



Florida Atlantic University
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Tête-à-Tête: A Faith-Based Memory Café

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DHHS ACL-ADI-SSS Grant Disclaimer

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Objectives

- Demonstrate the effectiveness of an ACL- funded model that increases access to community-based services for ethnically diverse people living with Alzheimer’s Disease and Related Diseases (ADRD) and caregivers.
- Understand how an ACL grantee created the *Tête-à-Tête*, a Memory Café- inspired activity for a Haitian Creole-speaking faith-based community.
- Share specific challenges ethnically diverse communities face when trying to access dementia-capable care and supportive services and how to mitigate them.

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Louis and Anne Green Memory and Wellness Center (MWC)

- Cultural, linguistic, responsive, innovative, interprofessional team-based approach, nurse-led model grounded in *Caring Science*
- Person-family-community centered partnering approach
- Facilitate the development of programs for ethnically diverse communities by partnering with faith-based community organizations

Tête-à-Tête (Purposeful Head-to-Head)

- Share, gain understanding and knowledge of self and the other through caring, connecting, and engaging
- Being a native Haitian Creole speaker with lived experience of the culture and nursing expertise to co-create and implement the program

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ACL – ADI-SSS Grant Federal Grant Project Name

- Bridging the Gap: Providing Specialized Dementia Care and Supportive Services Through Community Partnerships (BGDCS-CP); 2015

Target Population- Aging Persons:

- Living with or at risk for ADRD and their family caregivers (CG)
- living alone or with CG
- From unserved and underserved communities such as Haitian older adults
- Family CGs of persons living with ADRD.



Bridging the Gap – Goals/Outcomes

- Build, cultivate, nurture, and sustain relationships with individuals and community partners
- Improve health outcomes of previously unserved/ underserved aging communities in PBC
- Expand access to MWC’s dementia specialized services
- Lead to the transformation of existing suboptimal biomedical models of care

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The Community Partner: Our Lady of Perpetual Help Church, Delray Beach, FL

- The church pastor and nurse practitioner serve as liaison for the implementation of *Tête-à-Tête*
- Partnering with the whole community
 - Through home visits
 - MWC Haitian Creole translator instrumental role in scheduling and educational materials translation.



Tête-à-Tête: Getting Started

- Discovery of needs through baseline dementia capability assessment
- Education and community participation
- Development of trust from participants
- Consistent involvement in church events
- Cost sharing, Fundraising



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Keys to Success with Ethnically Diverse Communities



Challenges to Overcome

- Participants' distrust on U.S. healthcare system.
- Other Cultural beliefs.
- Immigration status.
- Literacy rate.
- Language barrier.
- Transportation issues.
- Lack of knowledge.

Strategies

- Achievement and Sustainability by the Power of Social Connection in the community
- Integrate culturally relevant and linguistically appropriate team members and materials
- Assess needs, knowledge, and attitudes
- Bring services to the community
- Engage with the whole community

Experiences

- **Survey** to learn preferences of the parishioners.
- **Collaboration** with community partner.
- Ongoing assessment of overall progress and specific, unique needs is required for quality improvement.

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Outcomes - Success Stories

Tête-à-Tête – over 300 participant encounters

Over 24 Bimonthly events with 25 - 30 attendees each

Over 100 Weekly exercise classes with 15 -20 attendees each

Over 28 Biweekly Support Group with 15- 18 attendees each

Over 95% of participants reported:

- ⑩ Improved quality of life
- ⑩ Increased knowledge on ADRD and other aging related topics
- ⑩ Overall satisfaction about the program
- ⑩ Improved socialization

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Qualitative Data – Thematic Quotes

Participants stated:

- *Experienced decreased social isolation*
- *Positive peer pressure – enjoyed the group activities*
- *Caring structure of the gatherings improved ongoing participation*
- *Improved skills on caring for self*
- *Sense of empowerment*
- *Sense of accomplishment through learning*

The Gap Bridged – Goals/Outcomes Met

- Improved health outcomes of this previously unserved aging ethnic community in Palm Beach County
- Expanded access to MWC's dementia specialized services

These led to:

- Transforming model of healthcare delivery
- Improved dementia capability of the Haitian community

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BGDCS-CP – Expansion

- DHHS – ACL: ADPI funded 18-month grant project
 - Awarded March 2019
- Expansion of 2 components from previous project:
 - Memory Café-inspired Activities with new Community Partners
 - Comprehensive Geriatric Assessments at Home (Nurse Coach and Psychiatric-Mental Health Nurse Practitioner)

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Thank You! Merci!

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