking the journey to the wider context, the
3 patient's community and social determinant
4 needs that's going to really change the outcome
5 in care continuum.

6 So that just strikes me that all the
7 effort around building care coordination on a
8 fee-for-service menu with codes keeps it
9 focused on the visit, on the encounter, on a
10 reductionistic, I do a bunch of stuff and get
11 to submit a bill. And we really have to move
12 this conversation to value-based care and
13 change that paradigm or we probably won't be
14 able to move past the innovators into
15 scalability.

16 CHAIR BAILET: Going back to Jay's
17 comment, you know, Jay really highlighted a
18 really significant challenge, which is there
19 are so many different places that care
20 coordinators could reside and where does it
21 make the most sense?

22 And it's clearly not going to be one
23 size fits all. If you think about the social
24 determinants, a lot of the insights that need

1 to be delivered to the patients come from the
2 community.

3 So you can argue effective care
4 coordinators are really the ones that are
5 embedded in the community and know some of the
6 assets firsthand and how to access them.

7 I think there needs to be a way to
8 tether care coordinator community to the care
9 team. And it doesn't mean they have to be
10 employed by the care team, but they need to be
11 connected to the care team. And it should be
12 fluid based on the patient needs.

13 Within one practice, you can imagine
14 some care coordinators may emanate from the
15 community, some might emanate from the plan.
16 And we can't let the level of complexity avoid
17 us moving forward with the value of care
18 coordination because I will say firsthand when
19 you see it and it exists, the impact is
20 tremendous on driving outcomes.

21 The other comment I will make is
22 that we talk about payment, but I think payment
23 and sustainability are, well, I should say
24 durability, are two important points. You can't

1 say I'm going to pay for your care coordinator
2 for the next 24 months and then it's a black
3 box.

4 Practices are not going to devote
5 the resources to building these programs if
6 they think it's going to be the flavor of the
7 day and then funding is going to be pulled.

8 And again, I'm not being critical of
9 past practices, but this is a problem that
10 people need to solve. And if, in fact, we're
11 going to go down the road of care coordination
12 and really getting deep in supporting it full
13 and wholeheartedly, we have to be committed to
14 the journey, which means some of the things
15 we'll get and have happen won't be correct and
16 we'll have to pivot. But that should be -- you
17 know, that should not be a reason for us to
18 abandon it. And I would say it's
19 sustainability, which is absolutely critical if
20 we're going to go ahead and start paying for
21 these services long-term.

22 MS. HARDIN: I also think there are
23 some key practices. I didn't want to interrupt

1 our SME⁵⁸ panel and didn't get to call those
2 out. But actually hearing them speak I realized
3 over the last 20 years, I've actually worked
4 with several of them in what they were
5 developing.

6 So I thought it might be helpful to
7 call out some of those core component practices
8 I've seen them do that they referred to that I
9 think start to solve for some of the challenges
10 we're bringing up.

11 So in Vermont, I worked with the
12 state of Vermont when they were doing their
13 SIM⁵⁹ model and designing what they were going
14 to do across the state. And they adopted some
15 of the practices from the complex care model I
16 developed in Trinity, which included a
17 principle of the intervention was to identify
18 the cost continuum team regardless of setting.
19 So that included identifying not only primary
20 care, specialty care, payer care management but
21 also the faith community and the trusted
22 neighborhood relationship. So that's a

58 Subject matter expert

59 State Innovation Model

1 principle.

2 And then they hold a shared case
3 conference of all of those people to develop an
4 integrated story of the patient and a shared
5 plan of care.

6 And they identify who has the
7 strongest trust relationship to carry the main
8 contact with the patient, and they actually
9 built into their ACO payment for development of
10 that shared plan of care.

11 In CareMore's model, they do
12 something similar with how they have an
13 interdisciplinary shared team that develops
14 that shared plan of care. And then they follow
15 the patient longitudinally. So they have a
16 clinic, but they also round in the hospital if
17 their patient is there or they go to the home
18 so it's longitudinally and cross-continuum.

19 And then with Catherine from Remedy
20 would be BPCI. The other component was they
21 have a structure to create a community of
22 practice amongst the care coordinators so that
23 best practices can be shared and accelerated
24 and translated into pathways for

1 standardization and quality improvement around
2 how complexity is misled.

3 DR. LIAO: Just to add to some of
4 these comments, I think I agree with a lot of
5 them. And what I'm kind of turning over in my
6 head is this idea -- I love this idea of moving
7 from kind of a smaller unit of a case to a
8 journey of a patient to a panel to a journey.

9 I'm trying to square that with
10 comments that I've heard today from Committee
11 members and SMEs about kind of like how close
12 any team member is to, like, the locus of
13 control over that, right?

14 So the letters BPCI have been
15 mentioned a few times. Whatever we think about
16 that, it very targets the energy, right,
17 between the hospital and the post-acute
18 setting. And that is pretty hard for a primary
19 care doctor, who we may or may not know, you
20 know, based on the data feeds that patient's
21 admitted and may not know what the plans are,
22 to reach in, kind of distally from where they
23 are to address that point.

24 And so I just think about as we

1 expand to that journey though, we do need nodes
2 along the way, right, and some insight about
3 who is as close as possible and appropriate to
4 kind of intervene in a way that achieves
5 quality in crossing.

6 I think we heard a lot of
7 perspectives on it. It's an open question in my
8 mind, and I think worth consideration going
9 forward.

10 CHAIR BAILET: Bruce? Do you have
11 your hand up?

12 MR. STEINWALD: Not on purpose.

13 CHAIR BAILET: Okay. Very good.

14 DR. MILLS: Josh made a really
15 interesting point that got some neurons firing
16 for me. And you could see the beginning
17 development essentially of a standard model of
18 interconnected care coordination models.

19 There's one from acute to post-
20 acute. Then you manage the interface before it
21 goes to population primary care-based care
22 coordination and in selected patients that wind
23 up with a disease or high risk condition
24 interface and you manage the interface and the

1 handoff between the disease-focused care
2 management, care coordination panel.

3 Suddenly, you start to get, you
4 know, two or three, three or four defined
5 models with defined interfaces that can be
6 managed and handed off. Suddenly, you can wrap
7 care coordination kind of systematically around
8 most patients that need it with the appropriate
9 model and inputs at the time they need that.

10 CHAIR BAILET: Thanks, Lee. Amy,
11 maybe you can drop the slide. I think all of
12 the Committee members printed out these bullet
13 points in advance. That way we can see each
14 other and it's a little easier. Can we -- any
15 other comments before we move to some of the
16 challenges?

17 And again, we sort of touched on
18 some of them already, but just to make sure we
19 cover the waterfront. There are four
20 challenges, five challenges here listed.

21 The first one is related to the
22 beneficiary and the caregiver needs. I would
23 say, you know, it's interesting, we all talk
24 about how much money is spent by CMS and CMMI

1 for providing care.

2 I think the unsung hero here is the
3 dollars that get poured out from families when
4 they can least afford it when providing care
5 and care coordination. That is not very well
6 known. It's not very well quantified, but it is
7 material and it's only going up. It's only
8 going up.

9 So, I think that a huge challenge is
10 to really understand the economic consequences
11 and how difficult it is to navigate the care
12 coordination, meaning to get to the place like
13 you said, Bruce, earlier with your family
14 member, to get to the point where you're
15 actually connected to a care coordinator. You
16 almost need a navigator just for that.

17 So, I'll stop there and turn it over
18 to other folks on the Committee for their
19 input.

20 DR. WILER: I have two more points
21 to raise and one, Josh, your comments made me
22 want to speak to this and we heard this from
23 our panelists around data and data governance,
24 and who in that care journey has access to

1 information and data.

2 What's the level of validity of that
3 data, privacy issues, and that really we've
4 talked about this before in other settings,
5 including our telehealth conversation, but that
6 keeps coming up as a real challenge in order
7 for us to not only communicate with patients,
8 but in order to really understand their story
9 without having that verbal interaction, but
10 being able to use it, you know, digitally or in
11 written form.

12 That's one comment and then my other
13 comment is around, you know, this has really
14 gotten me thinking about, you know, we're
15 thinking about payment models to incent all of
16 the unit who might ultimately impact or help
17 manufacture a good outcome related to health
18 care, but what we didn't actually surface much
19 today were what are the incentives for patients
20 that were successful in these programs to
21 participate?

22 You know, there's not just financial
23 incentives, right. There's obviously other
24 incentives that exist for engagement, but it

1 did get me thinking about, you know, might
2 there be a model, even if for financial
3 incentives, much like we saw, you know, in the
4 -- which sparked national conversation around,
5 you know, payments related to COVID.

6 I know those weren't specifically
7 for health care needs and were more for
8 economic, the economic crisis, but it feels
9 like that's something that we haven't focused
10 on that could be an opportunity.

11 CHAIR BAILET: And Lauran, you had
12 your hand up?

13 MS. HARDIN: So, just to follow on
14 what you said Jeff, I think it's really
15 important to highlight the cost to families and
16 caregivers.

17 So, when you look at models like
18 BPCI and many others, there's an incentive to
19 reduce the costs of post-acute care, and that
20 cost then gets translated to the family of the
21 patient.

22 So, we heard a lot of themes about
23 the importance of patient and family-defined
24 value, so paying attention to the costs, the

1 access, and then on the other side of the
2 equation, we didn't talk a lot about care
3 coordination with behavioral health and
4 substance use disorder.

5 And in that space, it's often a
6 place where the family is not integrated in
7 care coordination, partially because of policy
8 and regulation, and also perceptions about
9 HIPAA⁶⁰.

10 So, there's an opportunity to
11 enhance that family unit, but really pay
12 attention broadly to the cost to that unit and
13 what support is needed just as data.

14 CHAIR BAILET: Thank you, Luran.
15 Maybe I'll just read the rest of the challenges
16 because we are touching on them as we move
17 along, but there are the health system
18 challenges.

19 There are challenges that are
20 related to the providers, including
21 incorporating community health workers. We've
22 talked a little bit about that, infrastructure
23 challenges. Jen was talking about data, and I

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1 think that that is a --

2 You know, that is just, you know,
3 like in all of the care delivery components,
4 that's a huge issue, and interoperability or
5 lack thereof has been a longstanding challenge,
6 and health equity challenges, which we heard
7 about a little bit today. I know Kavita has her
8 hand up.

9 DR. PATEL: Hi, guys. Thanks, Jeff.
10 Lauran, just when you talked about behavioral
11 health, it just kind of also reminded me.

12 It feels like, and I think those of
13 you who do this kind of in the ED or in primary
14 care can commiserate, even if we were given,
15 like even if HIPAA, even if all of these policy
16 and regulatory barriers were relaxed, the
17 combination of not having an adequate
18 workforce, which has been touched on, but then
19 also just it's very hard to kind of get through
20 --

21 It's very hard to coordinate
22 behavioral health care due to the very, I don't
23 want to say unique nature of behavioral health
24 because that makes it sound like it's separate,

1 but it is separate, and there's just a very --
2 I hate to say it.

3 Most of what I need is done with a
4 psychologist, not a psychiatrist, and so
5 there's a very different approach to kind of
6 therapy and their notes and how they understand
7 kind of the medical condition.

8 And so, Jeff, it was reminding me
9 like, you know, when you're in at-risk,
10 probably what you led back in the day, like if
11 you're an at-risk multispecialty group
12 provider, you're motivated to like figure out
13 how to get people to work together, talk to
14 each other.

15 And so, yes, the payment helps and
16 the policies need to change, but there's
17 something about like both the workforce and
18 then just the -- and PTAC can't fix the woes of
19 medical education and, you know, the problems
20 with that.

21 But it does seem like as we do these
22 APMs, like these leaders that come to us and
23 these submitters when you were talking about
24 Hospital at Home, and when Liz referred to kind

1 of, you know, thinking about something that's,
2 you know, where everybody has to do it, so to
3 speak.

4 You aren't going to get there if we
5 can't really kind of fundamentally augment like
6 the bread and butter APMs with some way to give
7 people almost like a toolbox, kind of like
8 ACOs, of like and "here is how you do it for
9 dummies."

10 And again, that's not PTAC's job,
11 but it's an interesting thought that like these
12 submitters or people who are advanced in their
13 thinking, they've got that toolkit.

14 You know, they can't submit it in
15 their 20 pages, but they've got that toolkit.
16 Can that become like a place and a place to
17 build off of?

18 But I can't underscore behavioral
19 health enough, and I'll tell you that even when
20 we all try and do things and work together, I
21 feel like we're speaking different languages
22 and it results in, you know, I can't even read
23 their notes because they're so long, and I
24 don't have time, and you know, I need the punch

1 line.

2 And so you really have to have a
3 relationship with somebody and that takes a
4 different culture and mindset. Anyway, just,
5 Lauran, you just really kind of brought it home
6 for me.

7 CHAIR BAILET: Thanks Kavita, and it
8 almost -- you know, I mean, just for the kind
9 of folks that really need care coordination,
10 the folks with multiple disease states, and
11 complicated disease histories, and lots of
12 comorbidities, they're the ones that really
13 need that behavioral health support and their
14 family need that connection.

15 You know, Kavita, you were -- many
16 sophisticated practices embed behavioral health
17 to some degree in the primary care practice and
18 that has shown to be hugely successful. I have
19 not seen a lot of catastrophes when that's
20 done, and actually it's just the opposite.

21 It's very impactful and very
22 effective, but again, it's not -- there's, you
23 know, limited supply and limited infrastructure
24 to make that happen, but I'd like to --

1 I think it's important to key off of
2 the fact that if there's a playbook where, you
3 know, people can learn how to do it -- you
4 know, how do you do it if you're not in a
5 multispecialty group practice that's owned by
6 an integrated delivery system?

7 How do you do it if you're a one in
8 two, you know, individual primary care
9 practice? What about the specialists who often
10 get burdened with these behavioral health
11 challenges and really have no ability without
12 completely blowing up their practice to get the
13 patients connected to behavioral health?

14 I mean, it's very arduous and we
15 need to simplify it. So there's one, the need
16 and recognition that behavioral health is a
17 critical component that really will impact care
18 coordination.

19 When you think about all of the
20 specialties where care coordination needs to be
21 embedded, behavioral health probably is at the
22 top of the list.

23 And then if you think about that,
24 then what are the multiple permutations on how

1 to deliver behavioral health services to the
2 community of practitioners and patients in a
3 rural setting, in an urban setting, and get
4 that out there so we don't have to have
5 multiple chemistry experiments like you were
6 saying, Kavita.

7 DR. LIAO: At the risk of
8 oversimplifying it, I like that idea of a
9 playbook, and I wonder if the way that I'm
10 hearing in some ways, Jeff, from what you're
11 sharing is there's multiple versions of it.
12 There's multiple playbooks.

13 I think if you have an integrated
14 system that has multigroup practice that has a
15 large enough footprint that spans the gamut
16 where you can actually zoom into what Lee was
17 describing, kind of primary to hospital,
18 hospital to post-acute and back, I think that
19 looks a certain way.

20 Many of the comments I've heard
21 today feel like aspiration actually, you could
22 get there. I think it's much less
23 interdependent than on the other side where you
24 have one, two, three, five primary care doctors

1 who need those data feeds, who need
2 infrastructure, or the subspecialists that have
3 analogous issues.

4 Without really an infrastructure, I
5 think it bears being overcome on that side. I
6 think it's hard to take those really important
7 values that might work in that more integrated
8 setting and say we can use it here too or we
9 can begin to get there.

10 I think it's very unlikely, so I'm
11 just trying to braid together some of what I'm
12 hearing, and maybe there's a distinction there
13 about what the near-term targets can be, and
14 within that, what PFPs can reasonably do.

15 CHAIR BAILET: Well, I agree with
16 you, Josh, but I would challenge the folks who
17 are listening in. We've got over 170 people
18 from around the country listening to our
19 discussion today.

20 I know, I know that there are
21 communities that have solved this problem
22 across the entire clinical spectrum, from
23 integrated delivery systems to very small
24 practices as you just described, and we need to

1 make sure that their voices are heard and that
2 we get, we collectively --

3 I mean the people, not just the
4 PTAC, but the people who are trying to
5 establish and create these models and then pay
6 for them, that CMS and CMMI hear from that
7 stakeholder community and understand how they
8 did it and then incorporate those elements into
9 a model and into a playbook.

10 I think we talked about stakeholder
11 technical assistance, and I know that that's
12 not something that the PTAC is set up to do,
13 but we certainly can raise that issue and
14 encourage CMS and CMMI to pursue it, so thanks
15 for that point, Josh.

16 DR. WILER: I'm going to make an
17 adjacent point, but one that I still think
18 would help ultimately the stakeholder community
19 and the idea of a toolkit.

20 And Lauran, you discussed this
21 earlier, and that's that we wait for randomized
22 controlled trials to be published in the peer
23 review literature to justify big moves because,
24 right, this is high stakes.

1 You know, we're looking at large
2 populations of patients, you know, big dollars
3 potentially, and so there's often a reluctance
4 to make decisions without that really hard
5 evidence.

6 That said, I think, Jeff, to your
7 point, there is excellence out there across the
8 country that we may hear about in various
9 pockets, but it's not escalated and made
10 transparent or celebrated in spaces that are
11 outside of traditional research.

12 So, I think really there's an
13 opportunity to partner these care model
14 clinical operators where excellence is
15 happening with our health services researchers,
16 our implementation scientists, and really link
17 them together, because there are excellent
18 outcomes that are out there that have not been
19 described, and I think that's really where
20 there's a gap.

21 MS. HARDIN: I just want to follow
22 on what Jen said. I completely agree, and when
23 you think about it from an equity perspective
24 or social determinants of health, they spend a

1 lot of time in the most extreme spaces. They're
2 also often the most under-resourced from a
3 financial perspective.

4 So, it can be very difficult, but it
5 also can be a land of tremendous creativity and
6 creative solutions, and I think there's a great
7 opportunity there to highlight some of the
8 lessons from working with outliers that can
9 really translate to a broader systems change.

10 There isn't competition for that
11 market often, and so the people working in that
12 space are often collaborating in new and
13 different ways, and in working individually
14 with care coordination for patients,
15 simultaneously working on what are the system
16 changes that need to be followed, whether it's
17 build the ecosystem and services or process
18 improvements between systems so that we stop
19 creating more complexity and more people in
20 this bucket.

21 And those lessons, I think, are very
22 valuable to translate in the care coordination
23 space because they start to not only improve
24 outcomes for the patient and family, but

1 actually change the root cause in the system,
2 but a lot of them are not in the literature
3 because of the lack of research support.

4 VICE CHAIR CASALE: And just to add
5 on again to those comments, and I think to
6 Jen's point and it was brought up by the PCDT,
7 you know, if you look at care management, I
8 mean, it's been hard to prove in terms of sort
9 of cost effective and cost point.

10 I mean, and as several of the SMEs
11 talked about, you know, and they brought up
12 how, you know, the idea of just looking at ED
13 and hospitalization as the outcome is really
14 limiting.

15 And so to the points being made that
16 there are many creative -- just to emphasize,
17 there are a lot of creative models and to rely
18 on sort of either a randomized trial or sort of
19 this pre/post kind of analysis with all sort of
20 -- it may not be the answer as opposed to sort
21 of the real world experience of what's working.

22 DR. LIAO: This kind of reminds me
23 of an analysis I did a number of years ago
24 actually about the BPCI program where, you

1 know, because of the DRG payment, most of the
2 attention looks at what happens after the
3 hospital, where they go, how much care they
4 use.

5 And we were able to look at data in
6 the hospital and see are the hospitals reducing
7 costs, you know, and what are they doing to
8 quality, and that gave just a total different
9 lens to the data.

10 This is a very specific example, I
11 think, but it speaks to the broader point that
12 without that, it's going to be hard because our
13 eyes will be drawn to where you can count the
14 dollars or count the quality and not see other
15 places, and I think that's to our detriment.

16 So, I think, you know, Jen's
17 comments and others about kind of bringing
18 attention to it and kind of finding ways for
19 researchers and people who study data to work
20 with communities of excellence, I think is
21 really critical.

22 CHAIR BAILET: I wanted to talk
23 about shared decision-making. It was brought up
24 by Sandra in the SME panel and Robin also

1 talked about engagement, the patient
2 engagement.

3 And my feeling about shared
4 decision-making, it's easy if you say it fast,
5 but it's very complicated, but when it's done
6 and it's done well, it's incredibly impactful.

7 There's been lots of studies that
8 have showed of all of the things that have been
9 the cost curve. Shared decision-making is the
10 number one or one of the sort of primary ones
11 that actually bends the cost curve.

12 When patients have the information
13 they need, not only does their mental health
14 improve, but so does their clinical status,
15 believe it or not. Even when they looked at
16 patients with end-stage cancers, shared
17 decision-making actually improved the overall
18 health status of those patients.

19 And if you think about if you're a
20 patient and you want to get the information --
21 we talked about the care coordination. Those
22 are lots of different points if you think about
23 points of providing potential insights that
24 help the patient navigate their care.

1 And so there's -- the care
2 coordinator has a lot to do with that, but it's
3 also the clinical community that has to weigh
4 in, the care team if you will. It has to weigh
5 in and make sure that the patient is informed.

6 In my experience, not everybody is
7 good at care coordination. Not everybody is
8 good at having those shared decision-making
9 conversations with patients. It's not like a
10 gene for shared decision-making. It has to be a
11 learned skill.

12 And if you look across at folks who
13 have led large practices or had exposures to
14 lots of different clinicians in their day, some
15 you'll find that are really, really good at
16 having those very critical, crucial
17 conversations with patients to help them and
18 their families make the right care decisions,
19 which sometimes, we talked a little bit about
20 it, is not some aggressive procedure, but
21 actually going down more of a palliative care
22 road that is more appropriate, and certainly I
23 think from a mental and clinical outcome
24 standpoint is probably more cost-effective.

1 The dollars will follow. My belief
2 is you can't set it up for dollars. You have to
3 set it up for what's doing the right thing and
4 then I think the dollars will follow.

5 So, I just, I wanted to make sure
6 that we did not lose sight of shared decision-
7 making because it's critically important.

8 DR. LIAO: Just a quick comment on
9 that. I'd say that you're right. It's easy when
10 you say it fast, and even faster when you say
11 SDM⁶¹ and just acronymize it.

12 But I do think one of the key things
13 behind that, for me at least, is that, to your
14 point, I think, Jeff, is that behind that
15 decision, it's agnostic to the dollars. It's
16 saying let's do the right thing. Let's have
17 that conversation. If it leads to this care, or
18 that care, or neither, that's good.

19 So, I think as I step back and see
20 kind of the communities that have come to
21 discuss care coordination and the comments
22 we've heard from SMEs today about we mean
23 different things, right, it's not a semantic

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1 exercise.

2 I think it is because some people
3 come in the back of their mind, it is a dollars
4 thing, so behind the decision, they were trying
5 to, you know, solve that issue.

6 Other people are thinking from a how
7 do I get evidence-based guideline concordant
8 care, which oftentimes, especially with an
9 equity lens, may mean more care, right?

10 And if we adopt a view that says
11 let's do the right thing for people and their
12 caregivers, what direction to go, I think it's
13 yet a different, and healthy, but a different
14 view, and so I do think some coming to the
15 middle on that issue is helpful. It plays out
16 in definitions, but probably other areas too.

17 CHAIR BAILET: Thank you, Josh. Any
18 other comments? I don't want to -- we've got a
19 few more minutes.

20 I think one of the other comments I
21 wanted to make was about disruption. You know,
22 I find myself, if I don't purposefully monitor
23 my thinking, I go down the traditional health
24 system, health care, hospital, clinic, that

1 kind of care delivery.

2 But I'm here to tell you, you just
3 have to open up the journal, any journal, any
4 day of the week, and you'll see all of these
5 new companies that are coming out into the
6 marketplace that are causing and creating a
7 significant amount of disruption and changing
8 the paradigms on how patients and how family
9 members get access to care.

10 And a lot of it is good. Most of it
11 is good. And certainly the health care system,
12 I think, needs this injection of disruption to
13 get us to move forward, but I do think we need
14 to also understand that there are going to be
15 patients of these disruptive companies as they
16 enter the primary care space, Medicare
17 Advantage, all of the venture capital dollars
18 that are going into it, and there is a
19 boatload.

20 We need to understand, try and look
21 over the next mountain and see what the
22 ramifications are for all of this consolidation
23 and all of these new, young, energetic
24 companies that are introducing the marketplace

1 and disrupting the delivery system.

2 And again, it's a little off point
3 for care coordination, but a lot of what makes
4 these companies successful is their ability to
5 get in there and connect directly with a
6 patient and their family and coordinate their
7 care in some way, albeit primary care or
8 otherwise.

9 And so I just think it's something
10 that we should just call out and make sure that
11 CMS and CMMI have the bandwidth and the
12 attention to pay attention to these new
13 companies and their approaches to the
14 marketplace because I don't think they're going
15 away, and they're going to become more
16 pervasive, not less, and we need to make sure
17 that the payment models and the clinical models
18 support them.

19 DR. FELDSTEIN: So, Jeff, you must
20 have been reading my mind because this week you
21 had Medical One acquiring Iora Health, which in
22 the Medicare Advantage space, just basically
23 builds their model around care coordination.

24 And there's a lot more publicly

1 traded companies that are growing and growing,
2 and their primary focus for obvious reasons are
3 commercial products, but we do need to
4 understand what their, you know, downstream
5 effect will be on the Medicare space and
6 Medicaid.

7 And, you know, it may behoove us at
8 some point in time to do a miniature version of
9 what we did today with a select group of those
10 companies so that we can get a better feel and
11 understanding of how they're looking at the
12 future of care coordination because quite a few
13 of them are care coordination companies.

14 CHAIR BAILET: You're right, Jay,
15 and look, I'm in complete alignment, which is
16 why I brought it up, and you can see. You don't
17 have to think too deeply.

18 You can see positive benefits.
19 That's an oxymoron, but you can see benefits,
20 but you can also see downstream ramifications
21 that might be harmful.

22 You know, cherry-picking isn't the
23 right word, but if certain care mixes gets
24 shifted into certain models and hospital

1 systems are left holding and caring for a
2 disproportionate number of more challenging
3 patients where the economics are not as
4 favorable, you can imagine there's a lot of
5 downstream consequences, and that's why I think
6 we need to get ahead of it --

7 DR. FELDSTEIN: We do.

8 CHAIR BAILET: -- now, so we can be
9 thoughtful and not have to get behind the
10 curve. I think that's your point, Jay.

11 DR. FELDSTEIN: Right.

12 CHAIR BAILET: -- if we can, you
13 know, bring these people in and start
14 developing a dialogue.

15 DR. FELDSTEIN: Because it cuts to
16 the equity issue, you know, it really does.

17 CHAIR BAILET: Yeah, absolutely, and
18 very deeply. It cuts very deeply. Laurant, you
19 were going to say something?

20 MS. HARDIN: I was just going to
21 follow on to what you said. So, I think there's
22 a couple of disruptive but valuable ideas that
23 are coming forward from a lot of those
24 companies, and one is that screening and

1 addressing social determinants of health isn't
2 an optional activity.

3 It should be required just like a
4 medical head-to-toe comprehensive assessment.
5 It is part of holistic assessment and care of a
6 person, so that as a principle is key.

7 And then the other principle I'm
8 seeing many of them operate on is high
9 utilization, whether it's the emergency room or
10 in-patient, is a metric that indicates systems
11 failure.

12 There isn't a reason someone should
13 access the emergency room 100 times in a year.
14 There is no clinical reason for that. There is
15 no clinical reason for utilization beyond a
16 certain threshold, but we don't hold
17 accountability for that in the system now.

18 And taking that in deeply, the
19 people who are doing that are starting to
20 change how they approach what they're
21 delivering, and it makes it less vulnerable to
22 disruption from (audio interference) sort of
23 approach and cherry-picking certain parts of
24 the population.

1 CHAIR BAILET: I think just for the
2 purposes of our colleagues who are listening in
3 and trying to track our comments, if you would
4 indulge me, I'll just read through the rest of
5 the framework to make sure that there might be
6 other comments people are thinking about that
7 might not have been raised yet, and this is
8 around the role of APMs and physician-focused
9 payment models.

10 The two bullets under that are how
11 can APMs and PFPMs help to incentivize the
12 optimal use of care coordination? Clearly,
13 some of our model submitters who talked today,
14 they believe and have embedded those concepts
15 into their models.

16 I'll just read through the questions
17 and then we can open it up. What types of
18 payment models are likely to incentivize care
19 coordination, including specific care
20 coordination functions?

21 That's under the role of APMs and
22 PFPMs. Any comments from the team that haven't
23 already been made that people want to make in
24 that section before we move on?

1 morning and also I heard it as a theme from our
2 presenters is the concept of can we really
3 create integrated care coordination across
4 payers, so payer agnostic, that it's a
5 principle of what we deliver from the health
6 care system. I think that's where there's real
7 promise for significant change.

8 CHAIR BAILET: Well, it's good that
9 you mention that, Lauran, because we had a
10 conversation with Liz Fowler in the morning
11 prior to the public session, and one of the
12 things that we talked about was a multi-payer
13 strategy given the challenges that CMS and CMMI
14 have as it relates to model development, and
15 commercial payers are often better positioned
16 to test in smaller communities given CMS and
17 CMMI's reach.

18 And I think that there -- you
19 brought it up and I'll just say it here for the
20 purposes of our report, I do think a multi-
21 payer strategy in coordination with the
22 commercial payers is going to be critically
23 important because they offer optionality that
24 is challenging CMS and CMMI.

1 When you talk about the timeline of
2 model development, it's very long, and there's
3 reasons for it and I'm not being critical, but
4 it takes a long time to get a model from
5 concept to deployment. You know, 18 months to
6 24 months has historically been the case.

7 Now, I know they're working to speed
8 that up, but nonetheless, that is a challenge,
9 and I think the commercial payers can add a lot
10 of value here, and they have a lot of insights,
11 and they already are working in this space, but
12 it would be great if more of that energy could
13 be coordinated.

14 MS. HARDIN: Agreed.

15 VICE CHAIR CASALE: And I just
16 wanted to add on I was just thinking about what
17 Lee said about table stakes, which I think is
18 right, and I think that's --

19 You know, as we've reviewed so many
20 of these models, you know, we felt that, you
21 know, a certain number of the models really,
22 whether they commented on care coordination,
23 they really didn't sort of do a deep dive and
24 really give us enough to believe that there

1 was, you know, that it would really be well
2 coordinated, others were better.

3 But even in the ones that sort of
4 met, you know, looking at the PCDT and some of
5 the information that was in there, you know, it
6 seemed that the majority were focused on
7 specific populations, and I think we tend to do
8 that.

9 We tend to, you know, think around
10 whether it's a clinical condition or, you know,
11 a specific piece of the journey I'll go back
12 to, and really going from that sort of whether
13 it's a clinical condition or a clinical type of
14 population to that broader, I think it
15 continues to be extremely challenging.

16 I think we've learned a lot today to
17 help flesh that out further, but there's still
18 a lot of challenges around that.

19 DR. LIAO: And I just had one
20 comment within that which is kind of going back
21 to that piece of the journey, if we can think
22 of care phases not as an exact proxy for, but
23 kind of steps in that journey.

24 When I think about the models that

1 have existed, again, there are some that are
2 focused on hospital to post-acute, some that
3 are focused on primary care exclusively, and
4 some that are thinking about populations and
5 types of providers, so to speak.

6 You know, one of the -- I'd actually
7 be really curious what other people think, but
8 when I look at the landscape, what I don't see
9 as much about is that node, if I take the
10 analogy of hospital to post-acute, that node
11 between primary to other specialty care and
12 that referral process out and back in, right,
13 which is one I think we would all agree has
14 some opportunities for greater equity, or
15 quality, or maybe utilization changes.

16 And so I just want to kind of say
17 that as one specific area within the context of
18 covering the journey. That seems to be an area
19 we have fewer pieces of evidence.

20 VICE CHAIR CASALE: Yeah, I agree.

21 CHAIR BAILET: Let me -- I just have
22 a few more, five more bullets that I want to
23 make sure at least we raise them.

24 We talked about measurements,

1 certainly in both the subject matter expert and
2 the proposed submitter panels today, but what
3 are the best ways to measure the quality and
4 effectiveness of care coordination?

5 And I think that maybe we could
6 spend a minute on that. If people have thoughts
7 about that, I think it would be important to
8 get them on record.

9 VICE CHAIR CASALE: Well, I really
10 like the idea of the patient or the family, you
11 know, weighing in on if they feel their care is
12 being coordinated. You know, as I said, I know
13 I keep bringing up the ROI is often focused on
14 the ED and the hospitalization.

15 I mean, that just falls way short of
16 what, you know, what I think we really want to
17 look at, and somehow that patient -- I mean,
18 some patient-reported outcome that really
19 speaks to that, I think, would be really
20 helpful.

21 DR. COLLA: Especially in light of
22 like so many of the studies that focused on
23 costs and the fact that, you know, there are
24 cost savings being able to point to better

1 measures of patient satisfaction, or I can
2 think of things like the collaborative measure
3 which is asked of the patient or the family. It
4 could be really great also in improving its
5 value.

6 CHAIR BAILET: Thanks, Carrie. I
7 liked what Lee said this morning about outcomes
8 to avoid versus outcomes to achieve.

9 That stuck with me, and I think I
10 wholeheartedly am on board with that principle,
11 that we need to move away from the avoidance
12 and move towards the achieving outcomes. Bruce,
13 you had a comment?

14 MR. STEINWALD: Yeah, I was going to
15 follow up on what Paul said, I guess. You know,
16 I go back to my family situation that I
17 reported on earlier. We hired a navigator. A
18 navigator is not a care coordinator.

19 In fact, I think it was Lauran that
20 said navigators are transitional, but the
21 navigator did the needs assessment and got the
22 resources in place for us to look after my
23 mother-in-law, and in 18 years, she had one

1 brief hospital admission for a TIA⁶².

2 I'm totally convinced that if we
3 were left to our own devices, we would have
4 spent thousands of Medicare dollars on her
5 going from -- she had multiple chronic
6 conditions.

7 She might have had surgery that we
8 decided not to go on, and so many of the
9 stories that you hear about people like her
10 being passed from specialist to specialist,
11 incurring a lot of expenses and not necessarily
12 much quality of life.

13 The problem is measuring those
14 benefits is really difficult. You know, maybe
15 if we were in a thousand person clinical trial
16 with, you know, some people getting traditional
17 care and some people getting coordinated care,
18 you could find the metrics.

19 But I guess my point is to make sure
20 that our base is broad enough that when we
21 start to talk about what families can do for
22 aging relatives or others with chronic
23 conditions, there is a lot that we could do and

62 Transient ischemic attack

1 did, but the problem is, of course, you don't -
2 -

3 We can't measure how many
4 hospitalizations we avoided or how many trips
5 to the emergency room we avoided. I'm convinced
6 that we avoided a lot, but I just don't know
7 quite how to measure it.

8 CHAIR BAILET: Thanks, Bruce. Other
9 comments on measurement before we move to the
10 next question?

11 MS. HARDIN: I was just going to add
12 that emerging interest in including measures of
13 equity.

14 So, in addition to just aggregating
15 the data and outcomes by race, ethnicity, and
16 other factors, looking at impact on equitable
17 issues like housing, food security, some of the
18 social determinants on access to care is just
19 emerging as an area of real interest and
20 continuing to round out the return on
21 investment value case.

22 DR. WILER: A comment I would make
23 is what one of our SMEs highlighted, and it
24 appears in this space, and I think in as much -

1 - said this. You know, it's beyond those
2 traditional outcome measures that you all have
3 noted.

4 It's going to be about process
5 measures and sub-process measures, and again,
6 back to the data and how easy is it to access,
7 but it may be not proof that you made a phone
8 call, which is the example one of our SMEs
9 gave, that just because you made a lot of phone
10 calls doesn't mean there was an impact on
11 outcomes.

12 But maybe having a forced
13 conversation or having a certain type of, you
14 know, group involved in the care, let's say,
15 from a community health perspective, you know,
16 those are the kinds of measures that we haven't
17 previously tracked in terms of engagement that
18 may ultimately be important to outcomes.

19 And then I want to second this
20 comment about PRHOs ⁶³, patient-reported health
21 outcomes, and how nascent the data is in that
22 space, but yet how important we think it is,
23 and there have been some medical specialties,

63 Patient-Reported Health Outcome

1 including some that come before this panel,
2 that have leveraged PRHOs and showed their
3 impact.

4 So, I think that's an important
5 place for us to look to try to see if we're
6 providing high-value care, especially in these
7 areas where cost avoidance is nearly impossible
8 to calculate.

9 DR. MILLS: Yeah, I appreciate those
10 comments and agree. I would pick up the thread
11 that someone said that the ambulatory CAHPS
12 survey is tired, not measuring the right stuff,
13 and at this point, it's an activity and an
14 industry.

15 It's not necessarily useful
16 information, you know, for what happened 14
17 months ago by the time you get the results.

18 So, I also heard strains about all
19 of the challenges of metrics, that it feels
20 like, and again, Dr. Wiler probably can
21 resonate with this. The metrics are so
22 methodologically precise, but so difficult in
23 the real world to implement that we're trying
24 to be too smart, and sometimes we're letting

1 the perfect get in the way of the very good.

2 The average group leader, without
3 hiring data architects and a team of fixed
4 informaticists, you can't build the data
5 systems that collect the information.

6 So, maybe it is process measurements
7 and a bundle measure like we have bundled
8 diabetes measures, a bundle of a combination of
9 some semi-outcome and some process measures
10 that capture more of the heart of coordination
11 than anything does now.

12 DR. LIAO: Jeff, if you're reading
13 Jay's mind, I think Terry may be reading mine.
14 I was thinking the word CAHPS as he said it out
15 loud, but, no, but I do really just want to
16 underscore that point about drilling down the
17 not.

18 And I think there are many reasons
19 for it, but one as you think about precision is
20 that even if you could resource it and get
21 those measures, the ability to tie that back to
22 any clinician, the reliability of that and the
23 validity of it is really hard.

24 And actually you see that with the

1 CAHPS, right, where you say is that reliable in
2 any way? We got it. We got what we wanted and
3 we're not -- we don't have what we want, and so
4 I think having some range there about what the
5 measures should be, I think is important.

6 CHAIR BAILET: This is a great
7 discussion. Let me just cover the last three
8 here. We talked about research. Is there other
9 additional information that is needed around
10 this care coordination issue, including
11 research questions?

12 I think, Jen, you brought up some
13 research, needing research around this. Any
14 other comments on that before we move to the
15 next segment? Yeah, go ahead, Carrie.

16 DR. COLLA: I was just going to add
17 like I've just been thinking about the
18 different setting issue, that, you know, it's
19 possible for care coordinators to be located
20 out of lots of different settings.

21 And I don't think we have good
22 research on if there's a way to coordinate
23 across those settings too, like beyond the
24 patients being discharged from the hospital.

1 Should that still be in primary care?

2 And I'm just thinking of research
3 like comparing the care coordinators just being
4 out of a primary care setting where you hope
5 there's a longitudinal relationship compared
6 to, you know, a transition manager at the
7 hospital or something like that in terms of
8 research too.

9 Because it seems to me that it may
10 be that just having the care coordination out
11 of the primary care could achieve those other
12 things, but right now, they're not either like
13 looped in or incentivized to do that.

14 CHAIR BAILET: Thanks, Carrie. I
15 have two last points here before we wrap up.
16 One is insights from all of us or the Committee
17 on review of care coordination components for
18 future PFPM proposals.

19 Is there anything that jumps out
20 that we would like to see embedded in
21 stakeholder proposals on the go forward based
22 on care coordination?

23 DR. LIAO: I'd just reemphasize a
24 point that I made a little earlier, which is

1 that primary to other ambulatory care, that
2 transition, I think ostensibly it's covered
3 under more quote "global" models like ACOs and
4 others, but I think having some precision
5 around that could be good.

6 DR. COLLA: I was just going to add,
7 it's kind of building on my prior comment too,
8 but if these are specialty models, is there a
9 plan in place also to communicate back to
10 primary care? --

11 CHAIR BAILET: Yeah.

12 DR. COLLA: -- and coordinate with
13 primary care?

14 DR. FELDSTEIN: You know, and the
15 other one, Jeff --

16 CHAIR BAILET: Go ahead.

17 DR. FELDSTEIN: It has to
18 incorporate behavioral health, it just does --

19 CHAIR BAILET: Yeah.

20 DR. FELDSTEIN: -- regardless of
21 what specialty it comes from for primary care.

22 CHAIR BAILET: Agreed.

23 DR. MILLS: I would add to all of
24 that just this concept of not robust and

1 rigorous in terms of the research, but just
2 operationally clinically robust because that's
3 what the patients need, is linking the
4 community resources.

5 I'm not so sure I'm totally bought
6 off that an 18-page formal care plan is what
7 makes the difference, but understanding that to
8 your patient, their goal is to walk to the
9 driveway and get the mail and back without
10 having to stop to breathe.

11 That type of knowledge of the
12 patient's concrete needs and desires, as
13 opposed to you think it's about that they want
14 to make their echo appointments and that sort
15 of thing, it makes a huge difference, and so
16 I'd like to see that type of activity more
17 incorporated into the plan.

18 CHAIR BAILET: In the patient's
19 words, Terry, right?

20 DR. MILLS: Absolutely.

21 CHAIR BAILET: Right.

22 DR. WILER: I'd like to comment on a
23 charge that Dr. Nedza gave to the community and
24 that's around more interspecialty collaboration

1 while thinking about these models.

2 I think there's an opportunity not
3 only to do interdisciplinary care coordination,
4 which would be focused on a lot, but I do think
5 that the stakeholder community interspecialty
6 collaboration, which we've seen in a couple of
7 the models, but I think could be more expanded,
8 is something where there's an opportunity
9 beyond just primary care, one specialty as an
10 example.

11 CHAIR BAILET: Thanks, Jen. All
12 right, we're rounding, we're cresting the hill.
13 The last one relates to the stakeholders
14 themselves on potential insights that we can
15 provide to them as they think about developing
16 their proposals. Yeah, someone wanted to make a
17 comment? So, that was the last one.

18 So, what kind of advice that we
19 haven't already shared which we can incorporate
20 in the report to the Secretary that we'd want
21 to flash to the stakeholder community on, hey,
22 if you're thinking about a proposal that we
23 haven't already touched on, is there anything
24 else that we'd want to add for their

1 consumption?

2 MR. STEINWALD: I'll offer this
3 quickly. You know, we have three criteria that
4 we have promoted to be the most important, and
5 care coordination is number seven, and we might
6 want to say something.

7 I don't know if we want to change
8 the ranking, but say this is something we
9 regard as very important, not that the other
10 criteria aren't, but maybe we'd want to
11 highlight that.

12 CHAIR BAILET: Well, that's a big
13 point, and I guess we have the Committee on the
14 line. Maybe, Bruce, we can make that more of a
15 formal request.

16 We don't have to say it's a high
17 priority item, or we could, but we'd maybe want
18 to talk offline about revising our descriptions
19 of the 10 criteria and where they rank and how
20 care coordination sort of falls out.

21 Because one of the reasons we're
22 having this theme-based meeting is because of
23 what we've observed over the models that have
24 come in around some of the soft spots around

1 care coordination, and so perhaps we need to
2 revisit it.

3 I guess my feeling is we probably
4 do, so thank you for bringing that up. How do
5 others feel about that?

6 DR. MILLS: You're welcome, Jeff.

7 (Simultaneous speaking.)

8 VICE CHAIR CASALE: I think we've
9 been at this for, whatever you said, five or
10 six years now, and it is a good time to relook
11 at what we think are the high priority ones.
12 You know, I think there are more opportunities
13 for physicians to participate, so I don't think
14 it's been a priority.

15 So, you know, that may not
16 necessarily be as much a priority as it was
17 when we started, so, yeah, I think we should
18 relook at all of that.

19 DR. MILLS: Yeah, I agree.

20 CHAIR BAILET: Kavita, did you have
21 your hand up? I wasn't sure.

22 DR. PATEL: Just what Paul said, I
23 completely agree, and if anything, just given
24 the refresh on like, you know, thinking about

1 APMs, it might not be bad to take a look and
2 also align it to some of the priorities that we
3 know, not just CMS, but kind of the care space
4 is interested in.

5 CHAIR BAILET: And I remember,
6 Kavita, I think you were the architect, not in
7 a vacuum, but you worked with the Committee. I
8 think you led the charge in developing the
9 Secretary's Criteria, not developing them, but
10 incorporating them into our process --

11 DR. PATEL: Right.

12 CHAIR BAILET: -- if I remember,
13 because there were more than 10 and we ended up
14 with 10, and so.

15 DR. PATEL: Yeah, Bruce gets --
16 there's credit to go around, but, yes, and that
17 was when we didn't really know what we were
18 getting into, so it will definitely be more
19 informed now.

20 CHAIR BAILET: For sure.

21 MR. STEINWALD: There's blame to go
22 around too, so --

23 (Simultaneous speaking.)

24 CHAIR BAILET: Okay, so as we wrap

1 this up, I think this has been a great session.
2 I think the panelists' sessions have been also
3 incredibly informative, and I would like to
4 turn to our colleagues, our ASPE colleagues and
5 NORC who have been following every word, any
6 input?

7 Any comments, Audrey, Steve, or
8 Nancy, that you made listening in that you
9 think we should do before we wrap up today's
10 session or any questions you have of us that
11 need clarification before we wrap up?

12 MS. McDOWELL: So, this is Audrey. I
13 don't have any questions.

14 CHAIR BAILET: Thank you, Audrey.

15 DR. SHEINGOLD: From my perspective,
16 I think, you know, we'll all have the challenge
17 now like we did with telehealth of taking the
18 incredible amount of valuable information we
19 got today into a report like we did on
20 telehealth, maybe a little quicker, that really
21 boils it down to what's most useful for the
22 Secretary and for the Innovation Center.

23 * **Closing Remarks**

24

1 CHAIR BAILET: Great, thank you for
2 that, and I just want to thank everyone for
3 participating today. These sessions obviously
4 were originally designed to be in person.

5 That was the way the Committee
6 functioned, and I miss that, and hopefully
7 we'll have the opportunity to get back together
8 soon, maybe in the September meeting.

9 It's still not clear if that's going
10 to be virtual or not, but I just wanted to
11 thank publicly my colleagues on the Committee
12 and also the public for leaning in and
13 providing your attention, and I know we'll get
14 comments after the meeting.

15 We've explored many facets of care
16 coordination today and how it relates to
17 Alternative Payment Models. As I said this
18 morning, we will continue to gather information
19 on this topic through a Request for Input.

20 We're posting that on the ASPE PTAC
21 website, a link that will be circulated through
22 the PTAC listserv, so watch out for that.

23 Our next public meeting, as I said,
24 is in September. We're excited for the next

1 theme-based topic, which is optimizing equity
2 and social determinants of health in the
3 context of Alternative Payment Models. We
4 touched on some of that today.

5 I want to thank you all for taking
6 time out of your day and your busy schedules,
7 those leaning in and listening in, and also
8 those that participated. I'm very grateful for
9 our panelists as well. Please take care and be
10 well, and the meeting is adjourned. Thank you.

11 (Whereupon, the above-entitled
12 matter went off the record at 3:55 p.m.)

C E R T I F I C A T E

This is to certify that the foregoing transcript

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Before: PTAC

Date: 06-10-21

Place: virtual meeting

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